

EPIRUS – Cycle routes in undiscovered Greek regions



Undiscovered Greece between Corfu and Macedonia



The Ioannina Region is located in the northern Greek Region of Epirus. Defined by mountain ranges, deep valleys and traditional settlements the region is still undiscovered of tourist flows. So the landscape is in all aspects a model of Greek originality.

This is even more true for cycle tourists. Only a few of them have discovered the region themselves. With the intact nature, the great cultural treasures of the country and the authentic hospitality of Epirus the Ioannina region is particularly suited for cycling tourism. Comparable demands on a holiday region have travelers who are traveling by camping mobiles.

For this reason, the eight municipalities of Ioannina Region have decided to develop options for the camper driver as well as for cycling tourism. Supported are the municipalities by the experts of BFG GbR from North Rhine Westfalia, responsible for Tourism, Marketing and regional development.

In the subsequent cycling guide you find ideas for bike routes in the municipalities of Konitsa, Pogoni, Zitsa, Zagori, Metsovo, Ioannina, Dodoni and Tzoumerka. In the sparsely populated region, there are plenty of roads and paths with very little traffic. The encounter of a car is rarely. More dangerous than the motorists often are the road damages, especially in the spring. A solid marking does not exist yet on the routes suggested below. A marking is planned to be realized until the season 2017.

The routes are associated with two-digit numbers. The first digit indicates the town, the second about whether it is a circular route (0-4) or a communication is (5-9). With this kind mark the routes are marked:



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R 10 - Konitsa Circle - Overview



R 10 - Konitsa Circle - Information

Konitsa is situated 64 km north of Ioannina in a height of 630 m. Around 4.000 people live in the place. The town is built like a lot of terraces into the foothills of the local mountain Trapezitsa. Outside the town is the vast agricultural plateau of Aaos spreads. The river emerges from his valley between the Smolikas Massif in the north and the Tymphi massif in the south in Konitsa.



Stonebridge of Klidonia



Konitsa on the foothills of Trapezitsa



River Aaos

Entering into this route is carried out either in Konitsa, the RV park at the stone bridge in Klidonia or in Bourazani. The charme of this route are the magnificent panoramas that offer from the highlands of the plain and the peak of Pindos. With its rich history and the many built in traditional stone buildings Konitsa is a popular place for tourists and a good starting point for many other activities such as hiking, fishing, rafting, climbing and mountain biking.



Character of the route:

Length: 46,1 km - **Level:** Moderate
To climb: 662 m - **Downhill:** 662 m
Maximal High above sea level: 753 m
Ground: 100 % asphalt



Routing: big and small quiet roads on which one can expect animal encounters - so motorists are advised to carefully driving.

Gastronomy/Taverns:

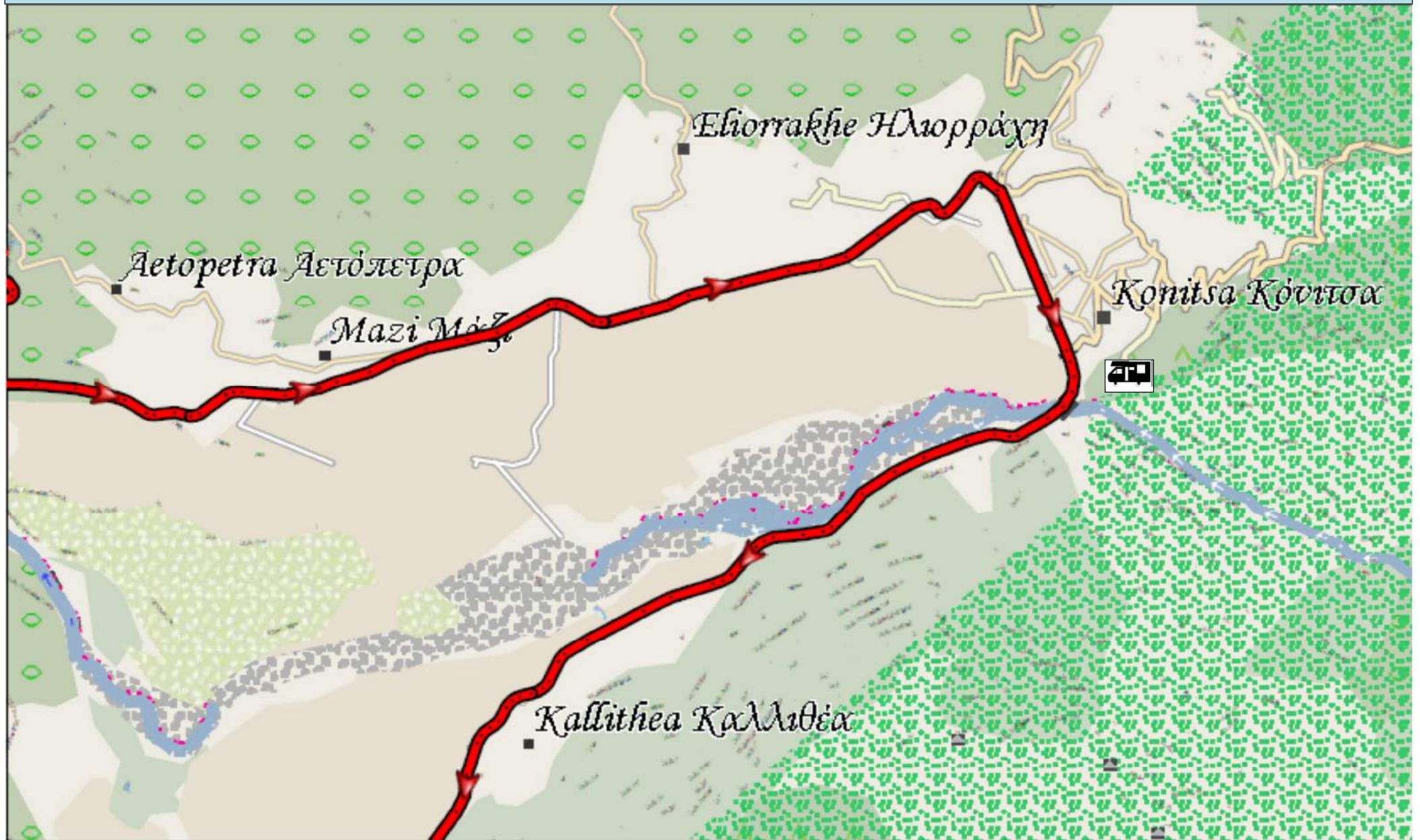
In Konitsa, Kalubia und Bourazani

Sights along the way:

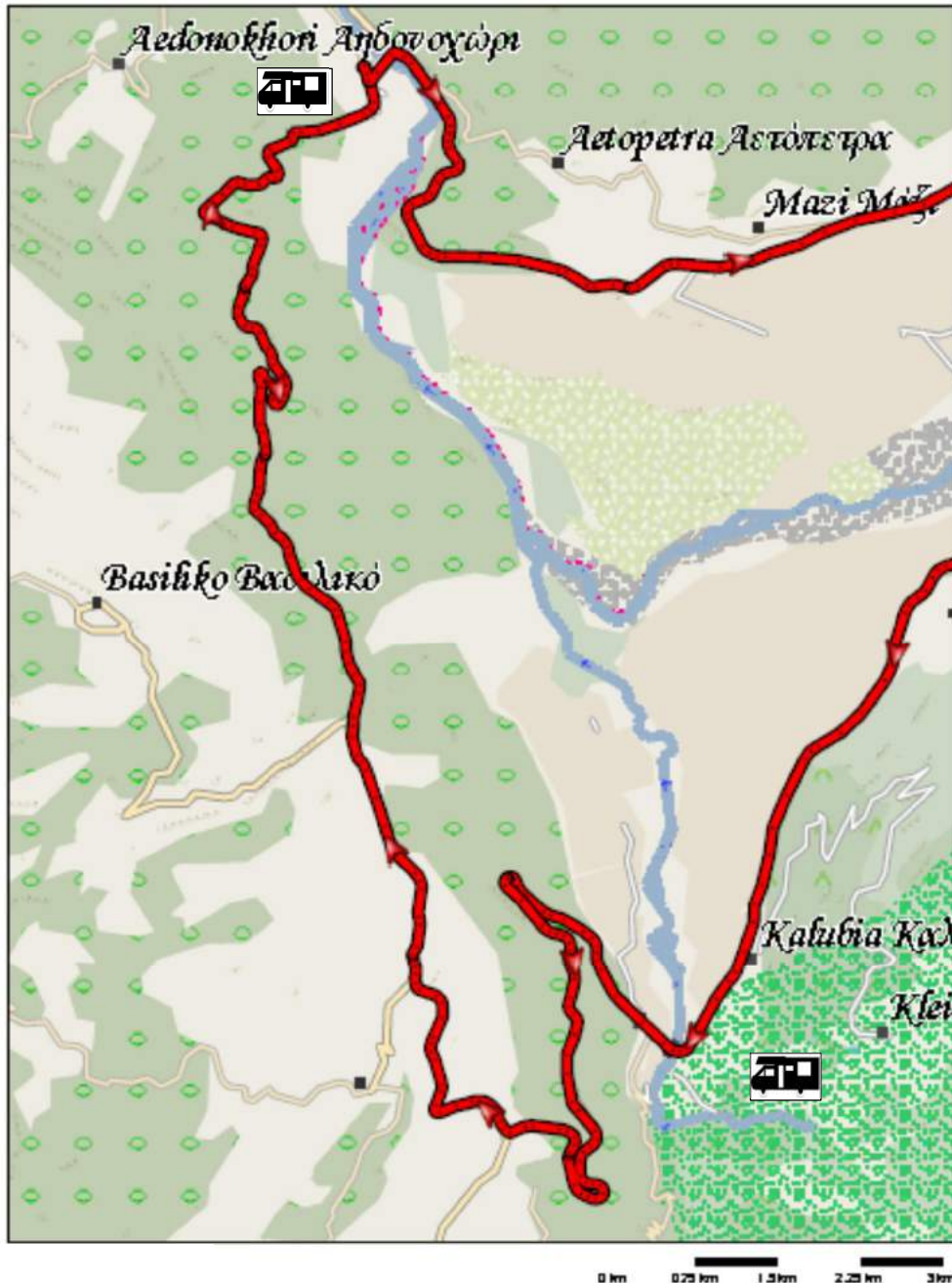
- Ottoman stone bridge at Voidomatis river (Klidonia)
- Ottoman stone bridge of Topolitsa
- Ruins of the Moschee built in 1536
- National Park Vikos-Aoos
- Bourazani Wildlife Resort
- Watermill of Bourazani



R 10 - Konitsa Circle – The East



R 10 - Konitsa Circle – The West



After starting in Konitsa you will have a first stop at the Ottoman stone bridge of Kallithea. Here is not only a popular entry point for rafting, but also a wonderful opportunity to cool the feet and calves in the shallow but fresh mountain water according to the ideas of Kneipp. Behind the bridge the ascent begins on the west side of the Aios, which is rewarded with wonderful panoramas on the wide plain of the river Aios before Pindos.



The road is expanded wide and you have to share it only rarely with cars. Rather, you should expect according the seasonal migratory herds of cows, sheep and goats. The increase follows a long descent, where you have to expect road damage. Drive carefully! In the valley you first arrive to the sign for the watermill of Bourazani. It is an interesting place and you should visit it. From here, continue on the Wild Life Resort Bourazani, a perfect break station. From here, you take the quiet road directly back to Konitsa. If you like, but can also turn right into the unpaved dirt roads and orienting grope Konitsa along the river on your way back to Konitsa.

R 11 – Monastery Circle Bourazani



R 11 - Monastery Circle Bourazani



This short half-day tour leads to three monasteries and opened after a short ascent gorgeous views of the plain of Konitsa. Starting and finishing point is the Wildlife Resort Bourazani. First, the route follows the Aoos downriver to the Monastery Molivdoskepastis. Here live up to seven extremely hospitable monks who like to explain the history of the Byzantine Monastery with wall paintings from the 16th century.



At Molivdoskepastis Monastery the route leaves the valley of river Aoos. It goes uphill initially in place Molubdoskepastos with Byzantine church and monastery Agion Taxiarchon with a wonderful view. After returning to the starting point a visit to the gourmet restaurant Bourazani is recommended.

Character of the Route:

Length: 22,5 km - **Level:** Moderat
to climb: 516 m - **downhill:** 516 m
Maximal High above sea level: 666 m
Ground: 100 % asphalt



Routing: small byroads with less traffic

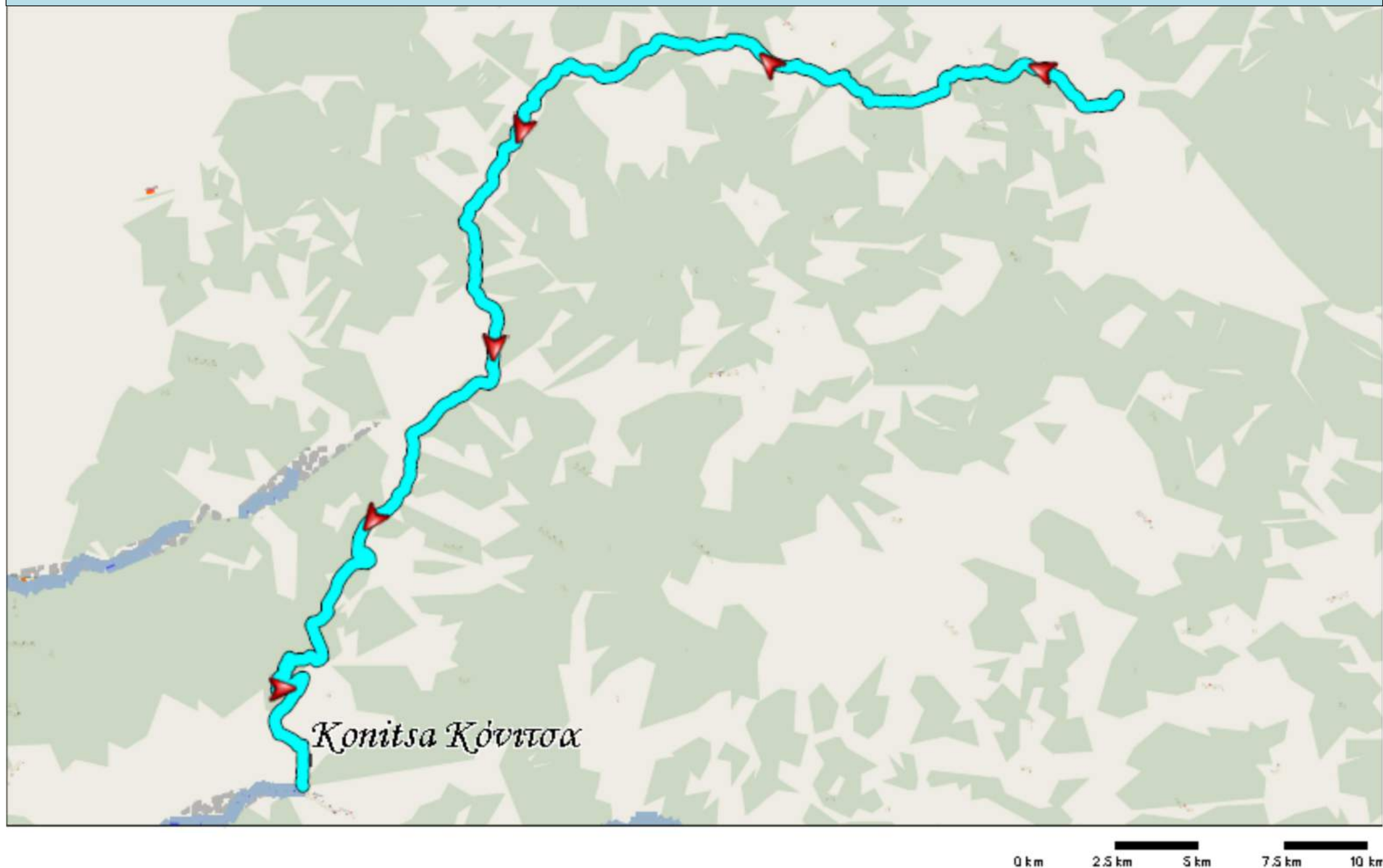
Gastronomy/Taverns: in Molubdoskepastos, Aidonochori and gourmet Restaurant Bourazani

▪ Sights along the way:

- Molivdoskepastis Monastery
- Agion Taxiarchon Monastery
- „Mana Nerou“ spring
- Watermill Bourazani
- Bourazani Wildlife Resort



R 16 - Sarandaporos route Eptachori - Konitsa



R 16 - Sarandaporos Route Eptahori - Konitsa



For this day tour from Eptahori to Konitsa transfer a service from Konitsa to Eptahori is recommended. The transfer must be registered at an early stage in the telephone hotline and is chargeable. Once arrived at 880 m height in Eptahori, the route follows largely downstream of the barrel Sarandaporos. However, the road cannot follow to the wild waters through all the ravines. In these areas, there are sometimes strong uphill. With a stable physical condition, who had better times, as here was more traffic on the route. The tavern hosts look forward to cyclists!



The tour is leading through fascinating mountain regions that makes the heart beats of every amateur geologist and naturalist higher. The landscape is constantly changing and it is understandable on every meter of why this region belongs to the Geo National Park Vikos-Aoos.

Character of the route:

Length: 50 km

Level: easy - moderate

Maximal High above sea level: 880 m

Ground: 100 % asphalt



Routing: The road connects Konitsa and Kastoria. After the Egnatia motorway is completed, hardly used by long-distance transport.

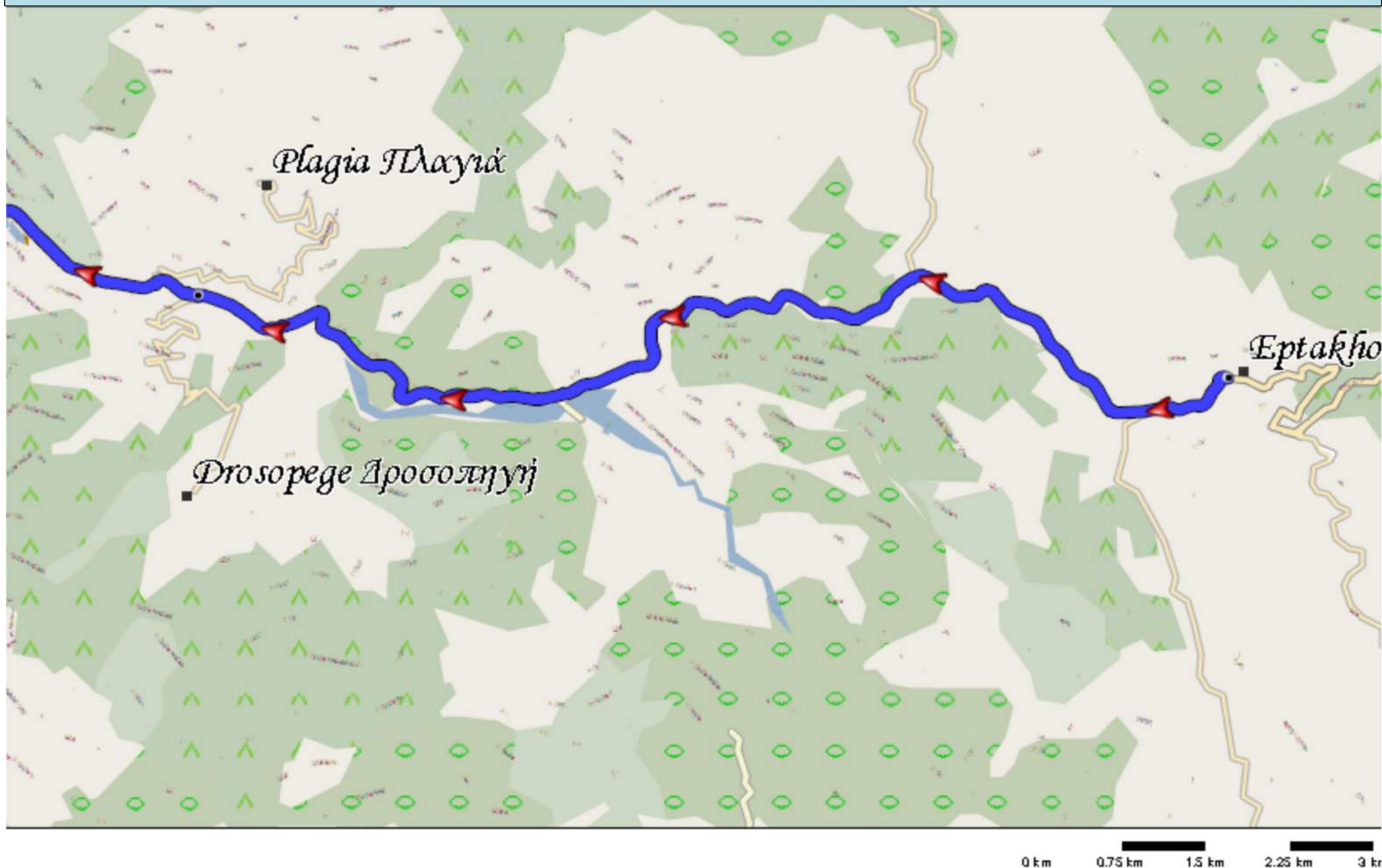
Cycle-hotline (english): Wildlife Resort Bourazani

Telephone: 0030 26550 61283

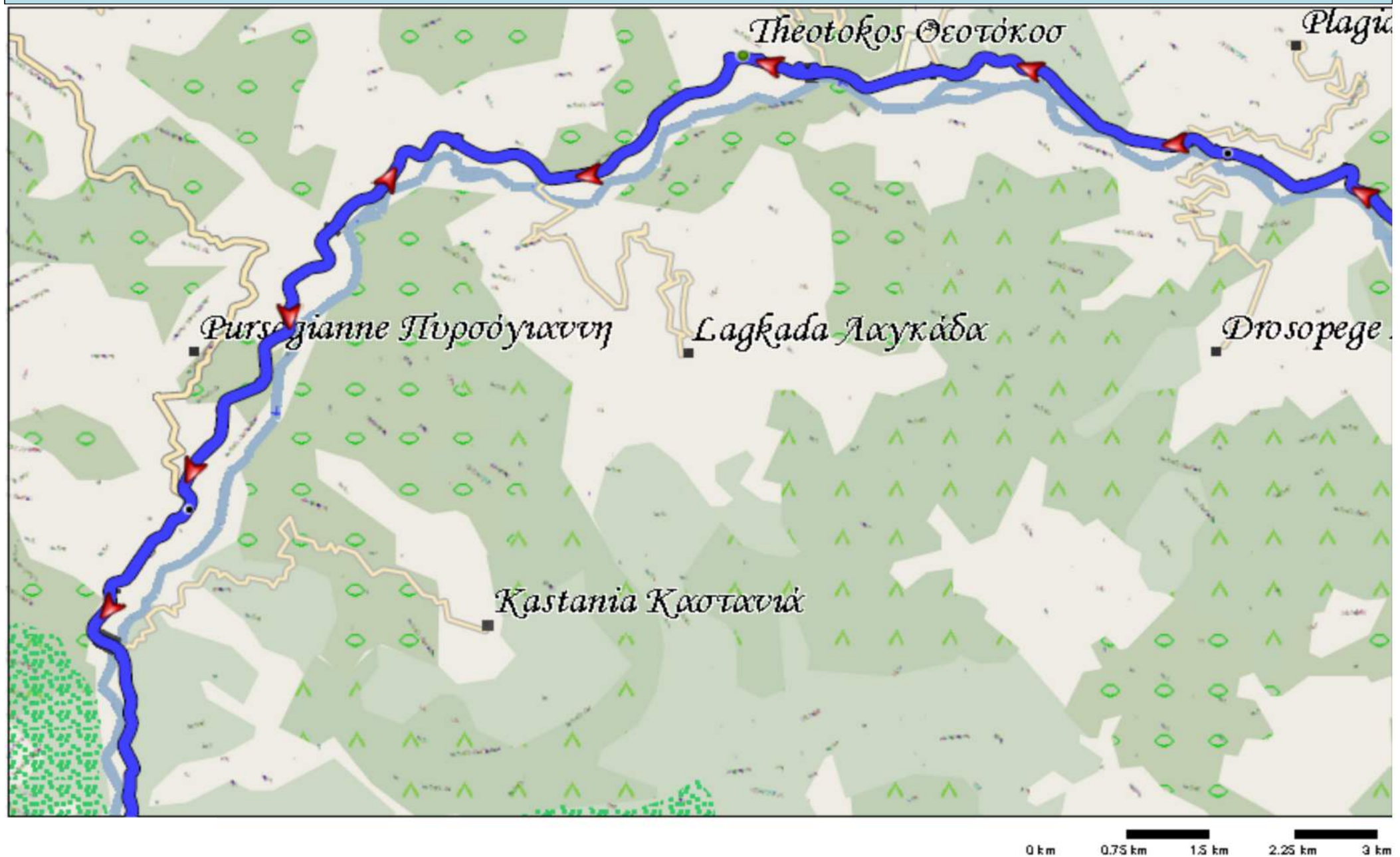
- Transfer service
- Rental bike
- Rooms



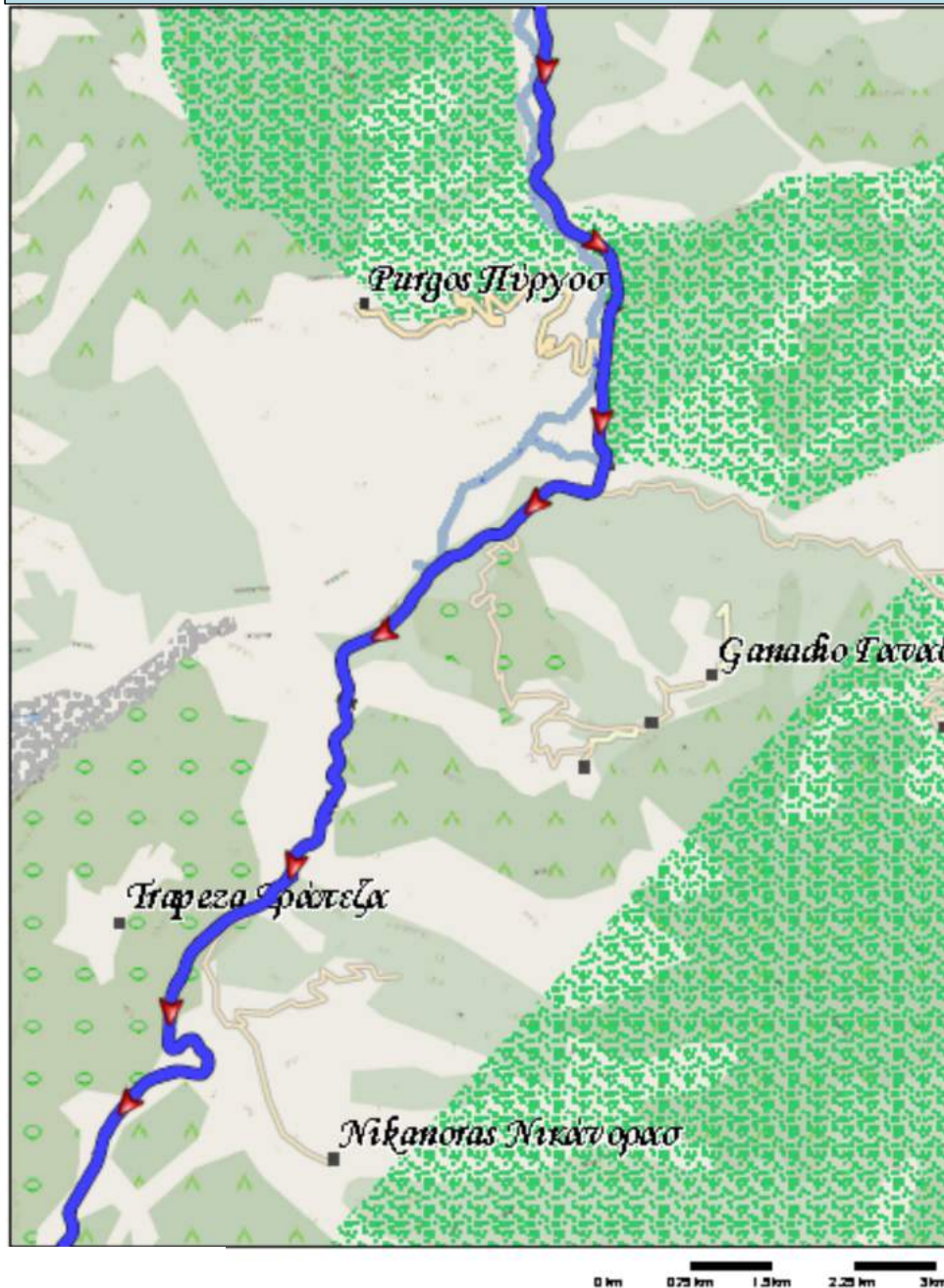
R 16 - Sarandaporos Route Eptahori - Konitsa



R 16 - Sarandaporos Route Eptahori - Konitsa



R 16 - Sarandaporos Route Eptahori - Konitsa

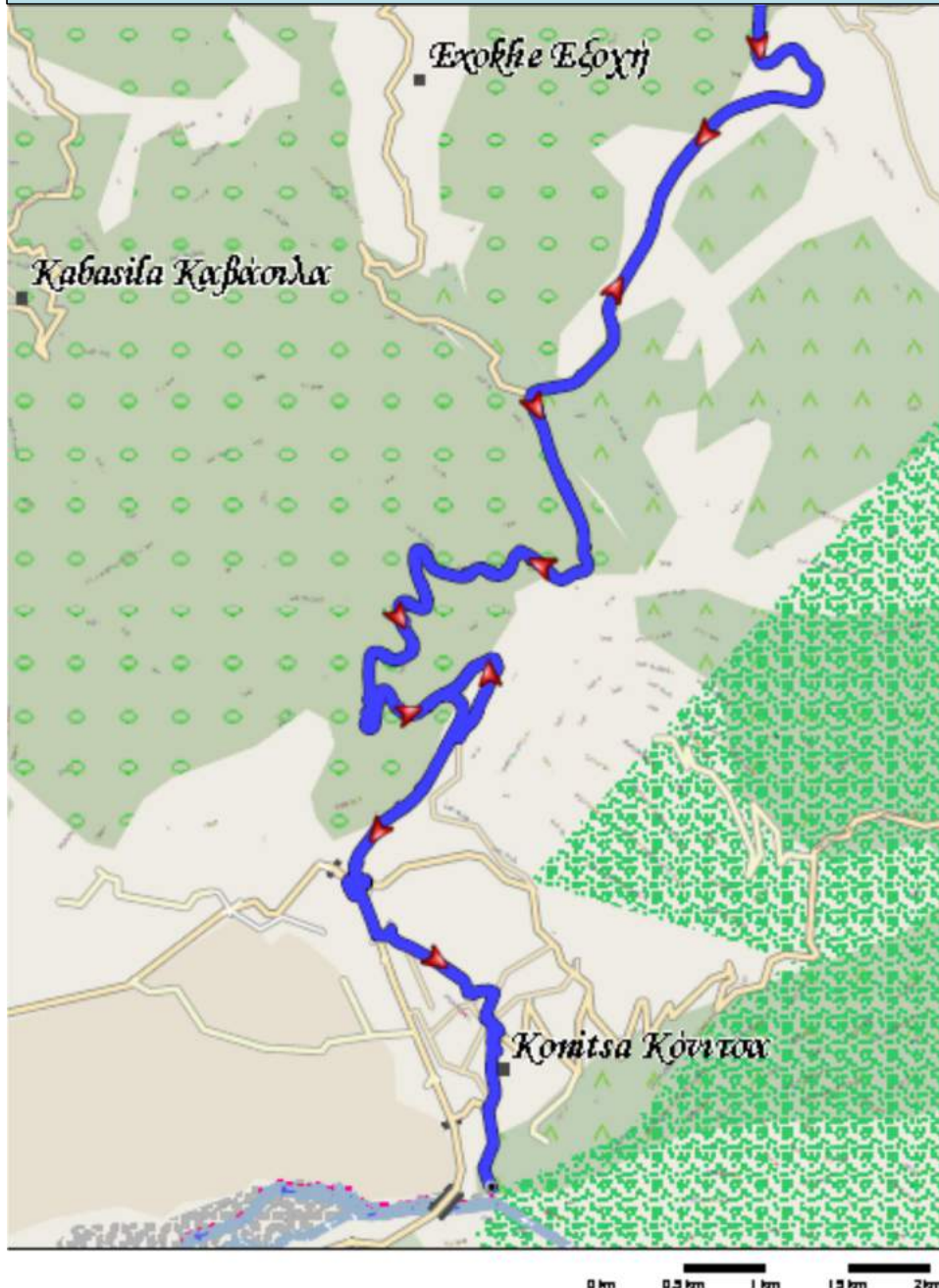


The Sarandaporos River springs at an altitude of 1,500 m at Mount Mavri Petra in the mountains of Grammos and opens to its 50km-long run at Konitsa in the river Aoo. He divides his valley to the neighboring Smolikas Grammos massif in the northwest and is fed by the tributaries that flow from the two mountains. Between the towns Drosopege and Plagia the Sarandaporos is crossed by a double-arched bridge, built 1747.



A power-sapping but very worthwhile detour takes in the small mountain village Molista. From paved stone paths lead from the single quaint tavern on the Platia by the winding location which is slightly busier during the summer months. The host, who is a doctor in his day job, likes to tell about the life of this lonely spot and he is a big friend of biking. For mountain bikers, he has elaborated some routes starting at his tavern. He also takes care for a professional marking of the trails.

R 16 - Sarandaporos Route Eptahori - Konitsa

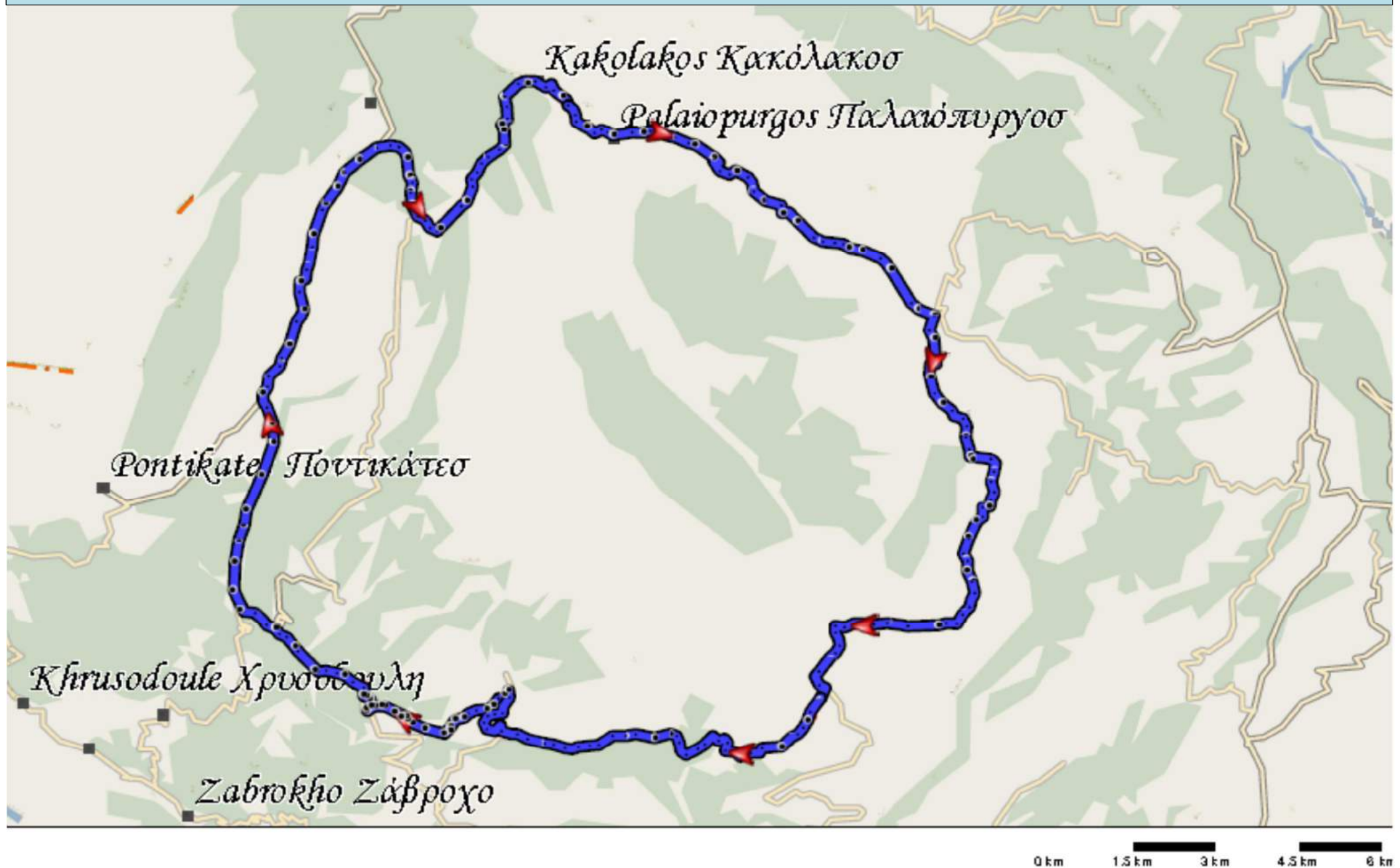


Before Konitsa is achieved, the route leaves the valley of Saranaporos river. The following is a pass which leads from 520 m to a height of 760 m above sea level. From the pass you reach the Konitsa lying on the River Aaos in just a few minutes.



The touristic well-developed and popular destination Konitsa has a varied cuisine. The mostly traditional cuisine ranges from "easy" to high-class gourmet cuisine. Just as varied is the offer of hotel rooms in almost all categories.

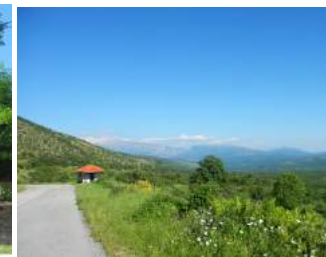
R 20 - Delvinaki Circle - Overview



R 20 - Delvinaki Circle - Information



This fantastically beautiful route leads through a rather gentle mountain region without rugged mountain formations and does not require heavy pass increases from. The route runs in the sparsely populated region on very quiet roads, the encounter with a car is usually less common than the encounter with the herds of many farmers. The starting point is the picturesque town Delvinaki. The cuisine is varied and there are some very good hotels.



Along the way are idyllically into the landscape scattered small villages. Here you can see the traditional architecture of the stone houses. While resting in one of the many original taverns you will be welcomed by a "How are you? All right?". Sitting in the shadow of huge plane trees the inhabitants will tell you stories of their life. In villages like Kefalovryso more than 90% of the residents had been as a guest worker in Germany and are happy to tell cyclists from their home. You can look forward to a warm welcome, and often to the invitation to Tsipouro. The visit to one of folklore museums along the way opens deeper insights into the history of this unique region and its people.

Character der Route:

Length: 51,8 km - **Level:** Moderate
to climb: 1.088 m - **downhill:** 1.088 m
Maximal High above sea level: 942 m
Ground: 100 % Asphalt



Routing: small and bigger roads with little traffic

Gastronomy/Taverns:

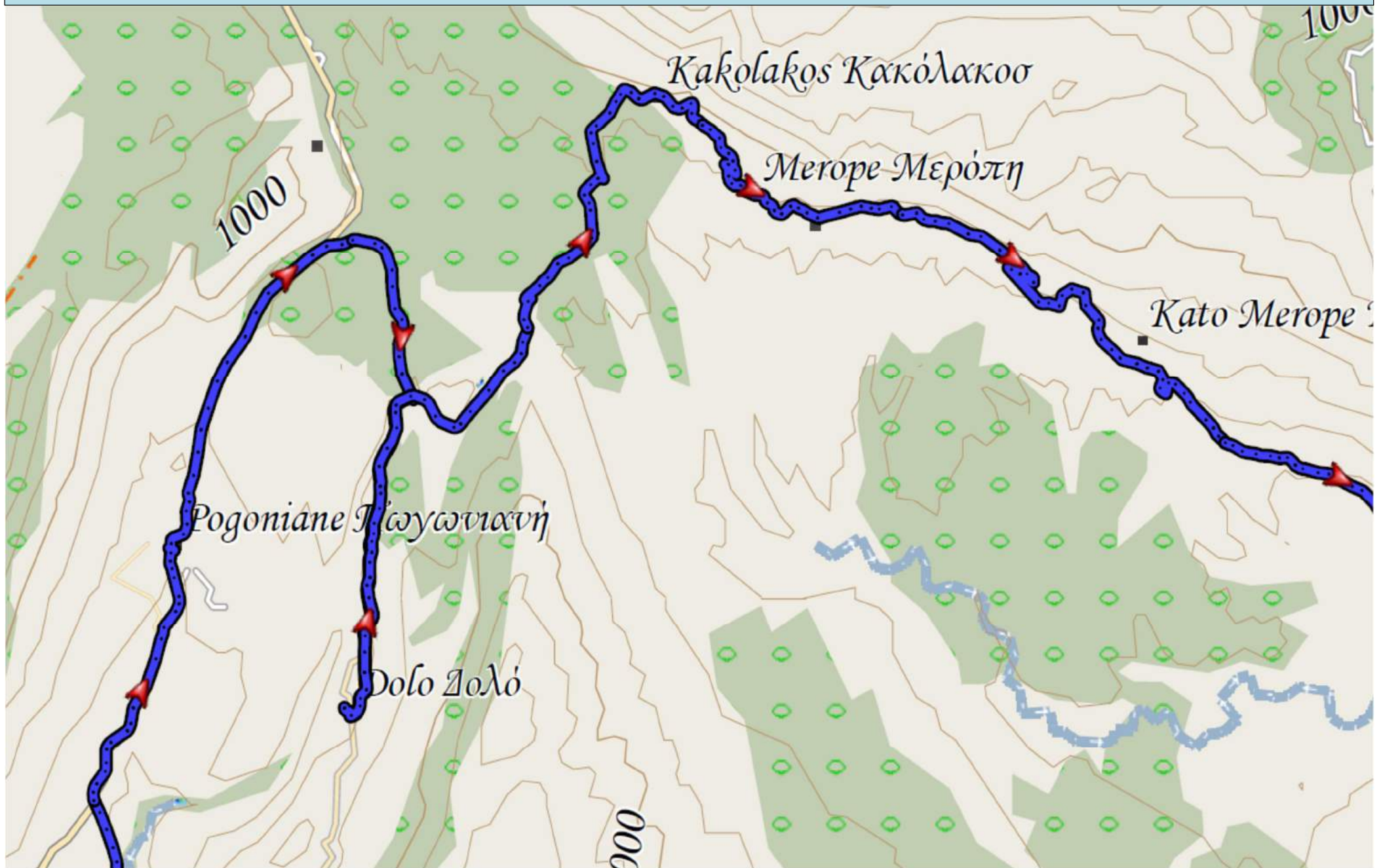
In each of the villages along the route, there is the central square with a tavern. The probability that they are open is highest in the major locations: Delvinaki, Pogoniane, Kefalovryso, Draioakastro and Bessane.

Sights on the way:

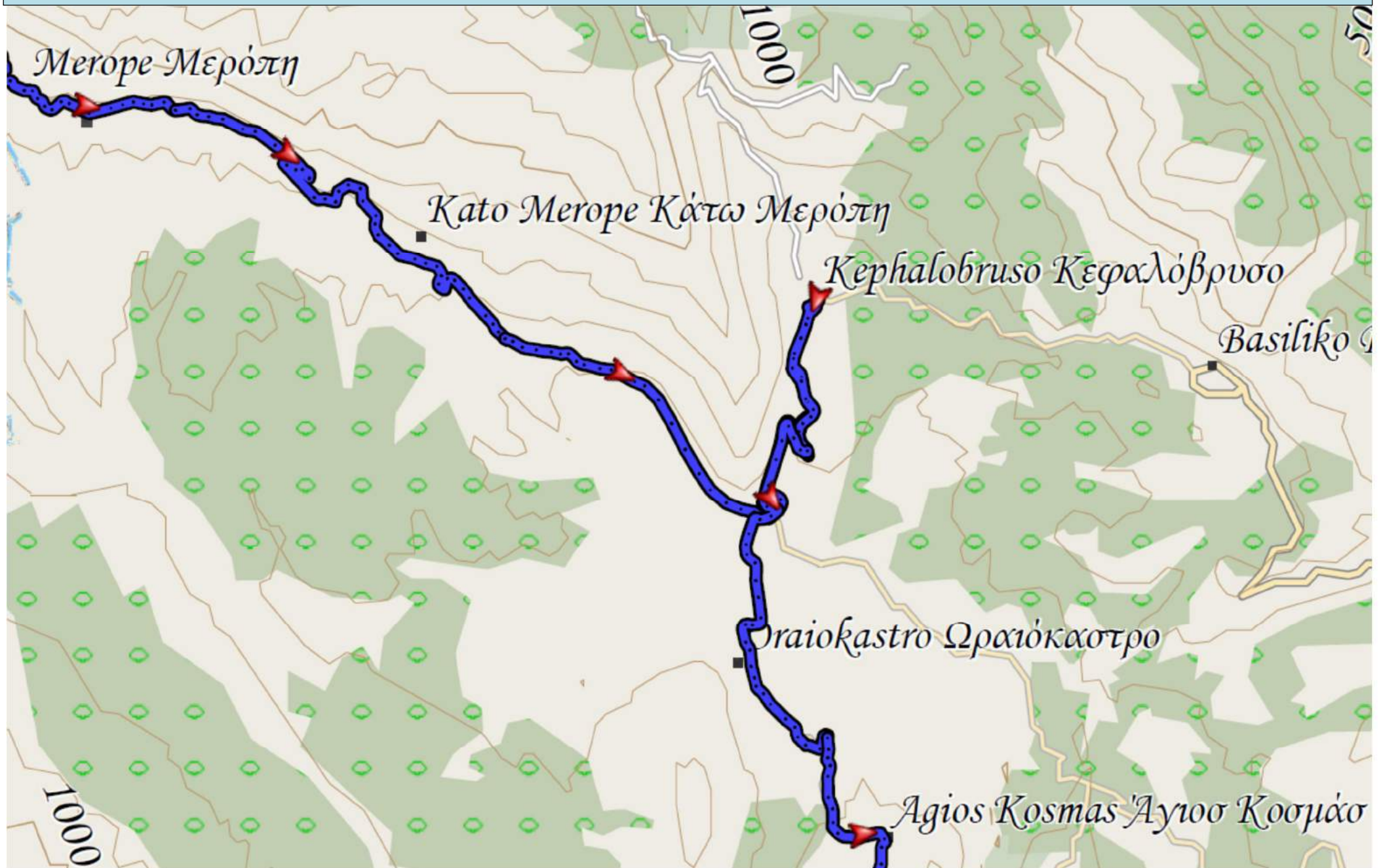
- Center of Delvinaki
- Several Folk museums
- Small cheese factories where you can buy handmade cheese
- Old villages like Dolo with huge plane trees at the Platia



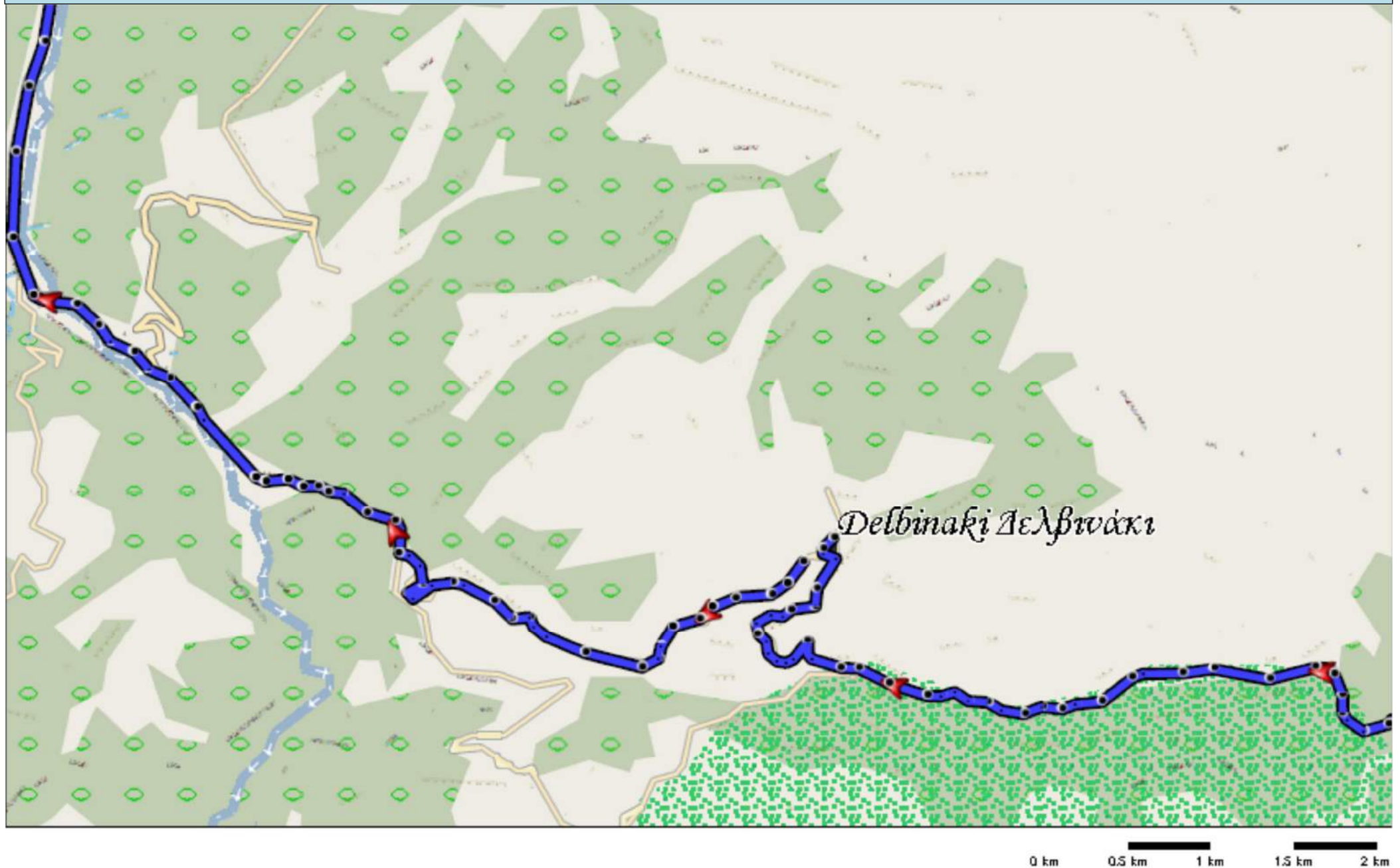
R 20 - Delvinaki Circle – North-West



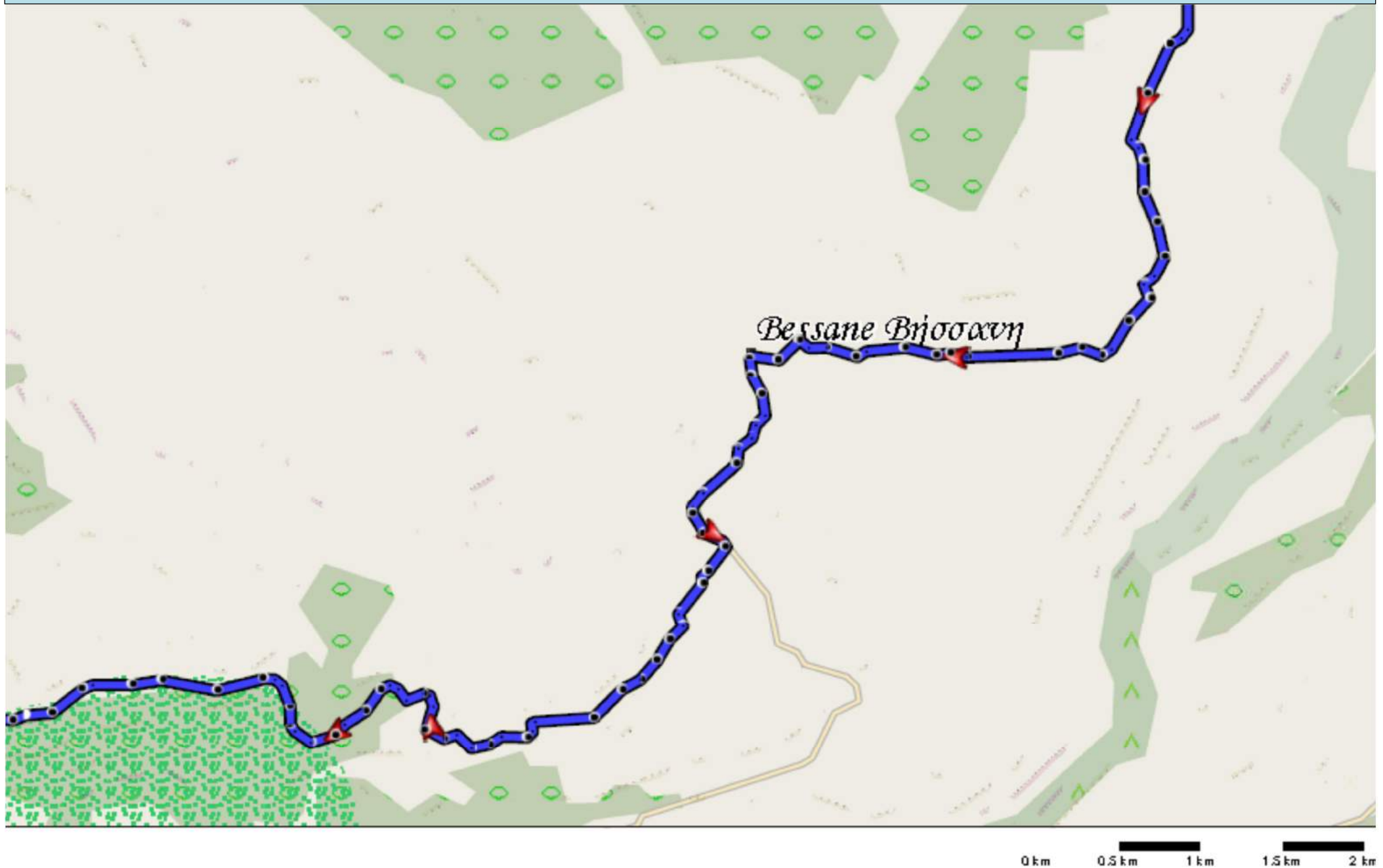
R 20 - Delvinaki Circle – North-East



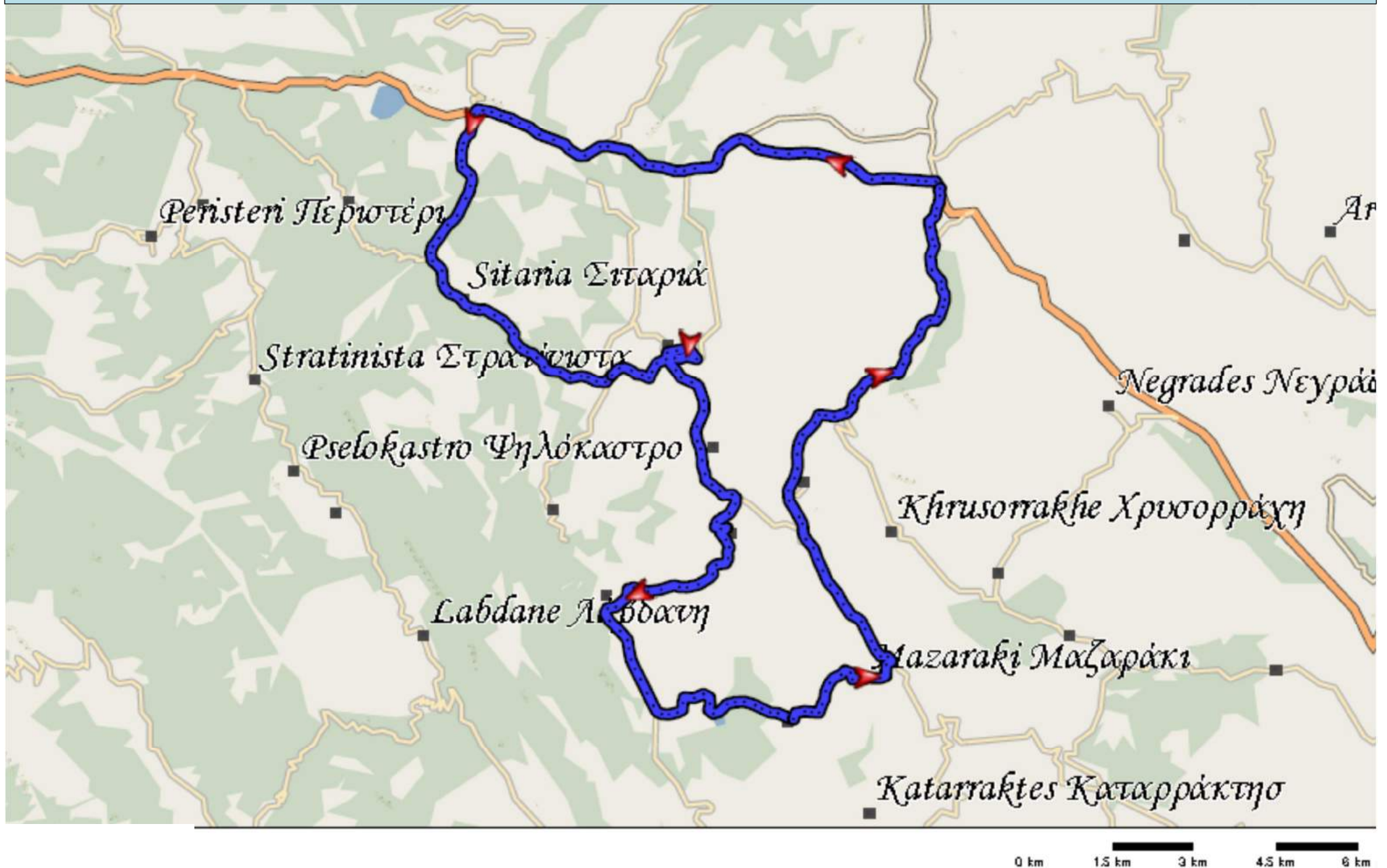
R 20 - Delvinaki Circle – South West



R 20 - Delvinaki Circle – South East



R 21 - Kalpaki-Kalamas Circle - Overview



R 21 - Kalpaki-Kalamas Circle - Information



Charming of this circular route are the scenery and tranquility of the sparsely populated area.. Start and end point is Kalpaki, the administrative center and capital of the municipality Pogoni. The village lies at the foot of Pindos Mountains in close proximity to the mountain villages of Zagori in the East. However Kalpaki is already in the river level to 443 m altitude. The route leads first through a widely diversified but quiet road east toward Kakavia. Then it goes on smaller roads heading south on. Along the Kalamas, the route from Mazaraki upriver back to Kalpaki. The whole route uses paved roads.



Just outside Kalpakis towards Ioannina one should visit the Military Museum. The border region has been the scene of many skirmishes in Greek Albanian war, but also of war crimes German occupying forces. But this sad past does not change the great hospitality of the people in the small towns, which are traversed in this tour. Many of the residents had been temporarily as guest workers in Germany and speak German language. For a break of the visit one of the taverns in the center of the village is recommended to can tell under a huge plane tree about the human history of this region in a very kind atmosphere.

Character of the route:

Length: 48,6 km - **Level:** easy - moderate
to climb: 630 m - **Downhill:** 630 m
Maximal High above sea level: 538 m
Ground: 100 % asphalt



Routing: small and bigger roads with less traffic

Gastronomy/Taverns:

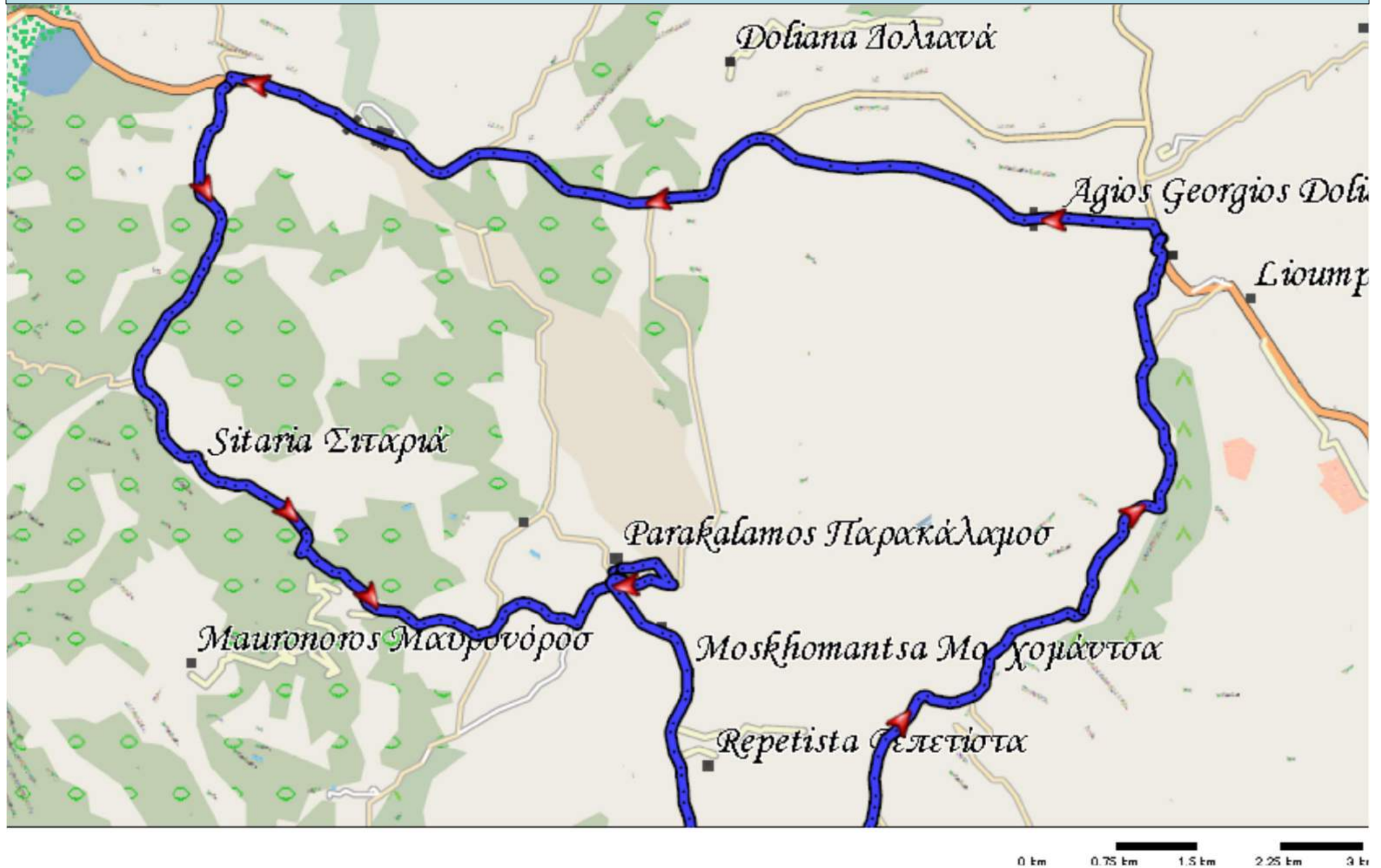
In each of the places that are crossed, there is a tavern on the main square. Particularly inviting is the restaurant at the convent school

Sights along the way:

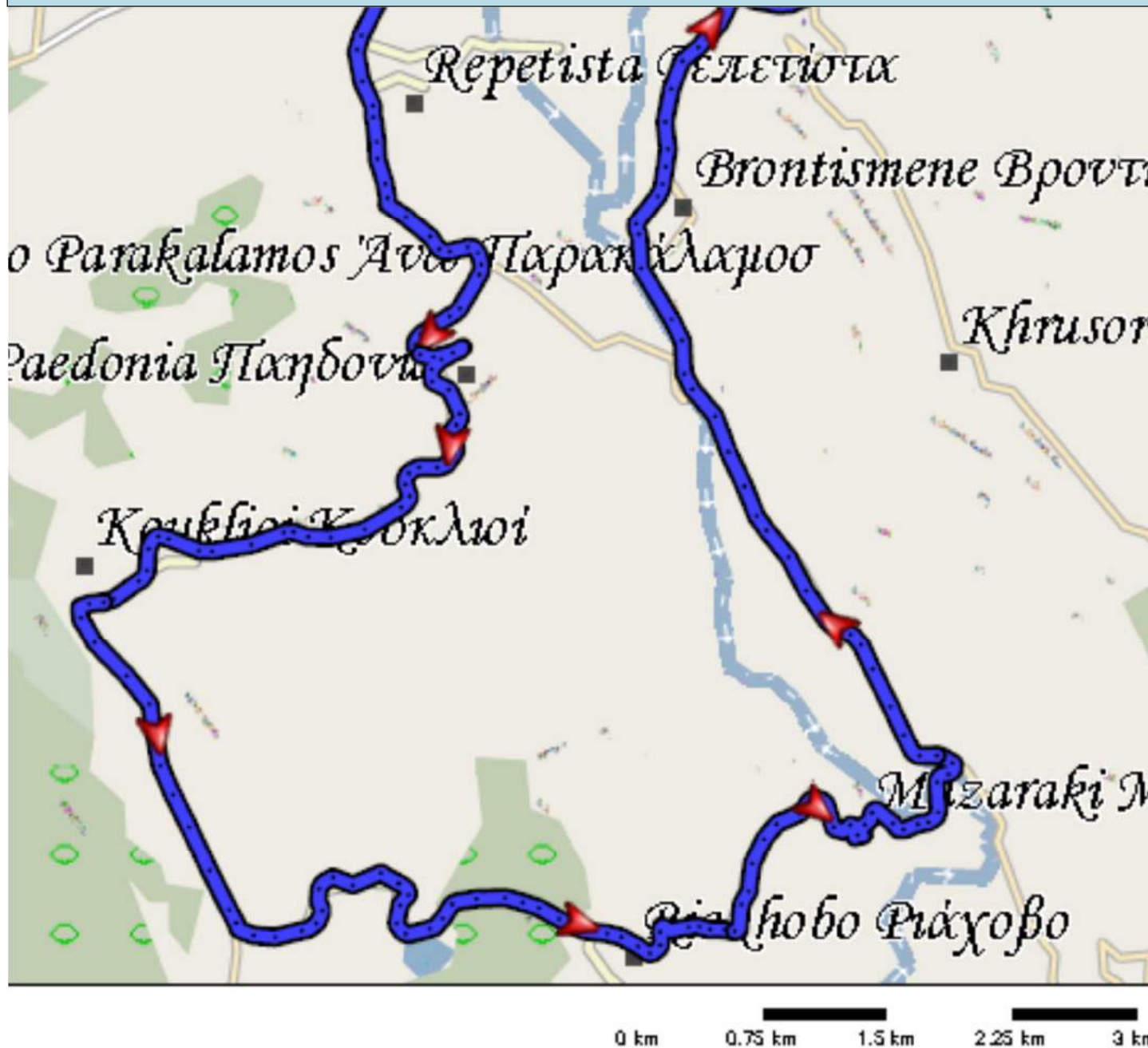
- Plains of Kalamas River
- Convent of Kalpaki
- War- and military Museum of Kalpaki



R 21 - Kalpaki-Kalamas Circle North



R 21 - Kalpaki-Kalamas Circle South



Monastery school of Kalpaki

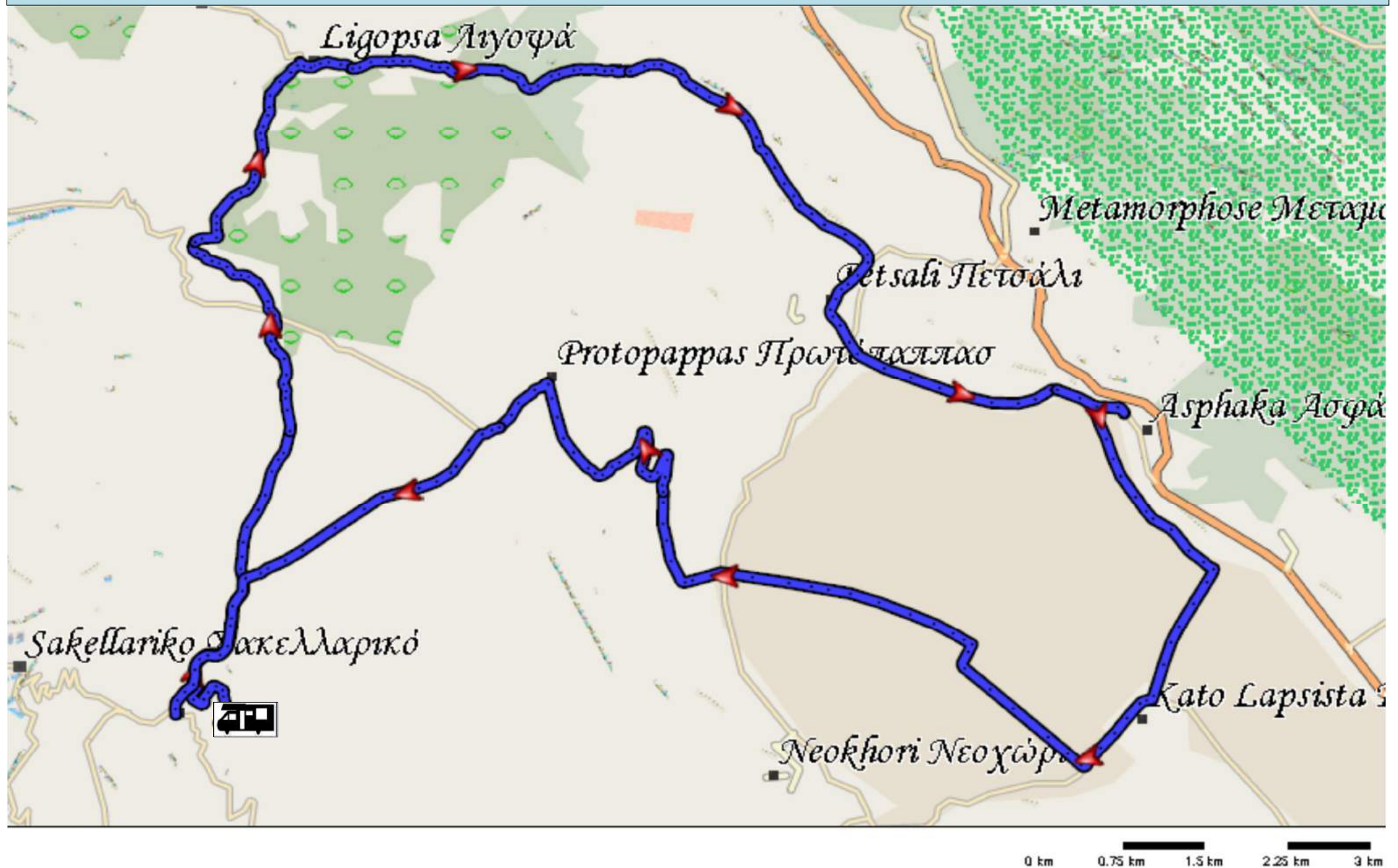


Kalamas River on his run to the Ionian Sea



Old and huge plane trees in the center of the villages

R 30 - Zitsa-Protopappas Circle - Overview



R 30 – Zitsa-Protopappas Circle - Information



The wine village of Zitsa is starting point this tour. The route takes you right up to the outskirts of Ioannina. The center of Zitsa is located on a hilltop. Above the town you can visit the relicts of the Greek Orthodox monastery Profitis Ilias, built in the 16th century. From this hilltop the route leads across Ligopsa downhill in the wide plain of Ioannina. In the runs you must always expect a damage in the roadbed, so caution is advised. In the plane, it goes through small paths through fields and meadows, sometimes on unpaved sections.



After half of the distance course Zitsa is taken again. It goes back to the mountaintop. The last break station is Protopappas. In the center of the village you will find a big sign of the local political opinion: hammer and sickle. Anyone wishing to combine the roundtrip with a visit to Ioannina will find a connection to route R56, leading from Monodendri to Ioannina.

Character of the route:

Length: 35,6 km

Level: Moderate

to climb and downhill Center of Zitsa: 467 m

Maximal High above sea level: 749 m

Ground: 95 % asphalt



Wegeführung: small byroads with little traffic

Gastronomy/Taverns:

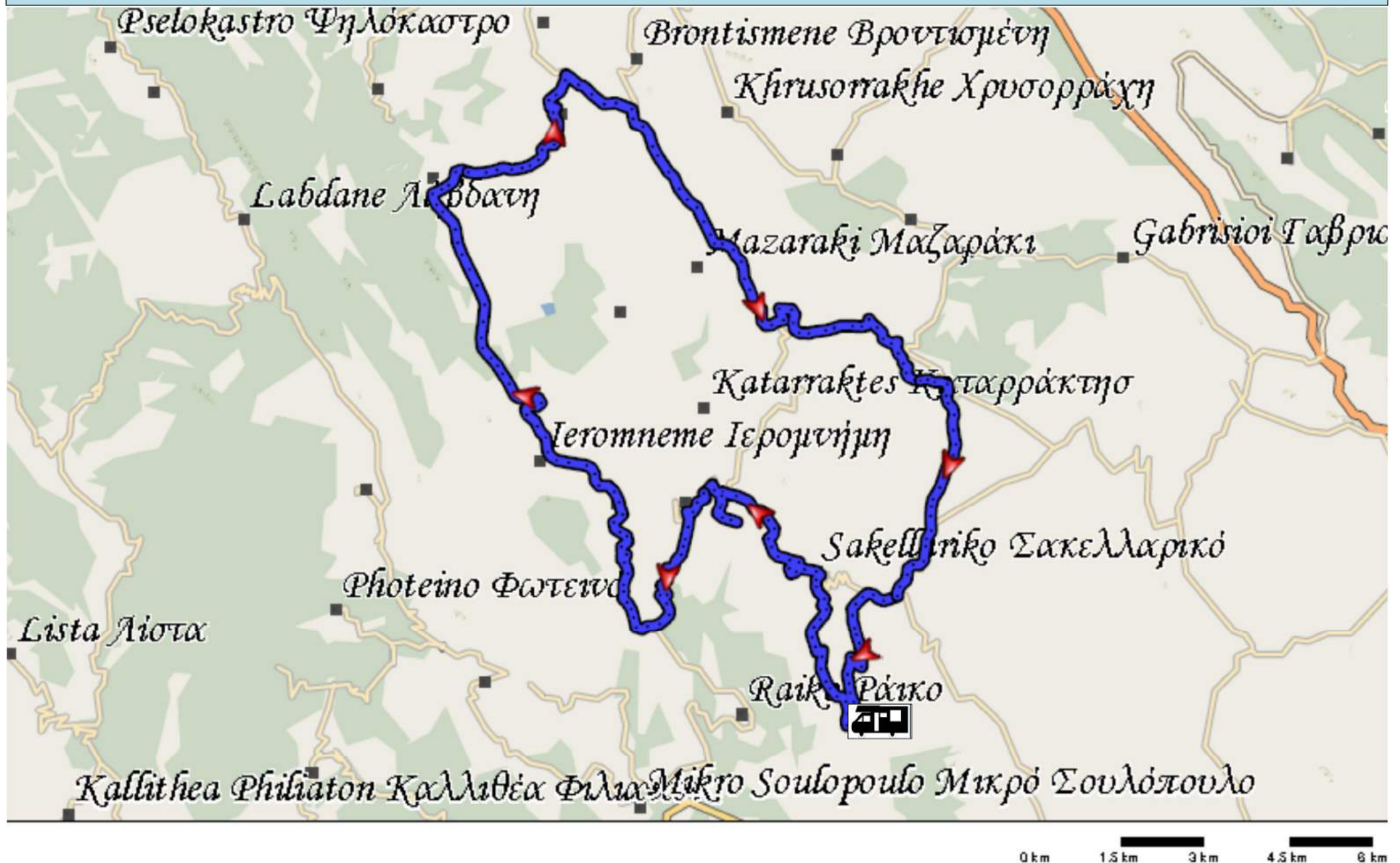
In Ligopsa and Protopappas

Sights along the way

- Greek Orthodox monastery Profitis (16th century)
- Wineries of wine region Zitsa
- Traditional built villages with central squares



R 31 - Zitsa–Mazaraki Circle – Overview



R 31 - Zitsa–Mazaraki Circle – Information



The round trip from Zitsa to Mazaraki requires a good physical condition. After a fast and twisty descent from Zitsa to the valley of Kalamas River at an altitude of about 230 m a long climb to 420 meters follows. This level was maintained in the next 20 km above Mazaraki before the long climb to Zitsa follows. The route follows quiet roads that are paved. Nonetheless, there is likely to road damage!



This route in largely unknown regions of Greece provides lot of unique sights along the way. Shortly after the launch, a wide panorama over the valleys of Kalamas opened. Throughout earth history the river has washed deep furrows in the mountains. His masterpiece is a natural stone bridge between the villages and Melissi and Lithino, called the bridge of Theogefyro. A path leads down to the thundering water of the river. The cultural highlights are the monastery Pateron at Lithino and many other small churches inside and outside the villages. You every time should have a look inside the mostly colorful painted churches. Opportunities for a rest is provided by the traditional taverns in the center of the villages.

Character of route:

Length: 50,0 km - **Level:** Moderate
to climb: 859 m - **downhill:** 859 m
Maximal High above sea level: 672 m
Ground: 100 % asphalt



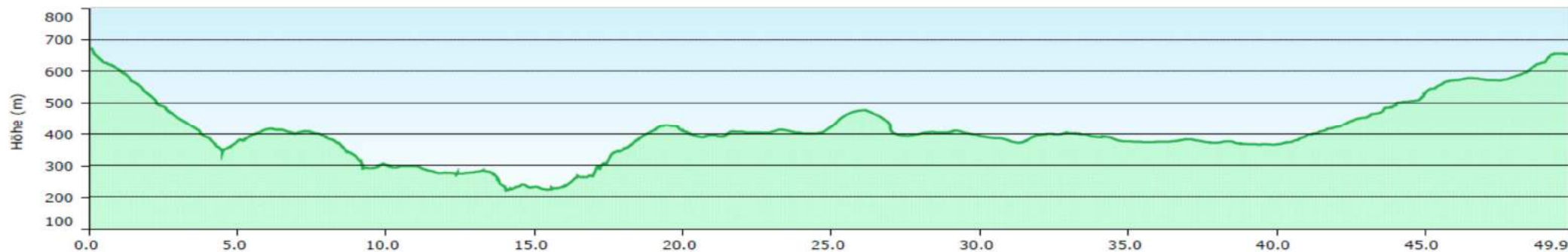
Routing: small byroads and bigger roads with little traffic

Gastronomy/Taverns:

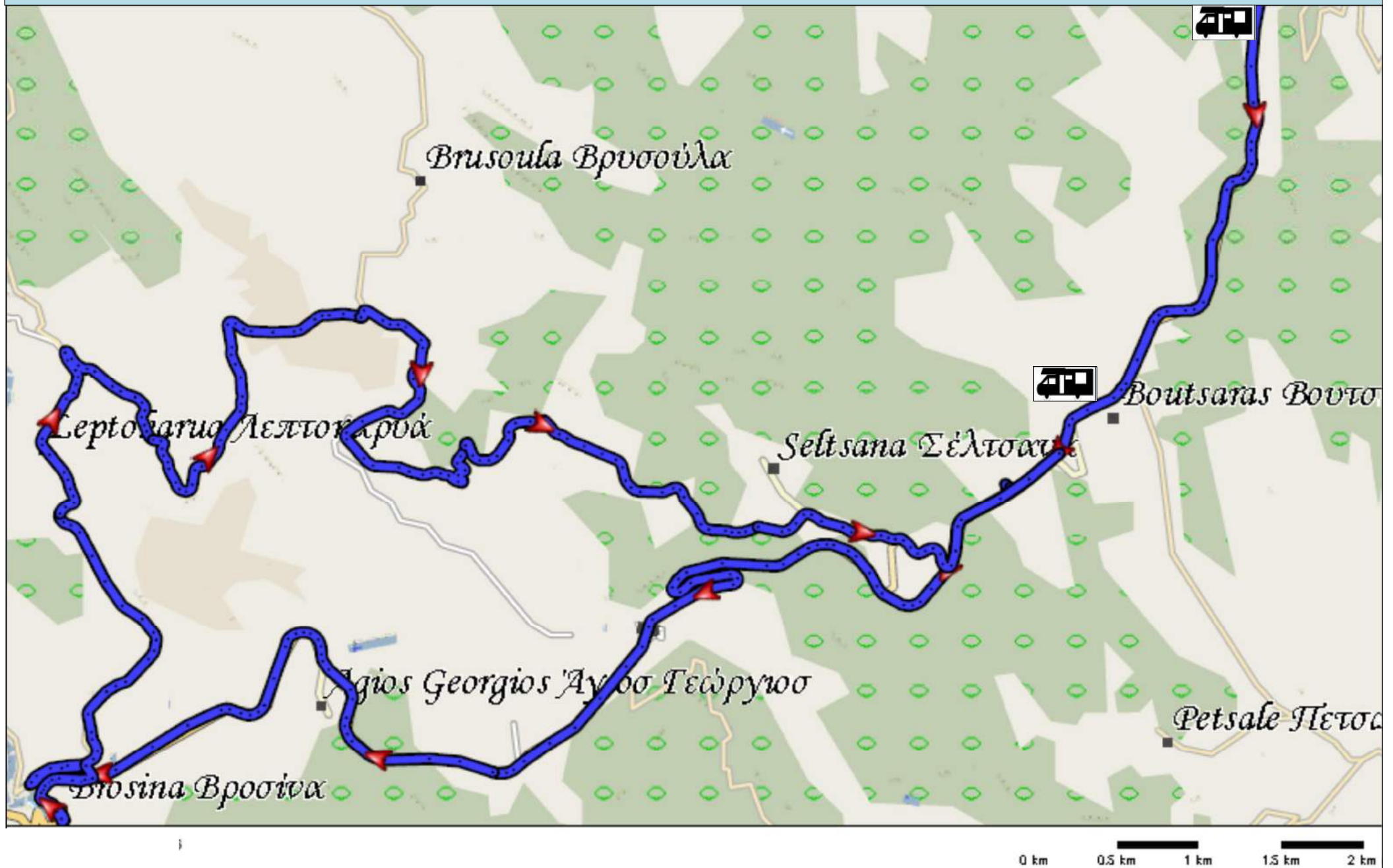
In Sakellariko, Lithino (outlying of route), Arete and Mazaraki

Sights along the way:

- Natural stone bridge of Theogefyro
- Pateron monastery nearby Lithino (16th century)
- River flood plain of Kalamas River
- Wineries in Zitsa and possibility of wine tasting



R 32 - Vrosina Circle – Overview



R 32 - Vrosina Circle – Information



The entry for the pictured circle route is the parking space for campers on Kalamas shore. Alternatively, it is advisable to start in the pretty town Vrosina. The continuous paved route guidance takes in parts also the old National road, which is only very little traffic today. Accordingly It is also slightly maintained. Some weeds have taken over the road. The slopes are moderate, there are no pass climbs. Thanks to the many shadow donate trees and lush green this route is even in midsummer no big ordeal - and many of the shallow tributaries of Kalamas invite you to a foot bath.



Regarding to the length of the route, the Vrosina Circle The route would be a suitable half-day trip. But again and again, you are invited by scenic landscapes, places, monasteries and taverns to stay and have a break. So the bike trip can be fill a relaxed and eventful full day.

Character of the route:

Length: 29,5 km

Level: Moderate

to climb: 557 m

Downhill: 557 m

Maximal High above sea level: 278 m

Ground: 100 % asphalt



Routing: Old National Road and small streets. The national road is traveled since the completion of the A2 very little!

Gastronomy/Taverns:

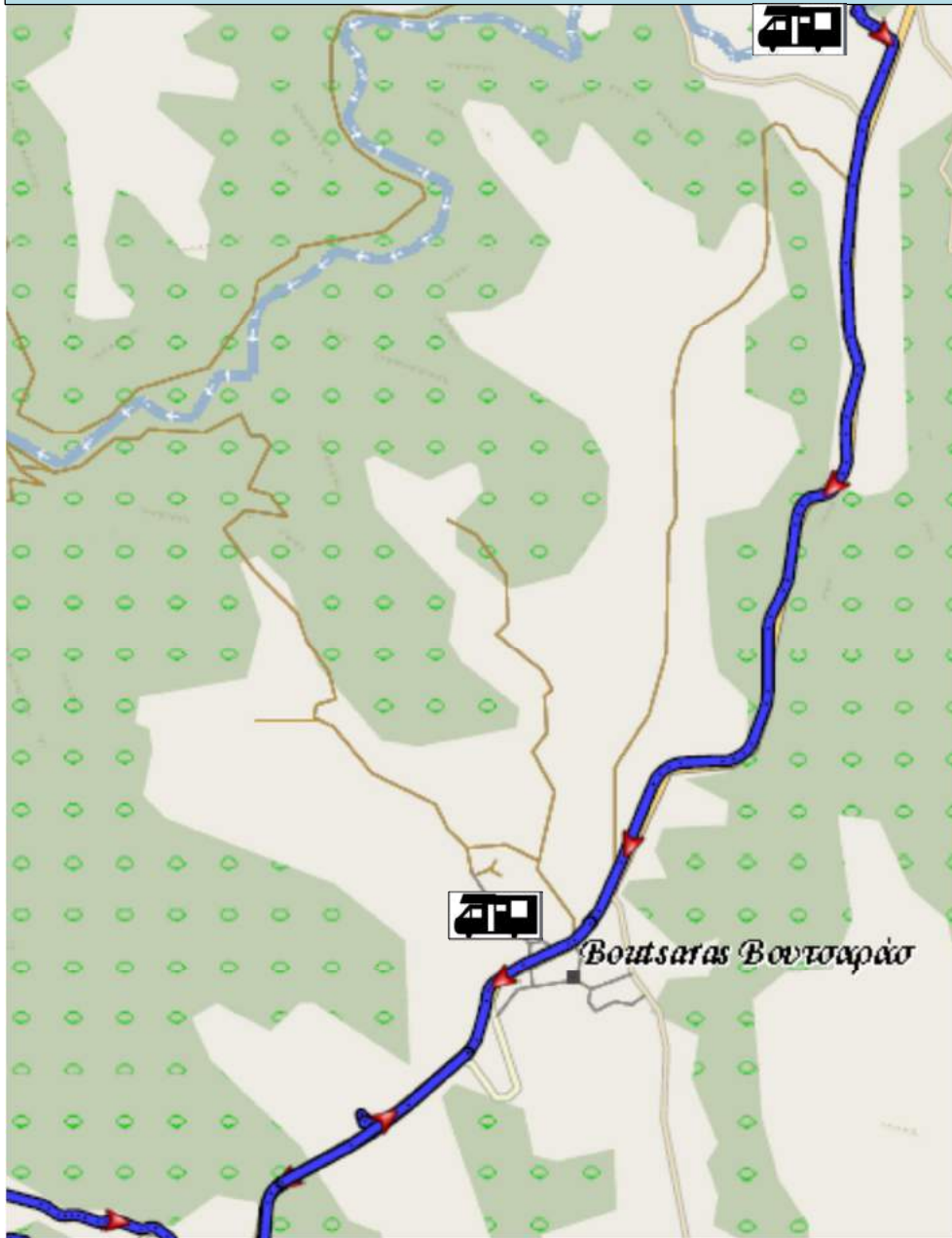
In Vrosina, Leptokarna, Krimpovo, Boutsaras

Sights along the way:

- Monasteries and churches
- Kalamas River and tributary rivers
- Stone bridge of Vrosina



R 32 - Vrosina Circle – East



0 m 250 m 500 m 750 m 1000 m

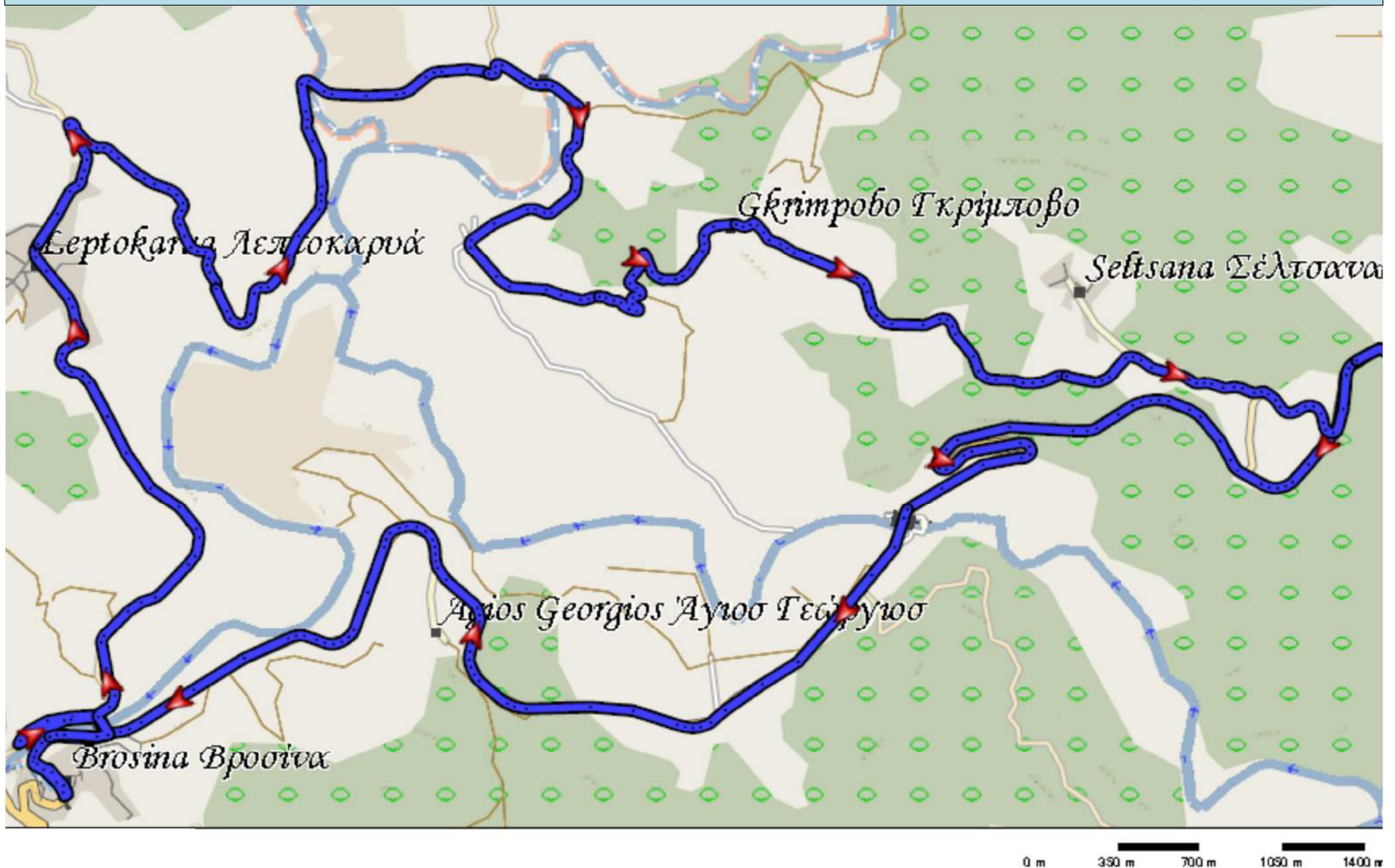


A few years ago, the old national road was major route from Igoumenitsa to Thessaloniki. During this time the surrounding villages flourished and developed for long-distance traffic service stations. Today the long-distance uses the highway "Egnatia Ados". In the villages, peace has returned and the hosts of the taverns are happy about every cyclist who takes a break here. In Boutsaras the Rhineland Anna has found her love, married and operates a tavern here, including parking site for camper. Just a few hundred meters further the wayside you find gaudy yellow painted wire racks of former sports wheels. Responsible for this: a cycling enthusiast host of a tavern. Cyclists are welcome in this region.

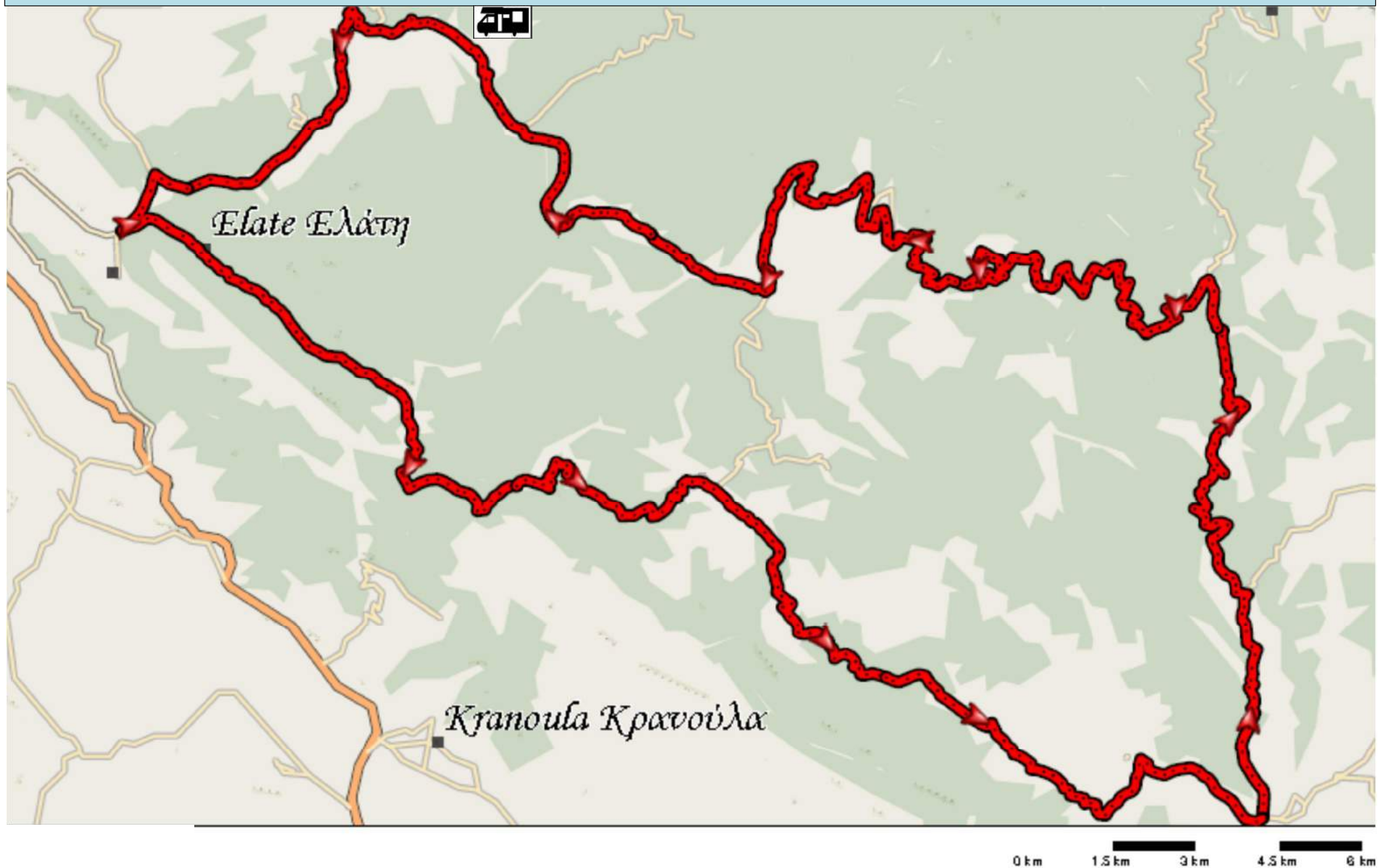


The monasteries in the area are a bit off the route on previously inaccessible locations. Even today, the tour requires each a short walk, but worth it. The Greek Orthodox sacred buildings are dating mostly to the 16 century. Inside you find colorful murals. The green countryside with seasonal changing floral display and the embedded gray stone buildings form a picturesque whole artwork and scenery.

R 32 - Vrosina Circle – West



R 40 – Zagori Pindos Circle Zagori – Overview



R 40 - Zagori Pindos Circle – Information



For the Zagori Pindos Rundroute you should take at least two days. The routing is done to 96% by paved and very quiet roads. Only the access road to the monastery Voutsia via a 4 km long unpaved but well passable road with a gravel covering, partly forest path. The partial sharp rise a good level of fitness in this mountainous terrain is necessary. The route is well combined with the circular cycle route at Aaos Lake, R50. You can reach the Aaos Lake by a connection from Greveniti. The trip can then proceed from here via Metsovo or Chrisovitsa to Meliotades.



The perfect entry into the route is the village of Kipi. Kipi is in the center of the large community Zagori and has retained its traditional face. With thick stone-paved roads lead here to the picturesque Epirus houses on the mountainside. In the popular tourist destination there is a good selection of hosts. Just only about 3 km from the center towards Doliane an official camper stop has been constructed in 2016. In almost each of the villages along the way is one of these typical Kafenio where locals meet for a Greek coffee or Tsipouro. On offer are mostly small Greek appetizers, called mezedes. You should ask your host if he can offer a generous Greek meal. In the larger villages like Doliane and Meliotades there are also taverns with regular menu.

Character of the route:

Length: 94,4 km - **Level:** Moderate - ambitious
to climb: 1.995 m - **Downhill:** 1.995 m
Maximal High above sea level: 1.087 m
Ground: 96 % asphalt



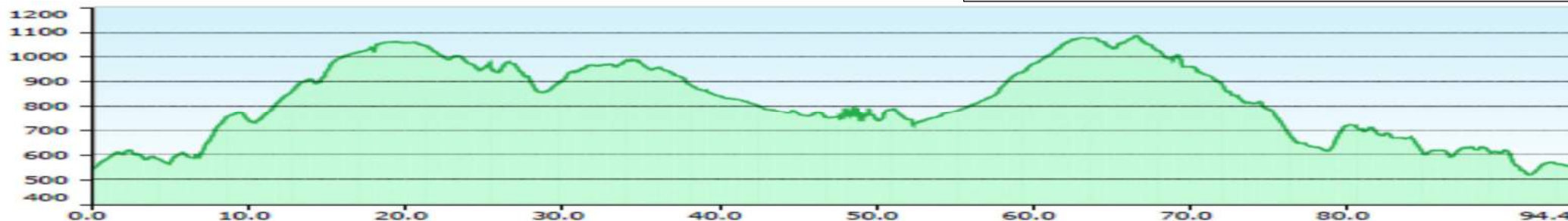
Routing: big and small quiet roads, about 4km fine of frozen gravel and forest paths.

Sights along the way:

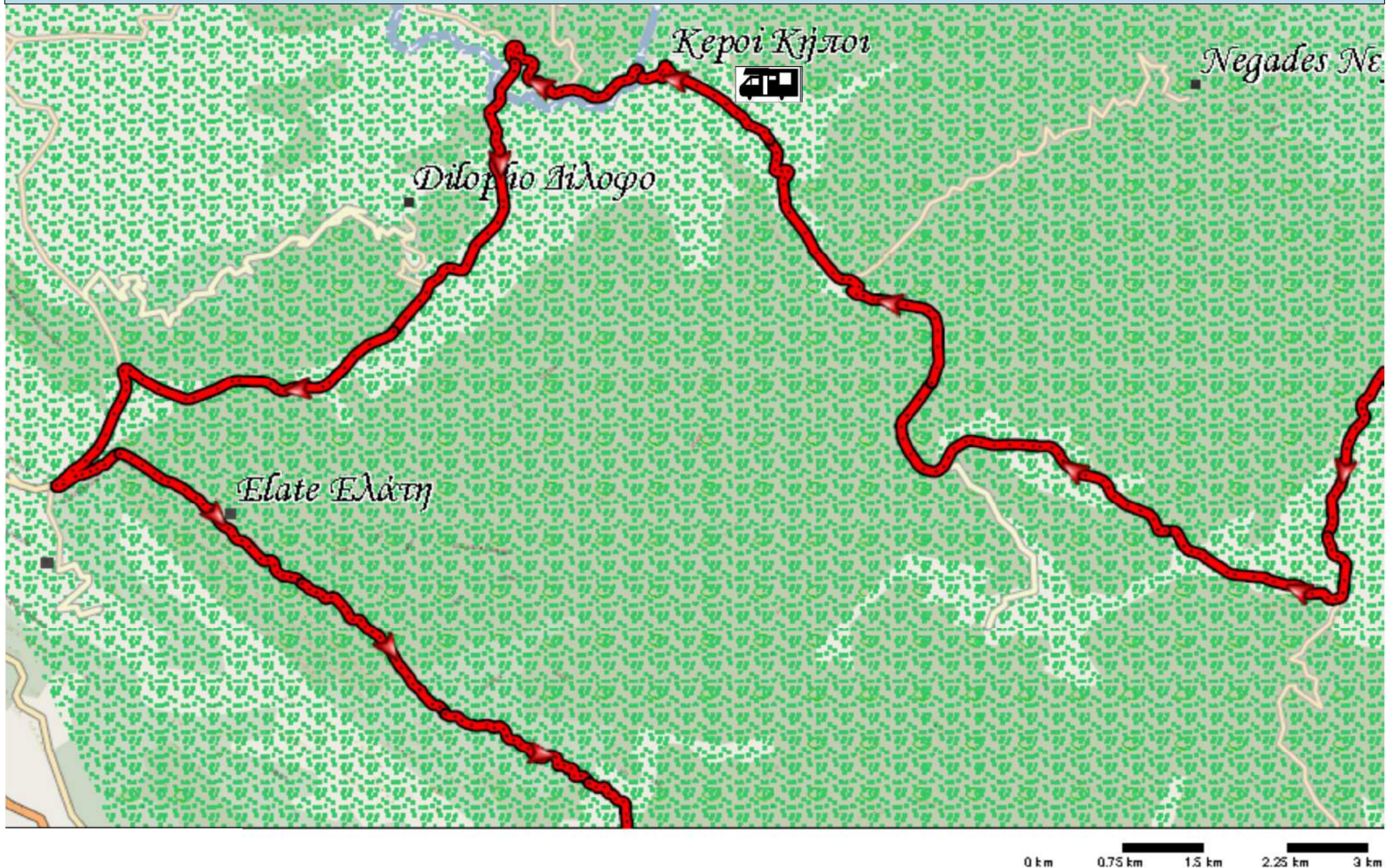
- several Ottoman stone bridges
- traditional build stone villages
- Voutsia Monastery in Greveniti
- Agapios Tolis Folklore Museum in Kipi

Transfer Service: 0030 6934 18 0033

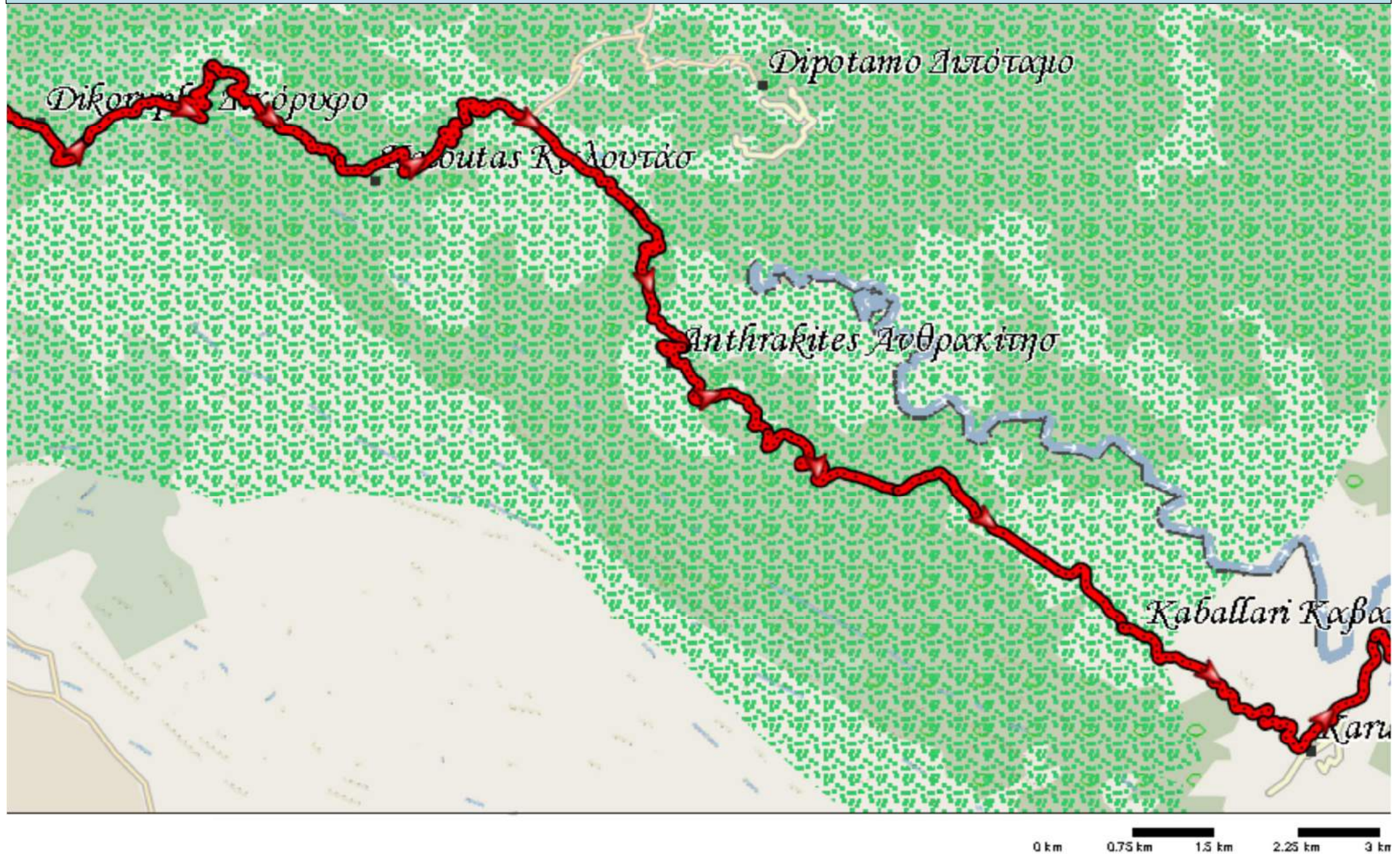
Cycle Hotline: 0030 6947 69 6249



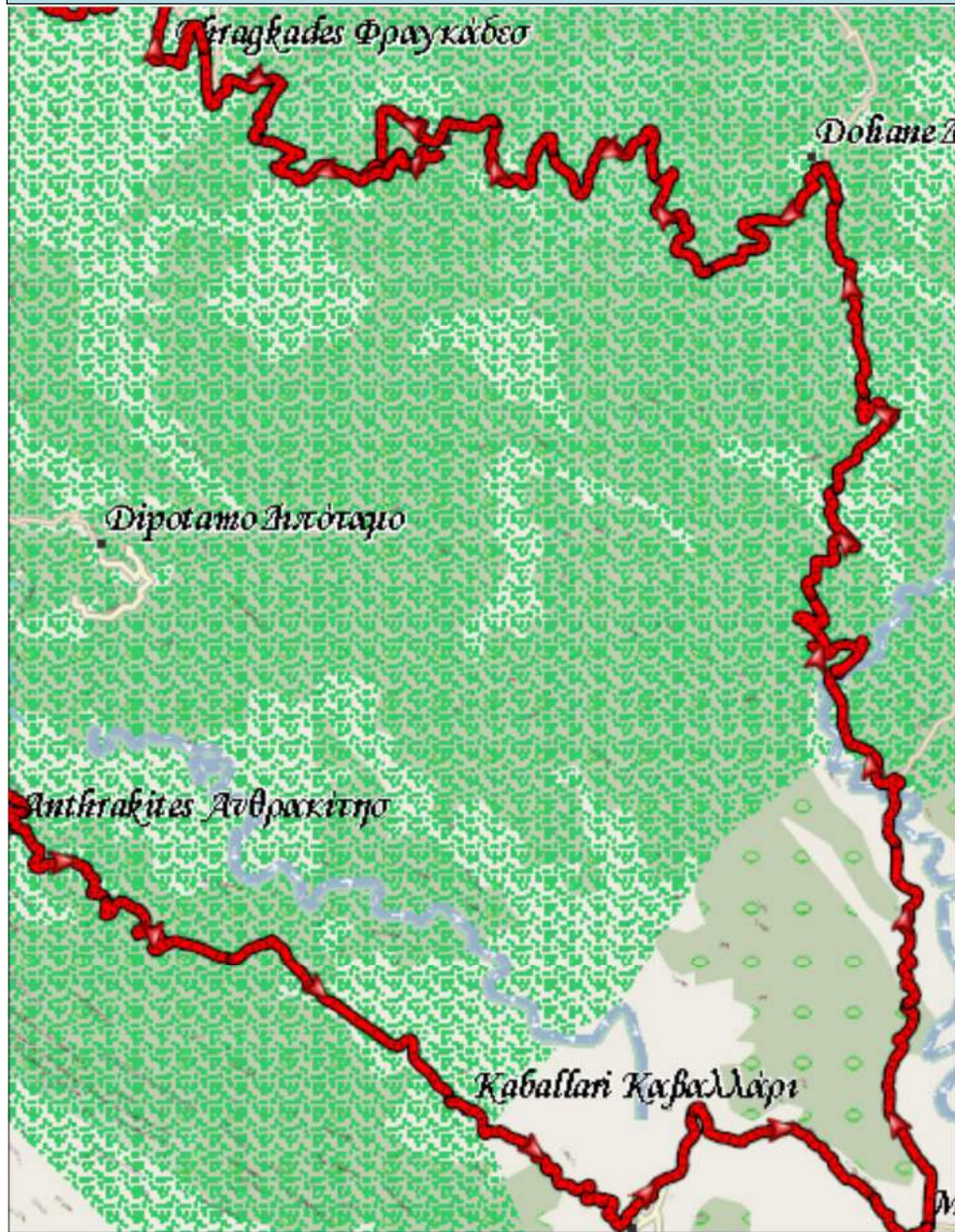
R 40 - Kipi - Aspraggeli - Dikorupho



R 40 - Dikorpho – Anthrakites - Kaballari



R 40 - Meliotades - Doliane – Leptokaria - Frakades



0 km 0.75 km 1.5 km 2.25 km 3 km



The route runs mostly through remote regions. The small settlements often seem deserted. Along the Cway, however, find Centuries old witnesses for a long occupation. This includes the Monastery of the Assumption in Voutsia at Greveniti the river Vardas. Parts of the monastery date back to the 7th century. Nowadays there are still 2 to 5 monks who take care of the large system. Those who want to enter the monastery, ringing the little wooden door.

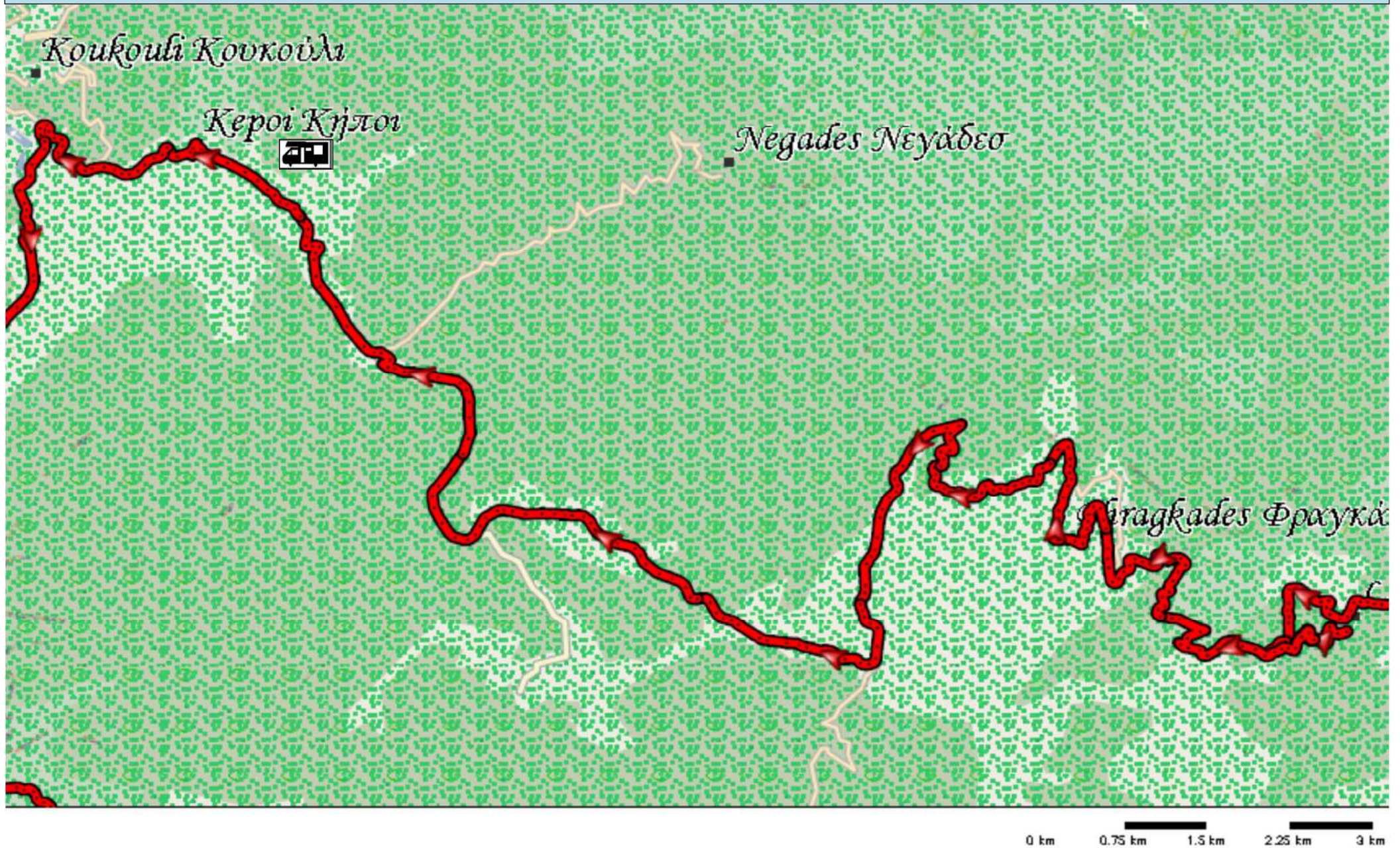


The Epirus region is also regarded as the region of the stone bridges. The stable buildings replaced mid of 18th century wooden bridges and made the trade routes safer. Each of the bridges has been built in the style of each architect: no bridge looks like the other.

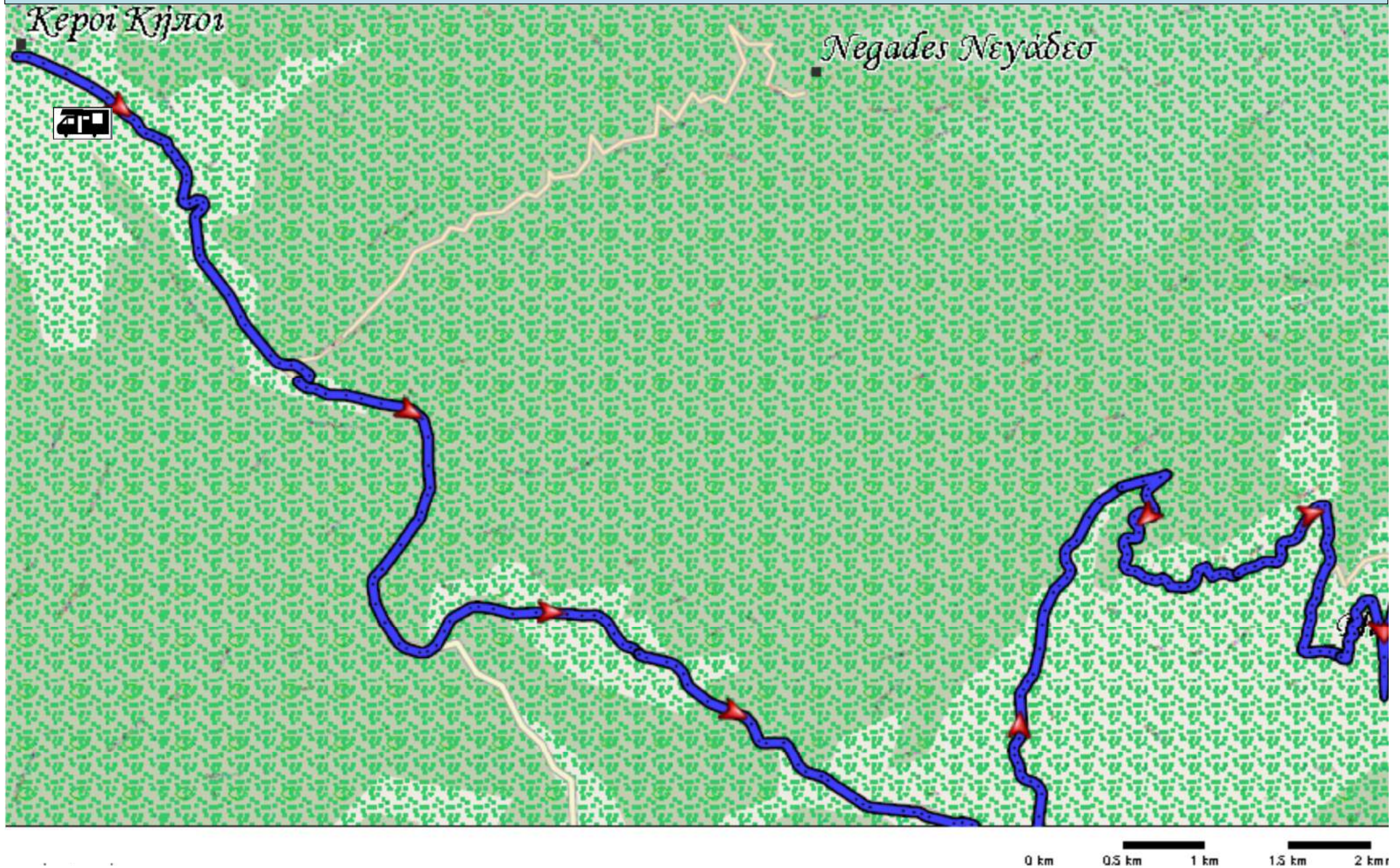


The name Zagori means something like "Behind the mountains". Nothing can make sense of this name clearly than the vast panoramas on the many hilltops in the region. So each of the many slopes of this route will be rewarded not only by a subsequent rapid descent, but also by gorgeous views. May is surely the most beautiful time to do this trip!

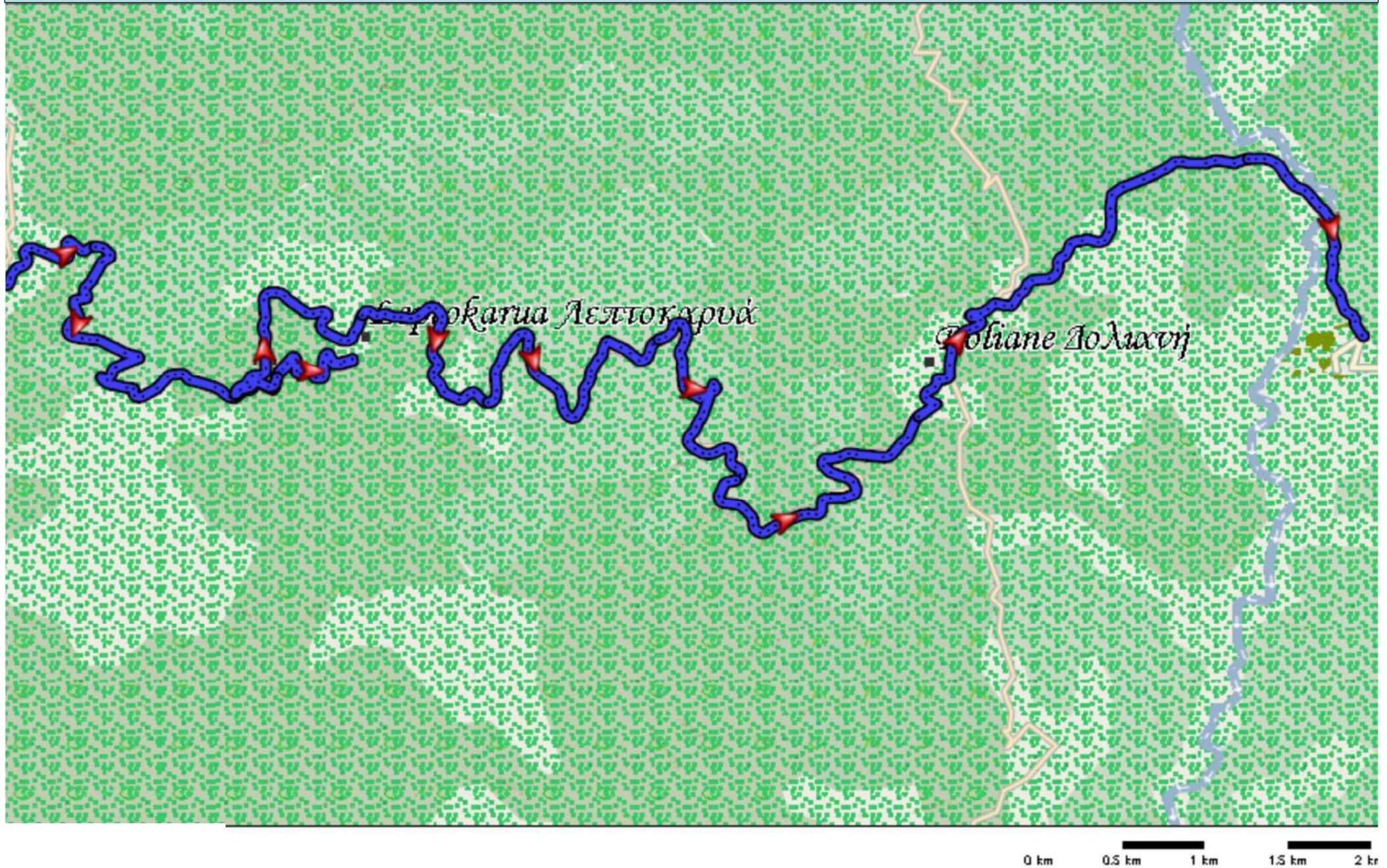
R 40 - Frakades - Kipi



R 45 - Kipi - Voutsia Monastery



R 45 - Kipi - Voutsia Monastery

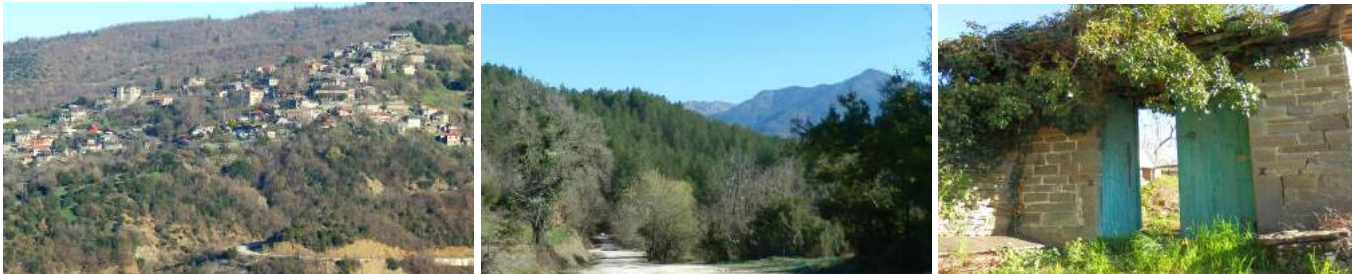


R 45 - Kipi - Voutsia Monastery - Information



This route opens up the picturesque and secluded mountain villages Leptokaria and Doliane in Eastern Zagori. Finally, it leads to the Monastery of the Assumption in Voutsia near the municipality Greveniti. For the return trip, there are two options:

- Ambitious cyclists use the same route as come and enjoy the panoramic views from the opposite perspective - or
- Use a local transfer service, which can be booked at the Bike hotline in Kipi.



The nature of the way is very good. Because the region is sparsely populated, there are few road users with whom you have to share the road. There are only a few steep inclines, making for only be mastered as a "shift range". Mostly, however, the slopes are moderate. It is recommended that a start in the early morning when the fresh mountain air is still very clear. Particularly appealing is the tour in the spring, when the high mountain peaks are sweetened by the snow still white and still allow the tender green of the vegetation open views of the vast landscapes.

Character of the route:

Length: 37,4 km - **Level:** Moderate
to climb: 725 m - **Downhill:** 740m
Maximal High above sea level: 1.062 m
ground: 85 % asphalt



Routing: small roads with little traffic

Gastronomy/Taverns:

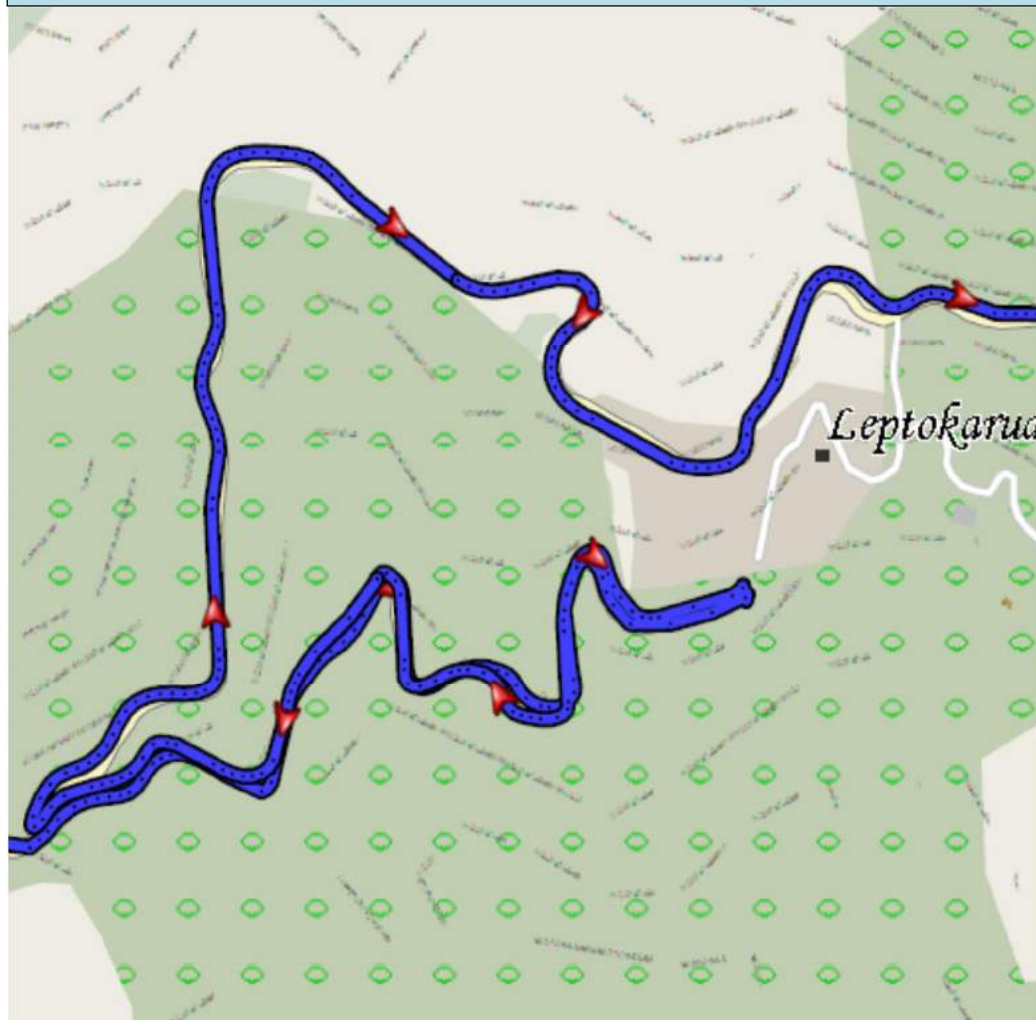
In Frakades and Doliani. No gastronomy at the monastery!

Sights along the way:

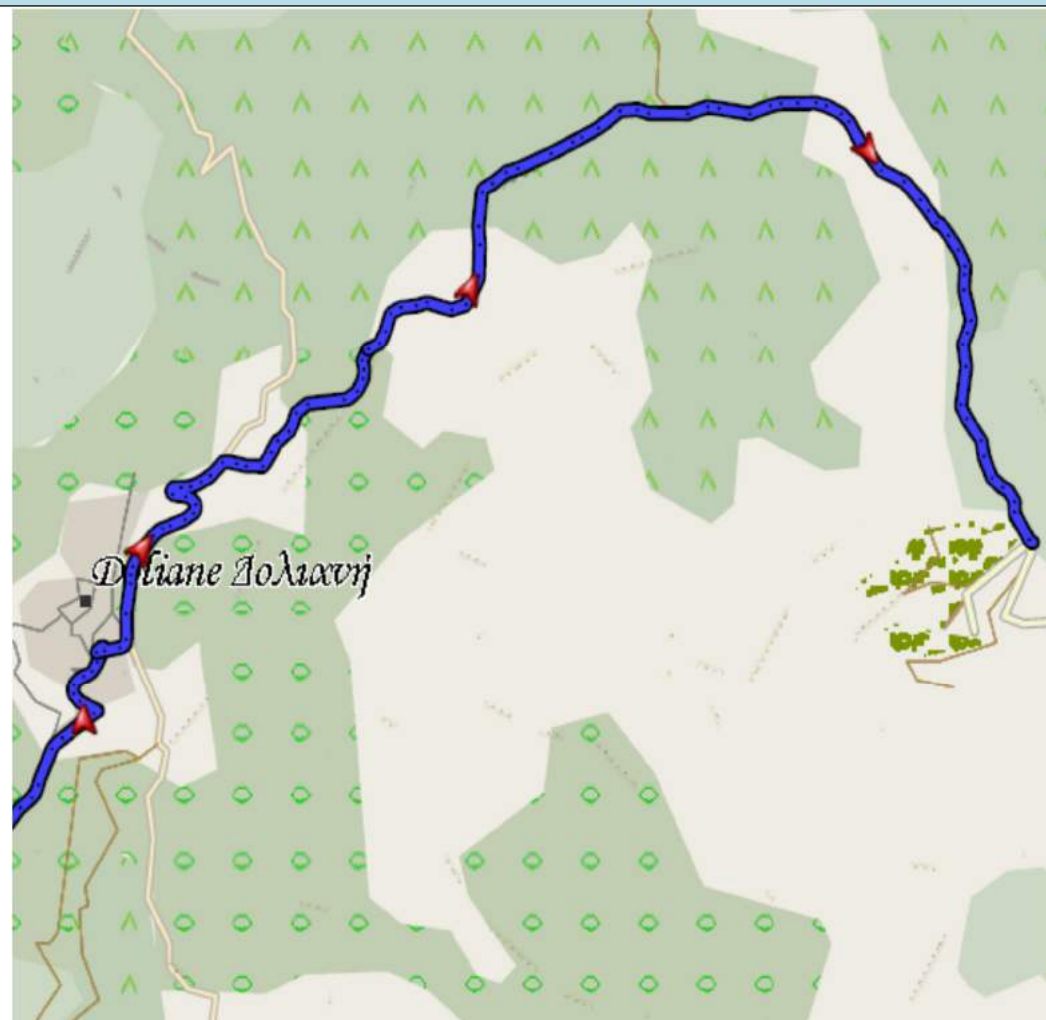
- Center of the small villages like Leptokaria
- Ottoman stone bridge in Doliani
- Voutsia monastery at Greveniti



R 45 - Kipi - Voutsia Monastery - Details

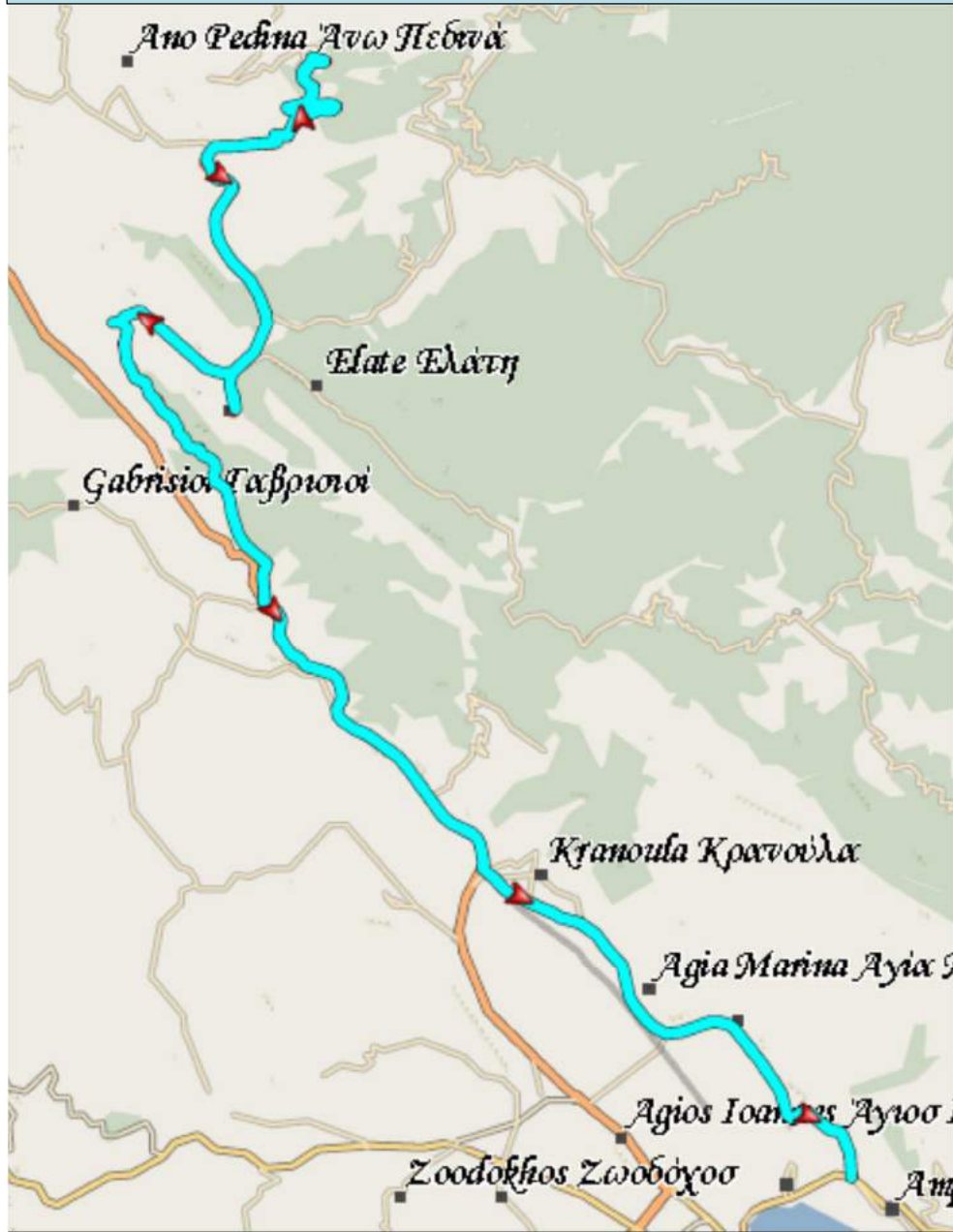


Left: Leptokaria is located below the cycling route. So you have to pay the visit on the way back to the route with a little effort, but worth it: This traditional and secluded mountain village has a unique atmosphere and offers a fantastic view over the mountains of Zagori. About a stone-paved road, continue to the central square, grazing on the horse and where the few locals meet for Tsiperou or coffee.



Right: Doliane is a very quiet village, whose approximately 50 residents to live mainly from agriculture and beekeeping. Striking is situated right at the wayside arch bridge "Papa Iliia", one of the many stone bridges of the region from the 8th century. From here it is only 7 kilometers to the monastery of the Assumption in Voutsia. The monastery dates back to the year 672 and it houses paintings from the 17th century. Today live in the large plant only a handful of monks who also take care of the surrounding monastery gardens. The monastery is mostly closed, but there is on the wooden door a clamp.

R 46 - Monodendri-Ioannina – Overview



The easy route connects the traditionally stone built mountain village Monodendri with the lively capital town Ioannina. In the opposite direction there are providers for transfers.



Monodendri is touristy fully developed. The inhabitants live today from the thriving accommodation business. The typical Zagorj stone construction with the roofs of thick slates is charming. The small and stage streets lead to museums, pretty squares and not least to the monastery of Agia Paraskevi, from the balcony equally has an impressive view into the deep Vikos Gorge.



Just behind Monodendri one reaches the village Vitsa and can enjoy a last panoramic view of Monodendri. On the way you can do a little trip to Aspreggi, the county seat of Zagori, before the plain of Ioannina is reached. When driving through Perama take time to visit interesting limestone cave. Then you have to choose which way to take in the city center of Ioannina. Slightly longer but more beautiful is the way through Amphitea. From here we drive on the Ioannina Island by ferry and take another ferry from the Island to the Ksdtro of Ioannina. This variant is also safer than a ride on the main roads through the northern parts of the maintown.

R 46 - Monodendri-Ioannina - Information

The connecting route from Monodendri to Ioannina is easy to go. There is only a small increase, otherwise it goes long into the plane of Ioannina downhill. The last piece of the route leads through non-fixing dirt roads up to Perama. In Perama, it is possible to cycle directly into the center of Ioannina, or first visit the inhabited island of the lake. To this end you drive to the ferry Amphitea, sets of Amphitea in just a few minutes on the island and can proceed your tour by using another ferry directly to the old town of Ioannina.



Transfer-Service von Ioannina nach Monodendri

To get back to the starting point of the tour to Monodendri, under the bicycle hotline is a transfer service possible. Usually the return transfer from Ioannina to Monodendri takes place in the late afternoon hours.

For bicycle tourists from Ioannina it is possible to join a transfer to Monodendri in the morning. You first can spend your time in the Zagori villages and enjoy the landscape before you return to your Hotel in Ioannina by bicycle in the evening. You get all necessary information at the Transfer shuttle in Kipi.

Character of the route:

Length: 42,6 km - **Level:** easy
to climb: 370 m - **Downhill:** 780 m
Maximal High above sea level: 1.060 m
Ground: 85 % Asphalt

Routing: mostly roads with little traffic. Ca. 7 km main road and - depending of the taken route - main roads in Ioannina

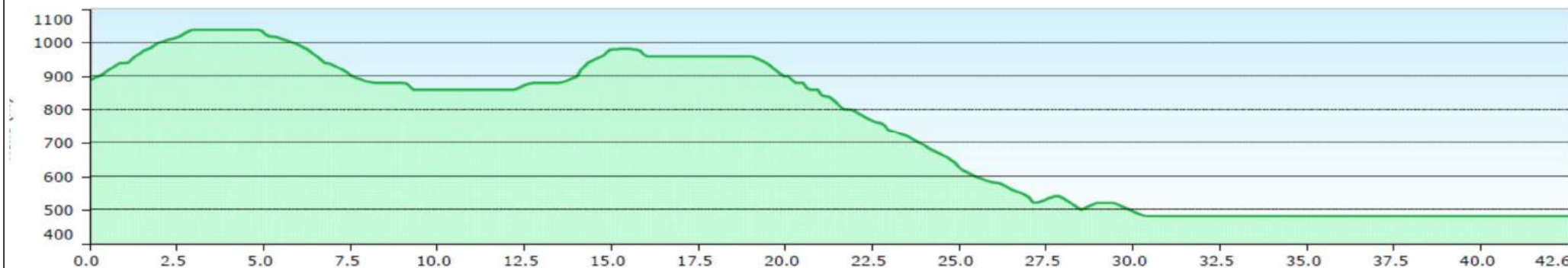


Sights along the way:

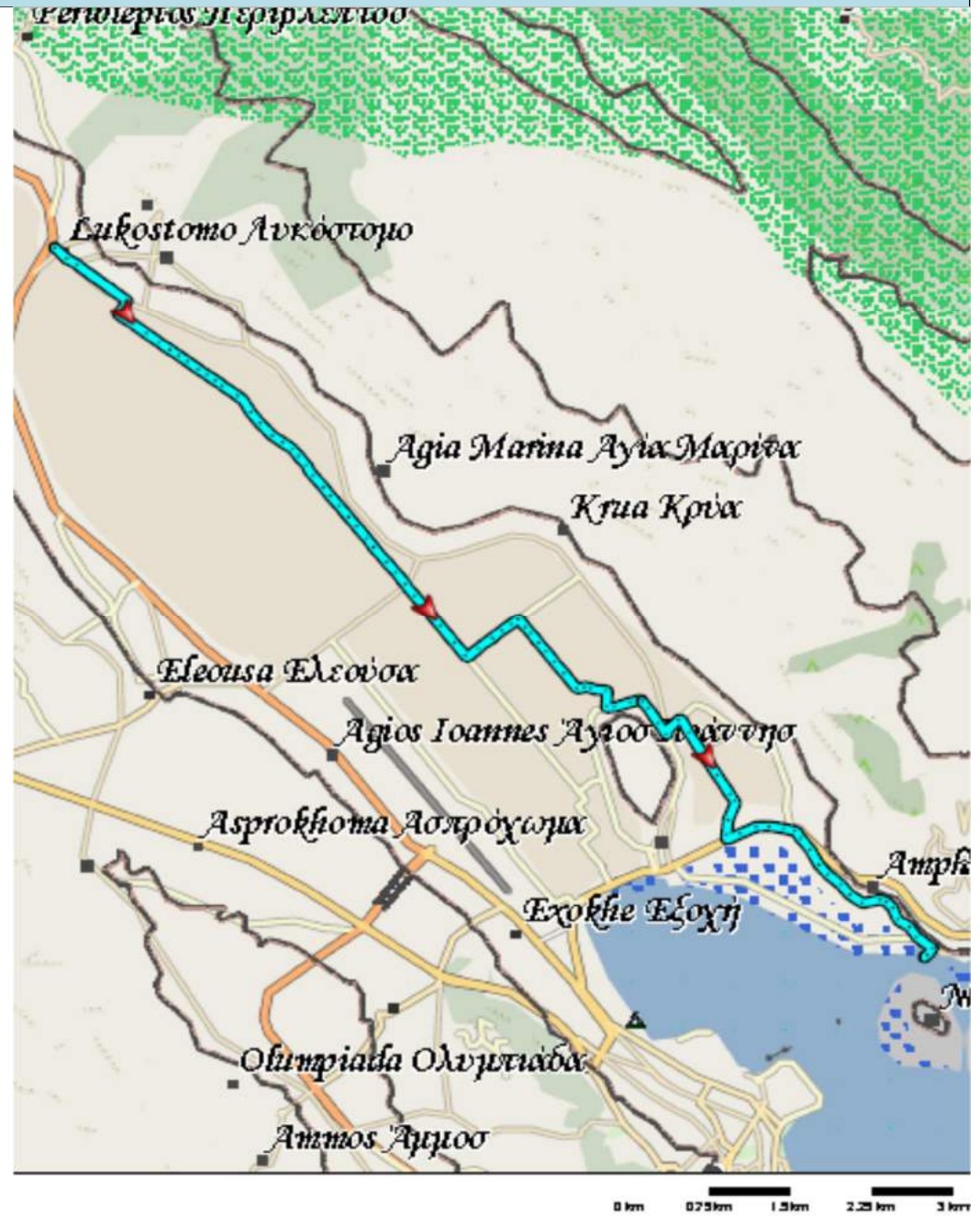
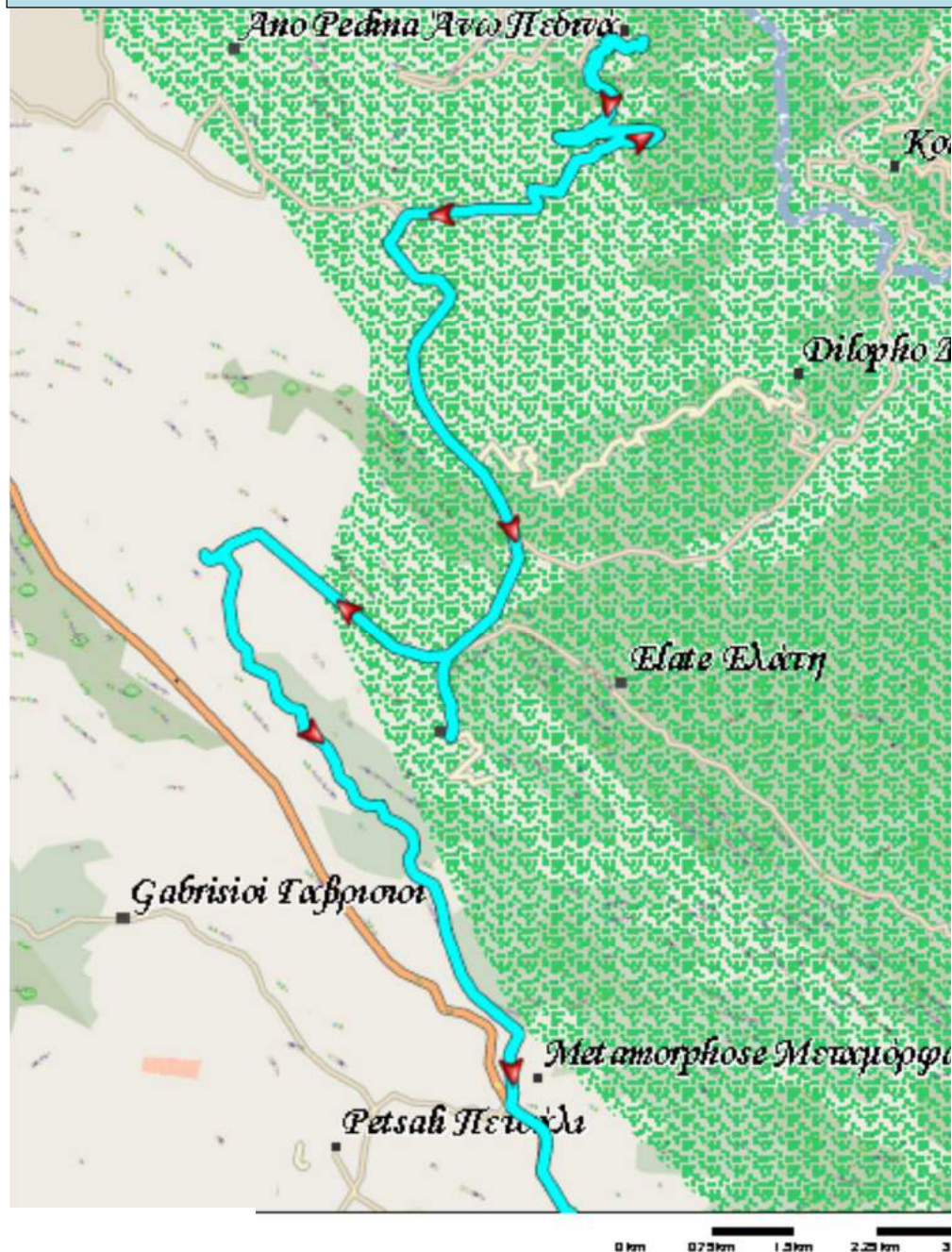
- Monodendri, Vitsa, Aspreggi, Perama, Ioannina

Transfer Service: 0030 6934 18 0033

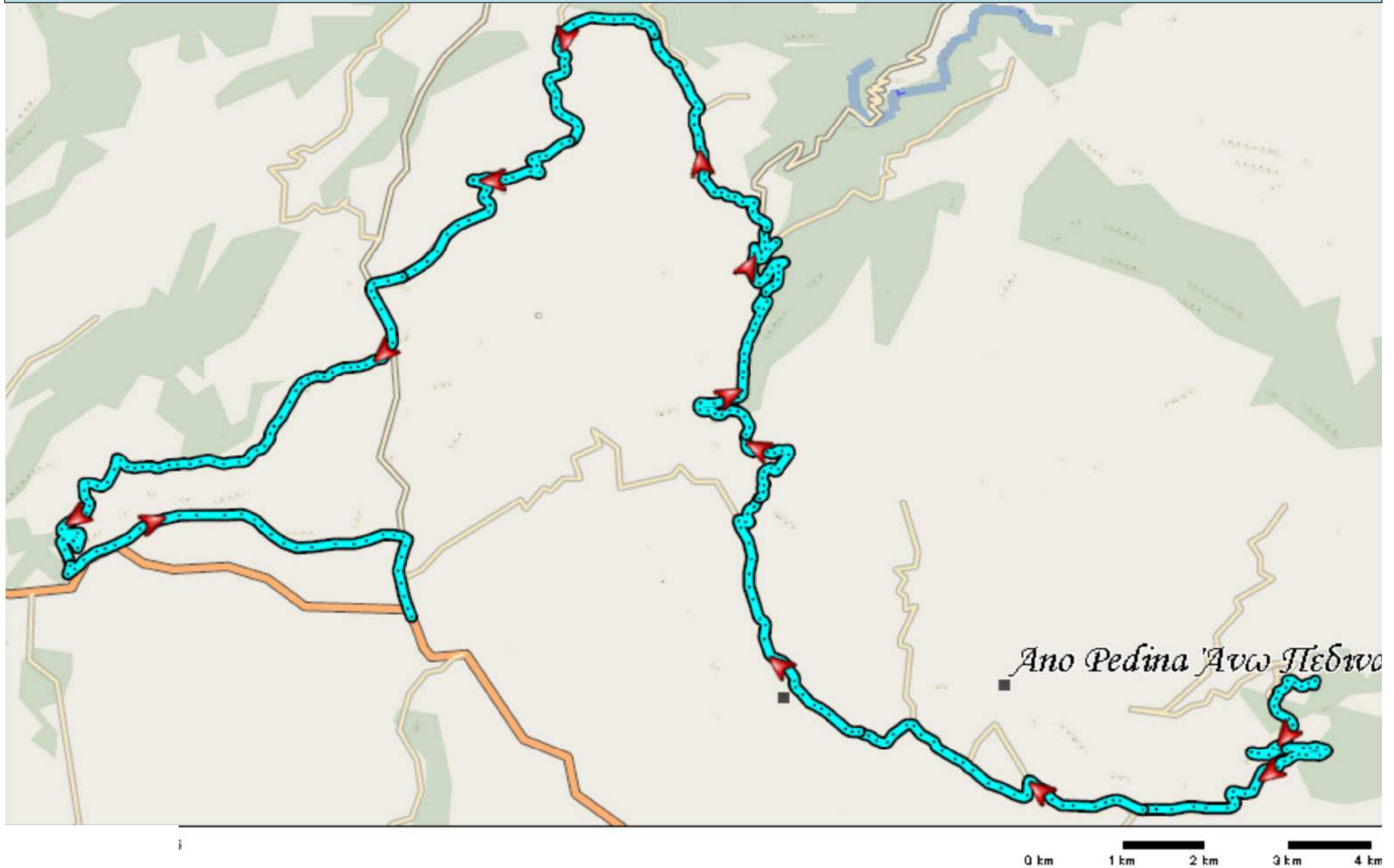
Cycle Hotline: 0030 6947 69 6249



R 46 - Monodendri – Ioannina

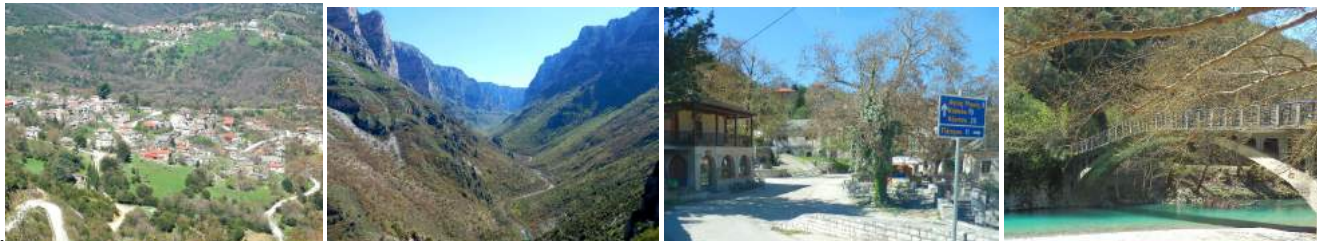


R 47 - Monodendri-Aristi-Kalamas - Overview

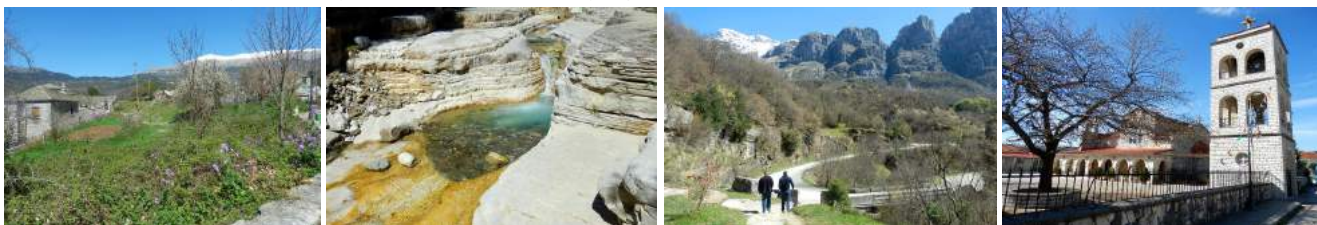


R 47 - Monodendri-Aristi-Kalamas - Information

This easy route connects the small Zagorjan villages with the valley of Kalamas near Pogoni and Zitsa. Starting point is the mountain village Monodendri located in 1,087 m altitude. The tour leads mostly downhill through very scenic regions and places. Secluded mountain villages as Papingo, however, are hardly accessible by bike, so take a transfer service. Destination of this route is Kalpaki, where you find connections to the Delvinaki circular route, to Zitsa or Ioannina.



A refreshing change to the bike ride is rafting adventure on the Voidomatis at Aristi - or you cool off your feet in the fresh mountain water. A tip for a stopover is the drive to Papingo:



A steep pass with countless switchbacks leads up to the almost untouched nature of Papingo. The heritage protected small mountain village is full developed as tourism destination and at every cycling trip through the Epirus region a unique accommodation location - if there would not be the difficult journey. This problem can be resolved with a transfer service. Once at the top you can enjoy the atmosphere of the place. Just outside a small river has shaped a terraced same creek bed through which it flows downhill to Voidomatis. Here barrages were built, so that naturally trays for bathing and for washing the laundry were formed. Today, the natural bath is on hot days are a popular destination for a dip.

Character of the route:

Length: 43,3 km - **Level:** easy

to climb: 469 m - **Downhill:** 1.103 m

Maximal High above sea level: 1087 m



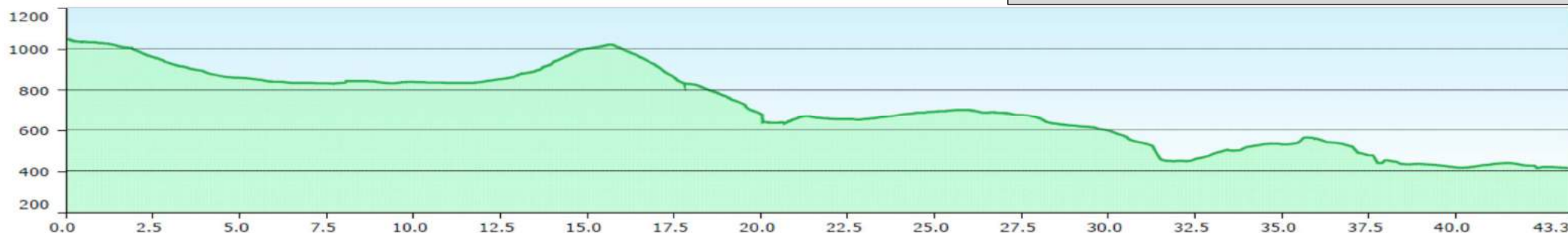
Routing: big and small quiet roads, before Kalpaki the route runs along the main road for 600 meters.

Sights along the way:

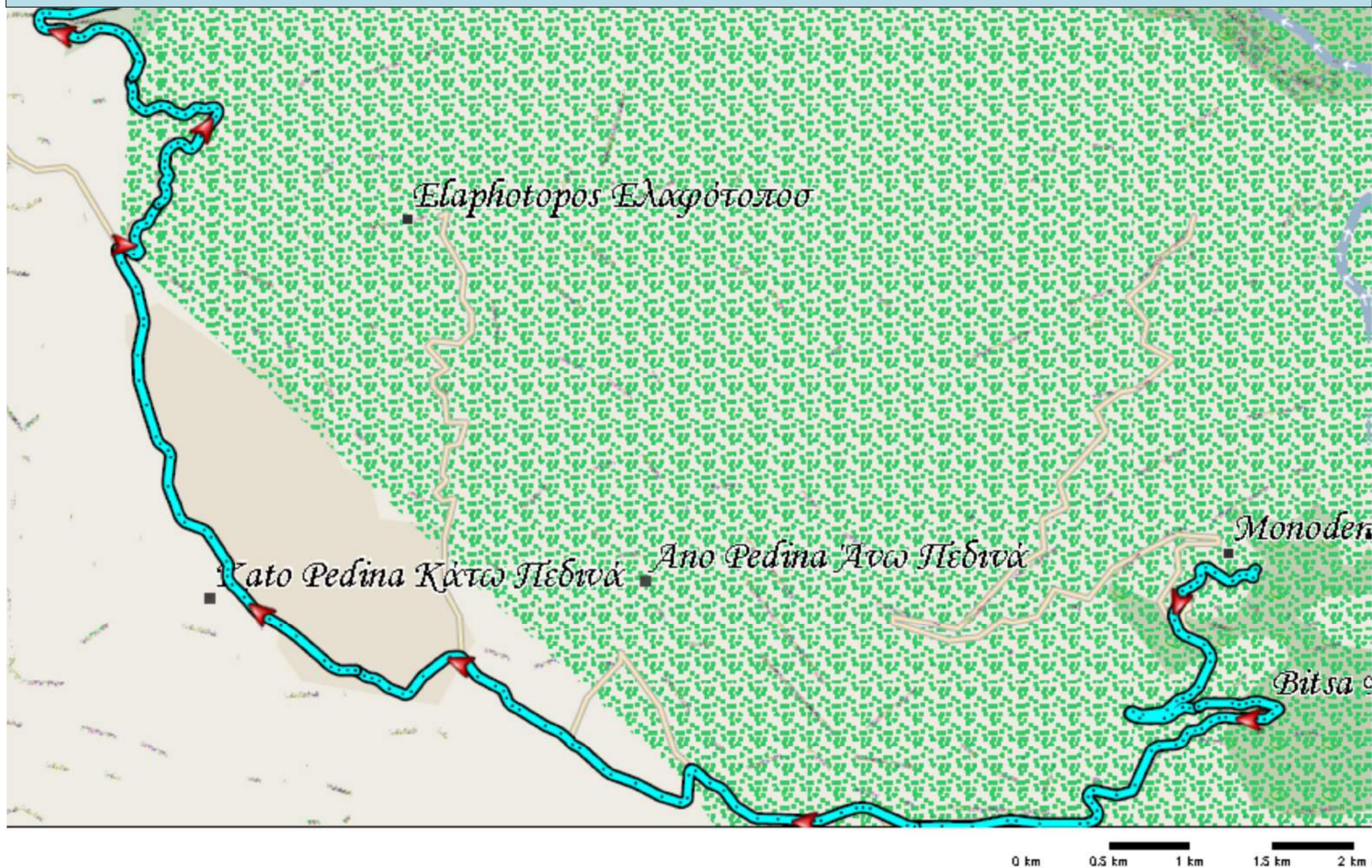
- Traditional villages of Zagori like Vitsa and Aristi
- Trip to the Vikos-Gorge
- Trip to Voidomatis River – maybe a rafting adventure
- Trip to mountain village Papingo
- Natural bath near Papingo

Transfer Service: 0030 6934 18 0033

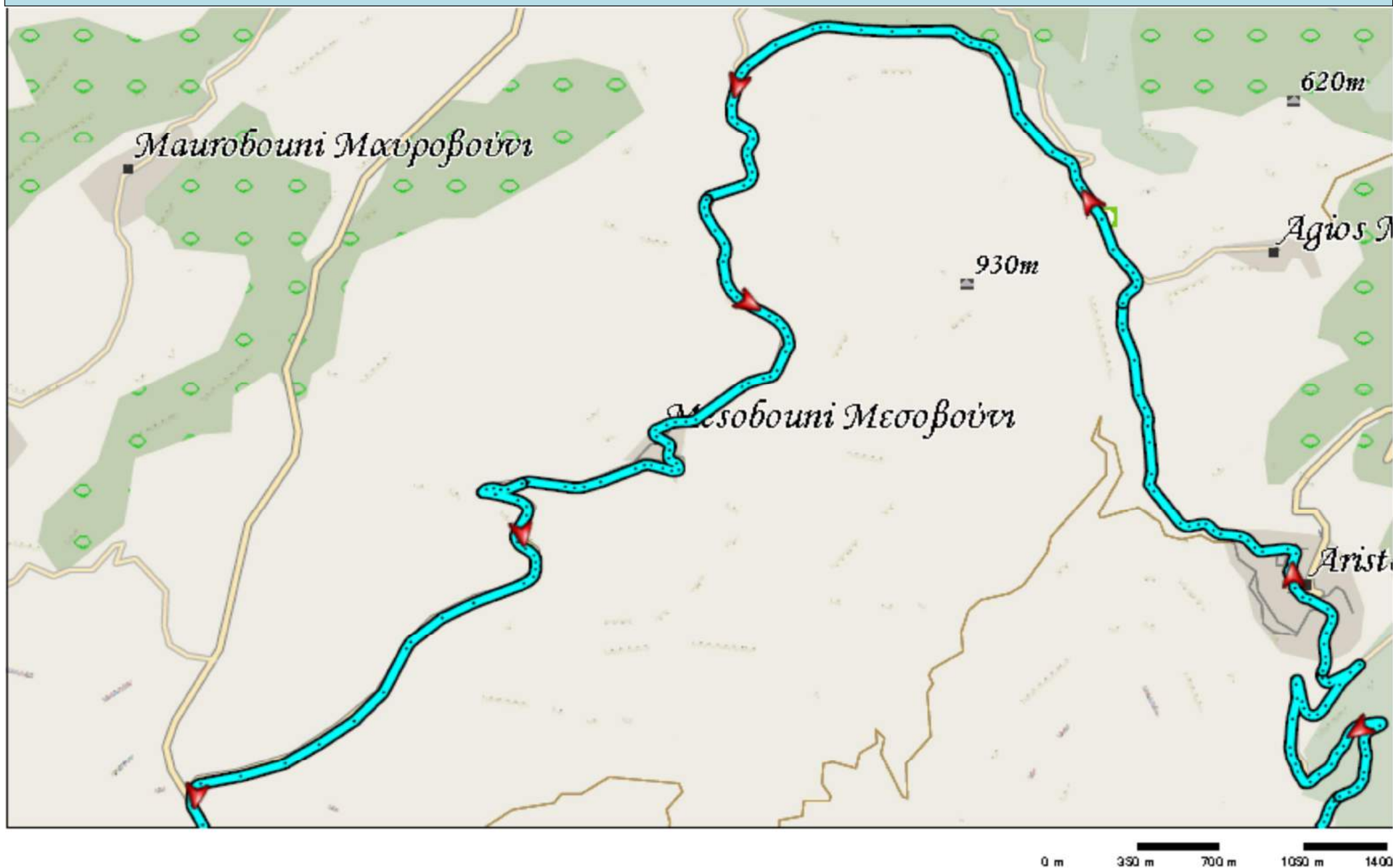
Cycle Hotline: 0030 6947 69 6249



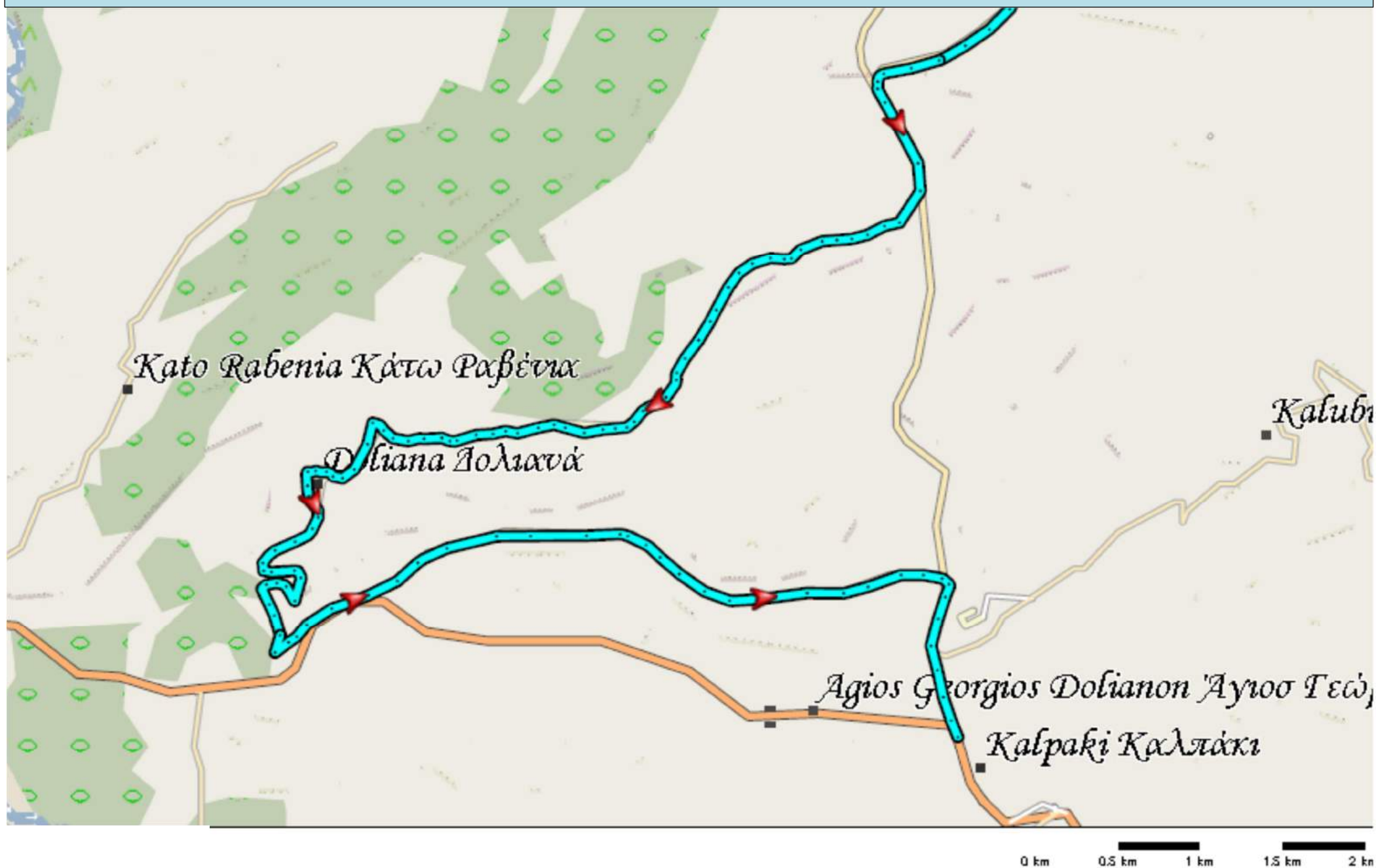
R 47 - Monodendri – Kato Pedina - Aristi



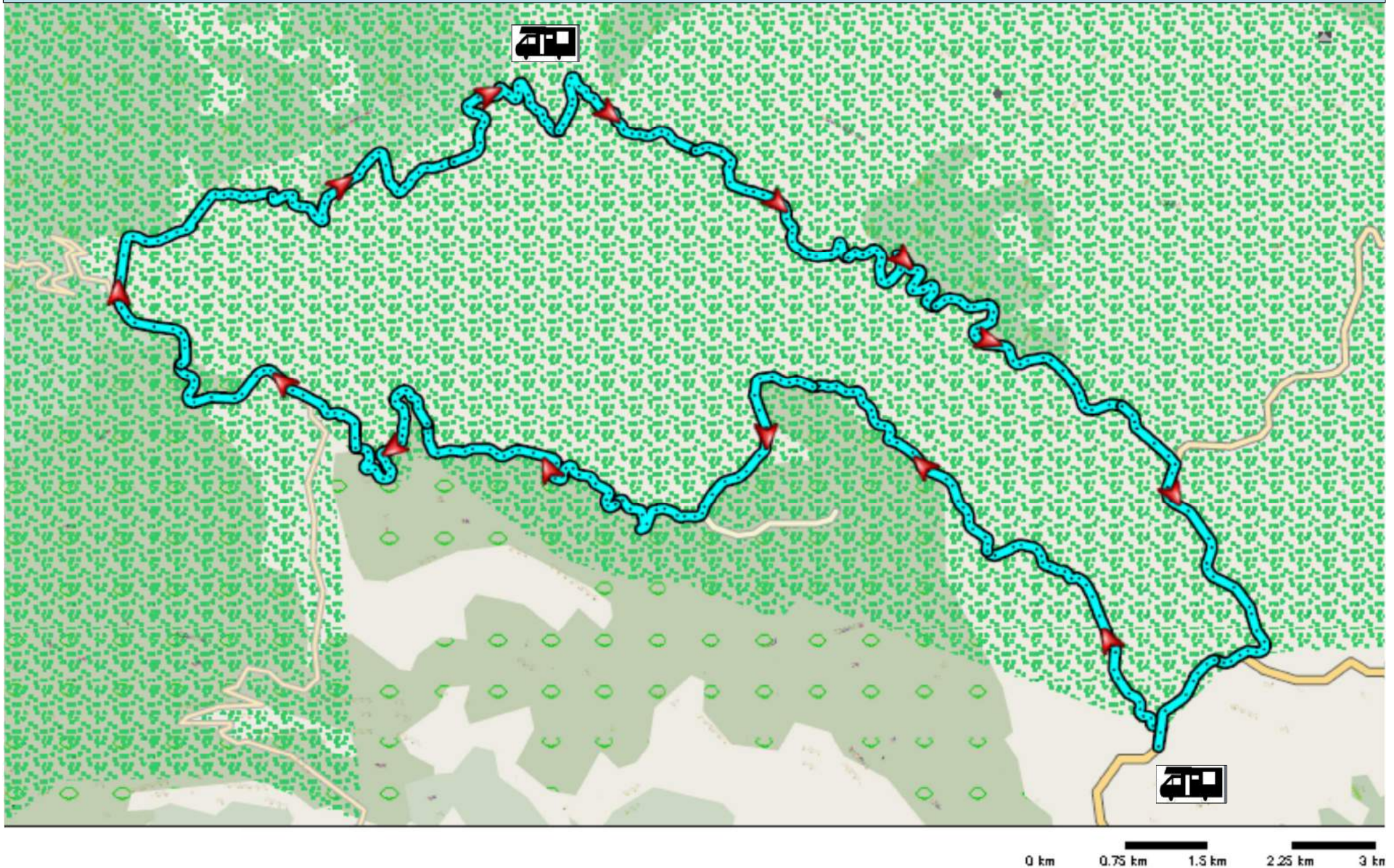
R 47 - Kato Pedina – Aristi - Mesovouni



R 45 - Mesovouni – Kalpaki (Kalamas)



R 50 – Lake Aaos Circle Metsovo - Overview



R 50 - Lake Aoos Circle Metsovo - Information



The bike ride around the lake of the reservoir of the Aoos River is easy and very relaxed. A perfect start in the round is at the parking lot of a small ski resort in the east of the lake on the main road. There are also two taverns with attached official caravan sites. Particularly appealing is the area in the spring, when the first tender green, the pine forests and the lake form a colorful contrast to the still snow-capped peaks of Pindos mountains.



From Metsovo you reach the parking of the ski area on the strongly rising and signposted main road. The circular route is tied for cyclists quite well to the west in the villages of the municipality of Zagori. At the western end of the lake leads a route directly toward Greveniti and the monastery of the Assumption in Voutsia. From here you can continue via Kipi up in the plain of Ioannina.

Character of the route:

Length: 36,7 km - **Level:** easy

Uphill: 406 m - **Downhill:** 406m

Maximal High above sea level: 1.438 m

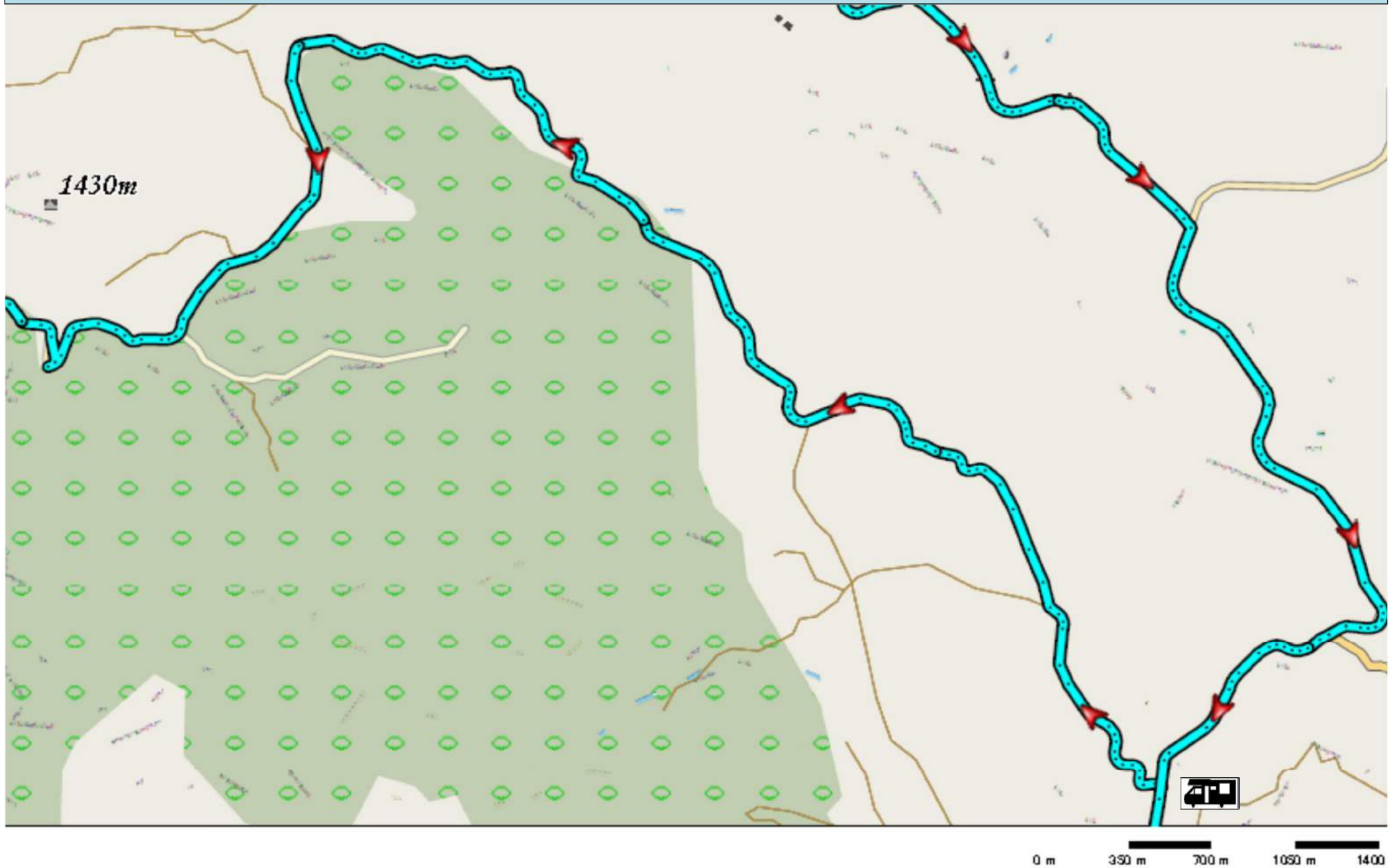
Ground: 100 % asphalt



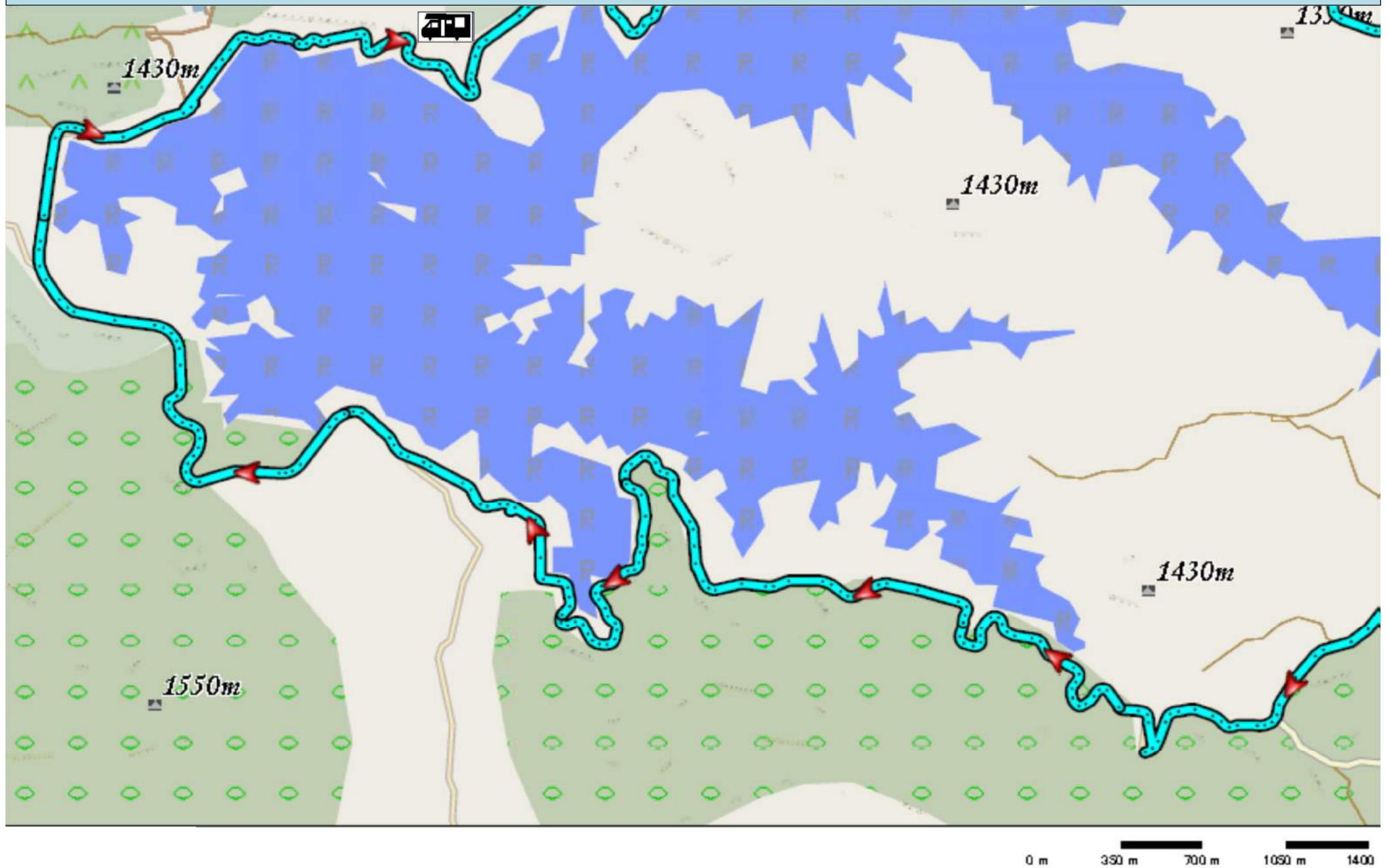
Routing: small and very quiet roads that are only used for the management of the lake, the agricultural land and by cyclists, walkers and day-trippers.



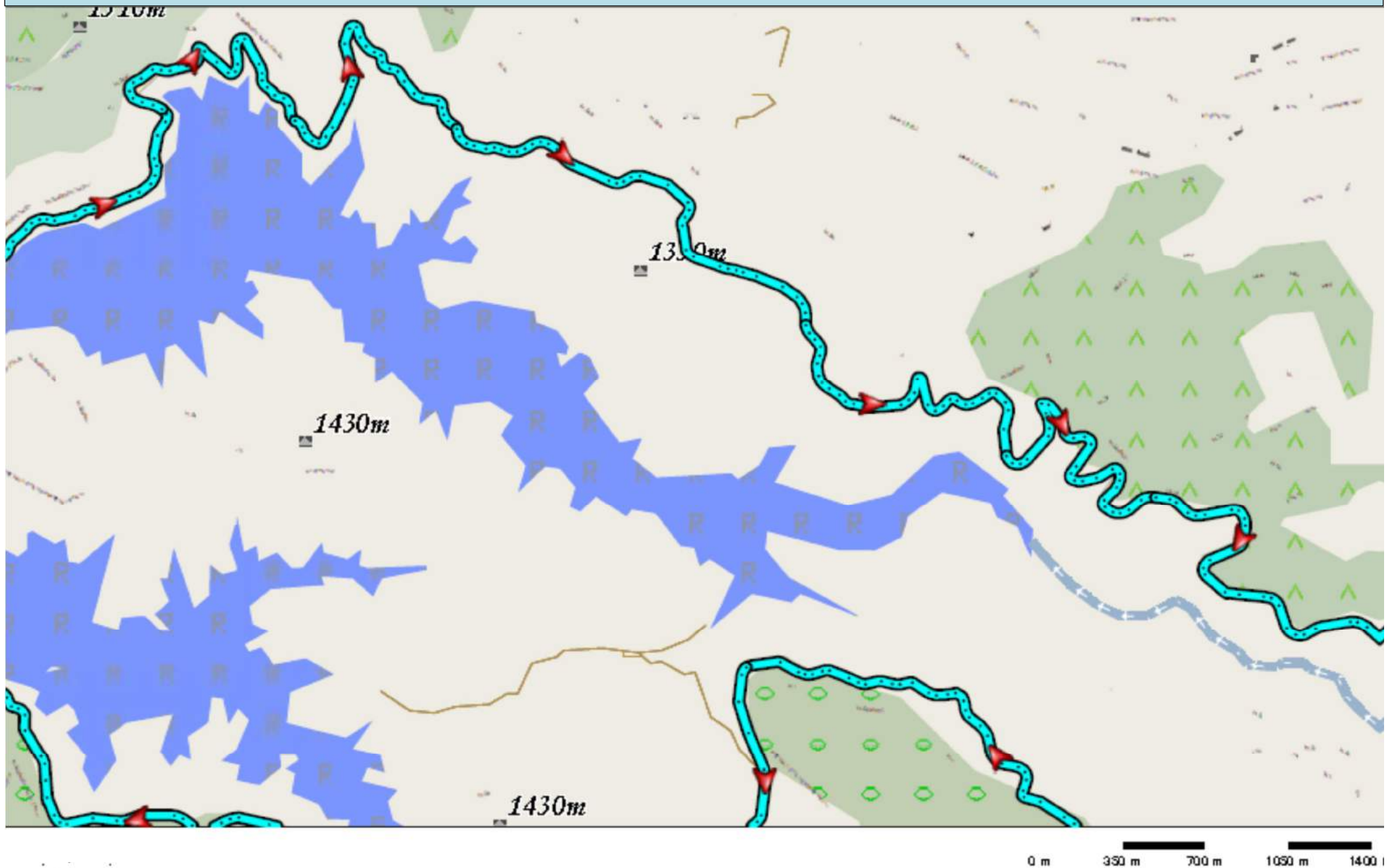
R 50 - Lake Aaos Circle Metsovo - East



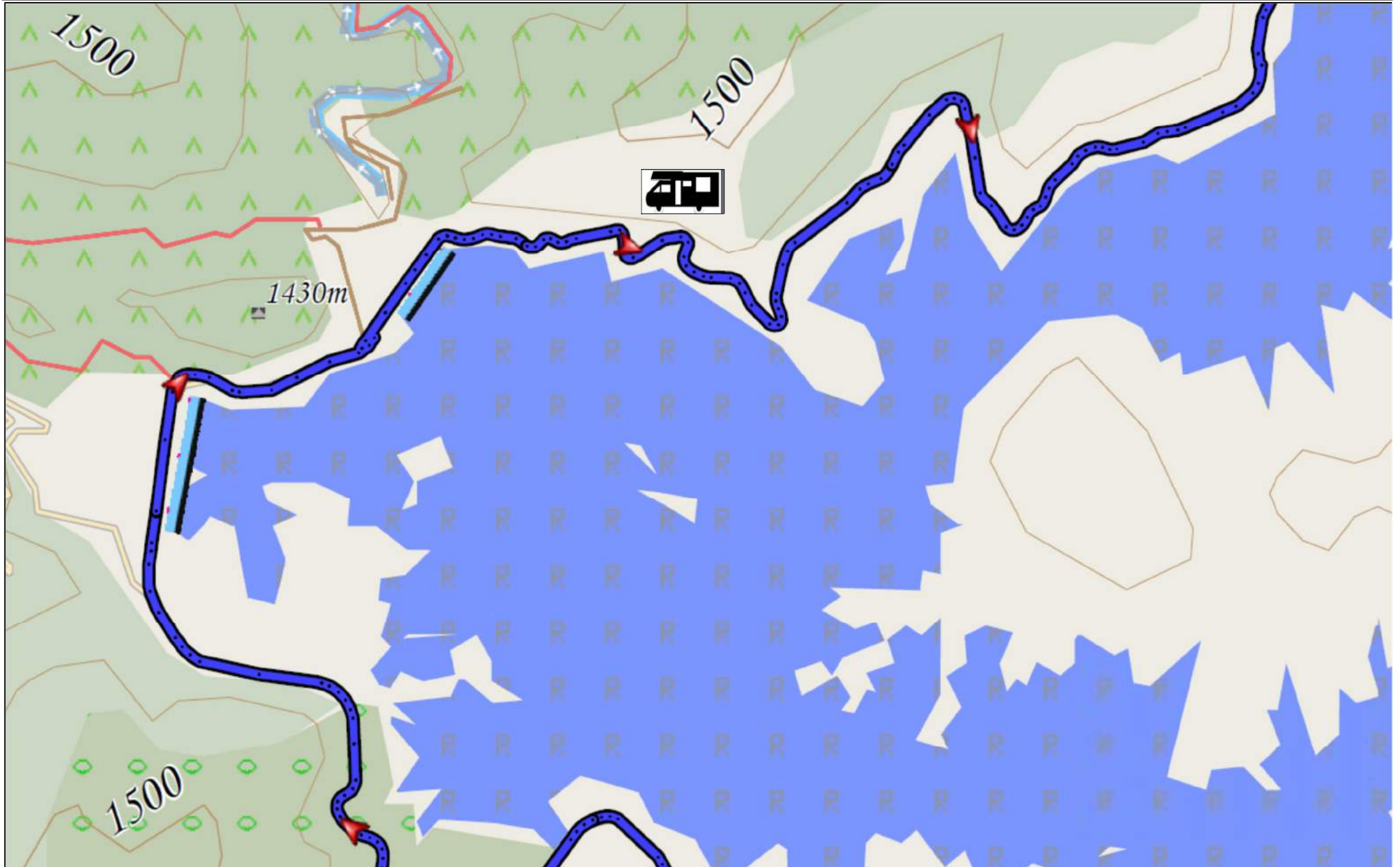
R 50 - Lake Aaos Circle Metsovo



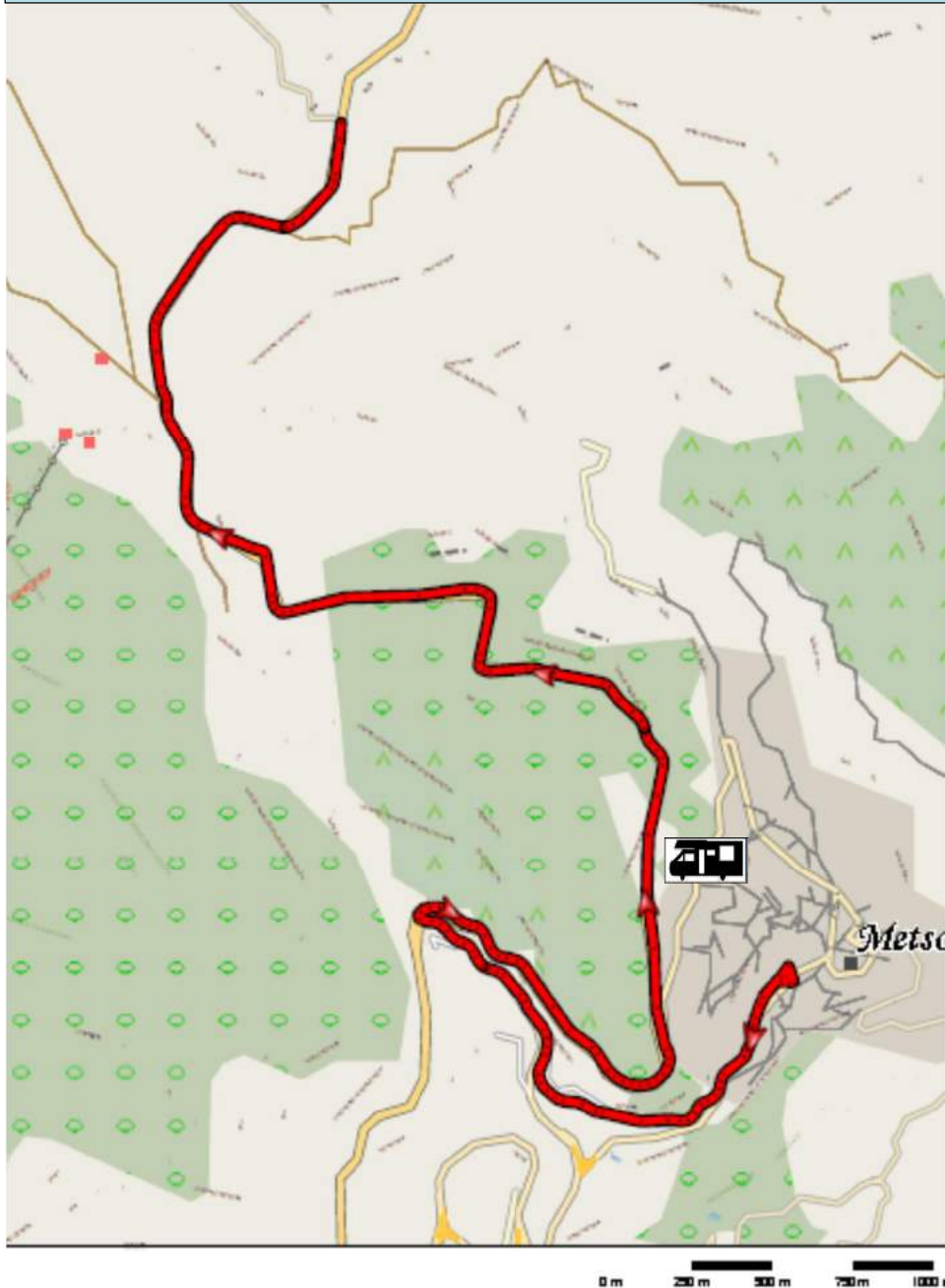
R 50 - Lake Aaos Circle Metsovo



R 50 - Lake Aaos Circle Metsovo



R 50 – Connection Lake Aoos - Metsovo



Character of the route

Length: 7,5 km - **Level:** short but ambitious

to climb: 334 m - **Downhill:** 28 m

Maximal High above sea level: 1.438 m

Ground: 100 % asphalt

Routing: Mainroad with only little traffic

.Start: Center of Metsovo



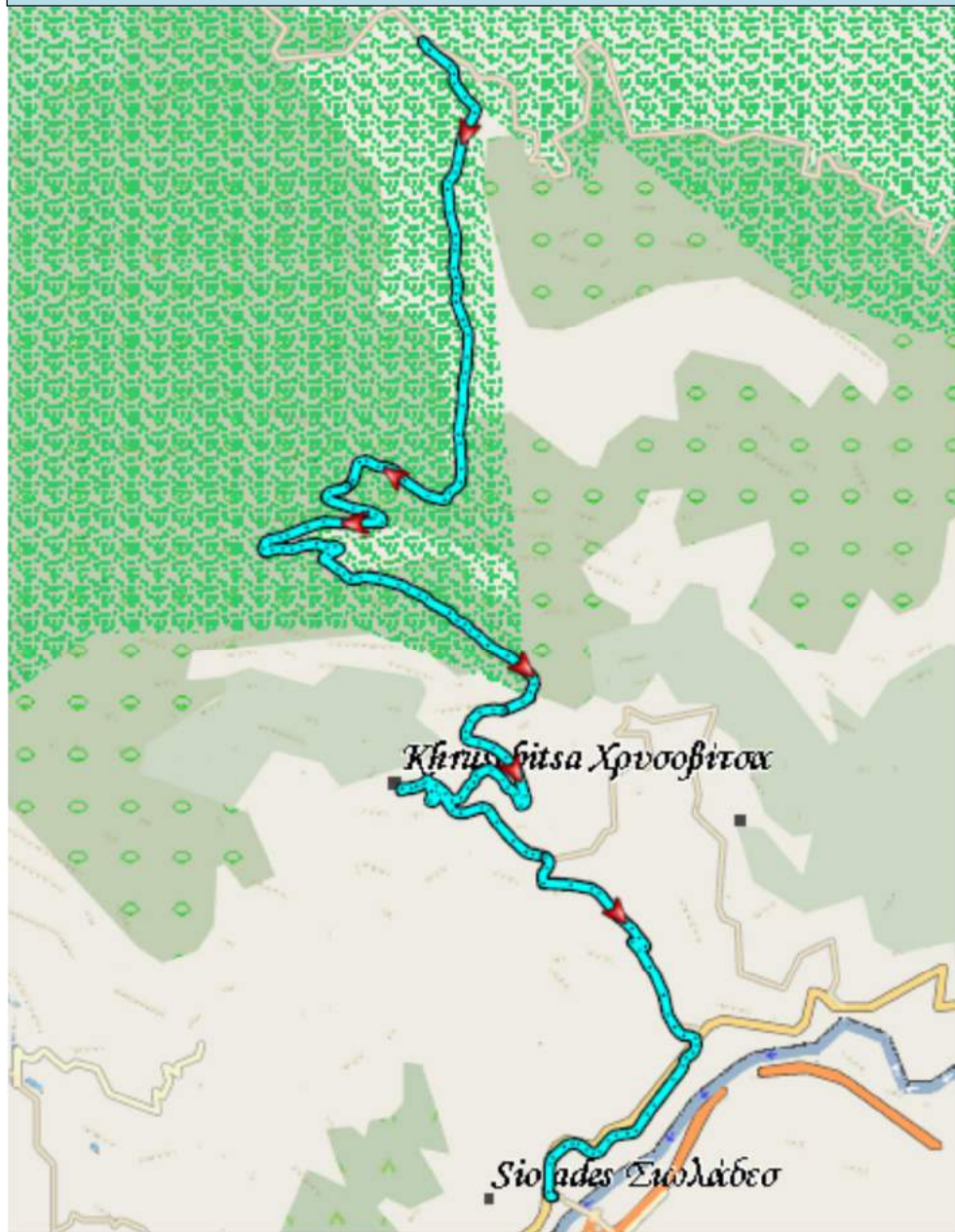
Metsovo is 1000 meters like an amphitheater on the slopes of Pindos. The city lived long by trade and came to considerable prosperity. Today tourism is the main industry: in summer an important center of all outdoor and mountain activities in the winter ski center.



The monument on central square of Metsovo recalls the here living in the Wädern bears. Every year thousands of tourists take photos of the two young bears. An incarnate meeting with the shy animals around Metsovo is extremely unlikely. However it is a fine experience to have a trip on the bears-trail to combine cycle and hiking holidays.

Last but not least there are the famous cheese Metsovone and the wine of the highest griechichischen growing region that makes Metsovo a popular destination. Metsovone is a delicious smoked cheese and one of the most famous and popular cheeses in Greece.

R 55 – Connection Lake Aaos to Siolades



Character of the route

Length: 14,3 km

Level: easy

to climb: 84 m

Downhill: 728 m

Maximal High above sea level: 1.382 m

Ground: 100 % asphalt



Routing: small and very quiet road into the valley, then parallel to the Egnatia highway the old National road is used. But here is only a little traffic.

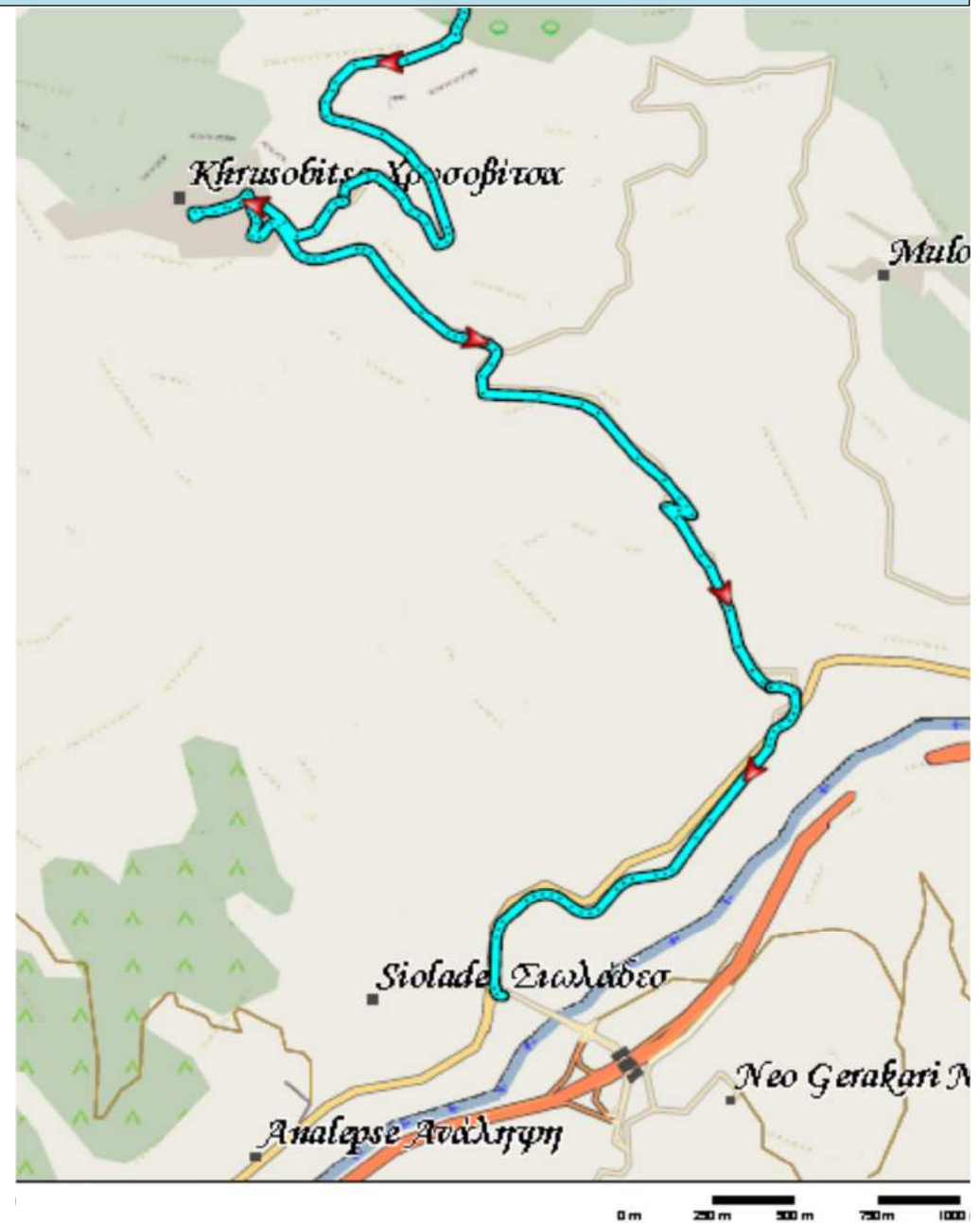
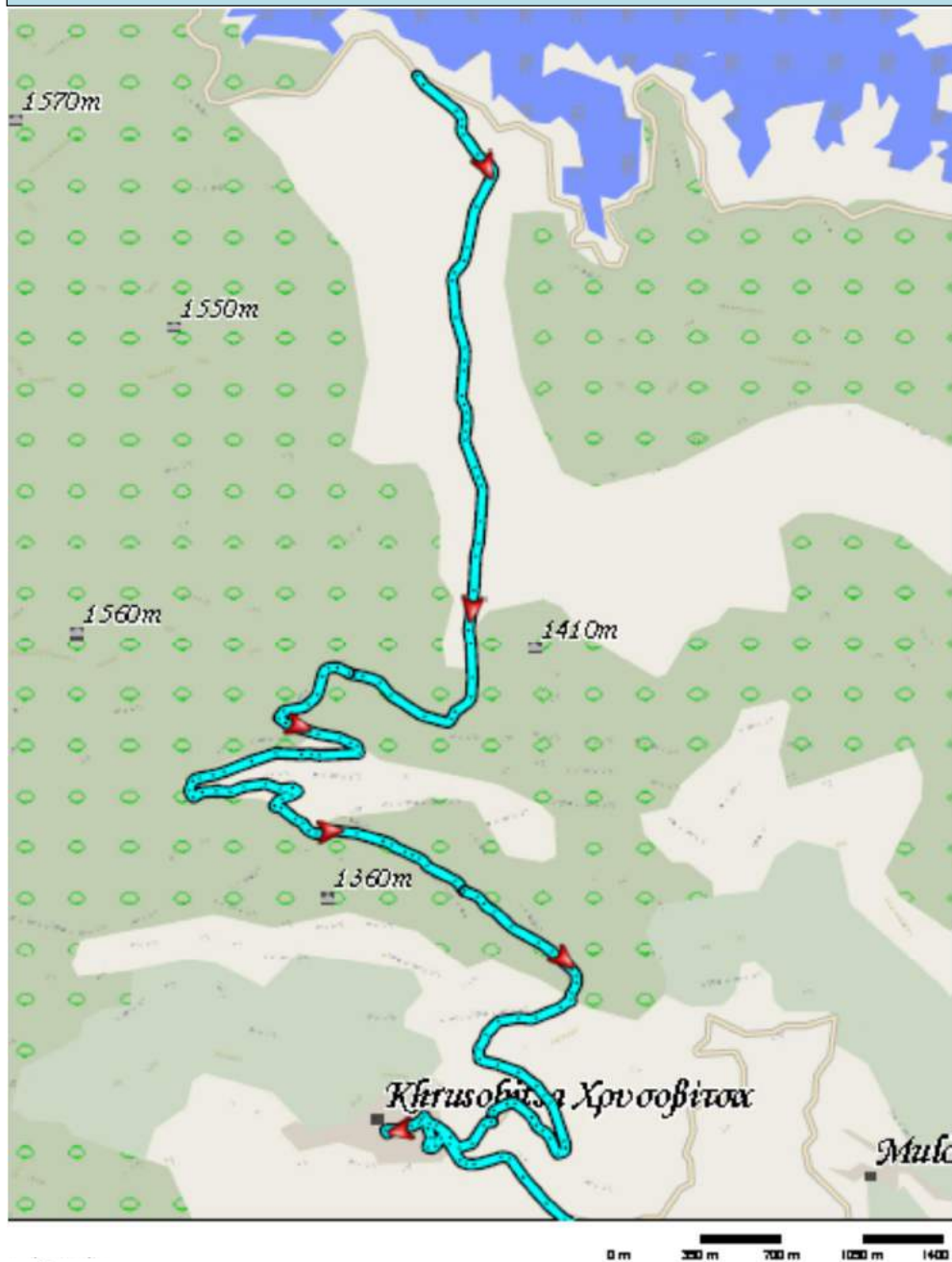
Start: Lake Aaos



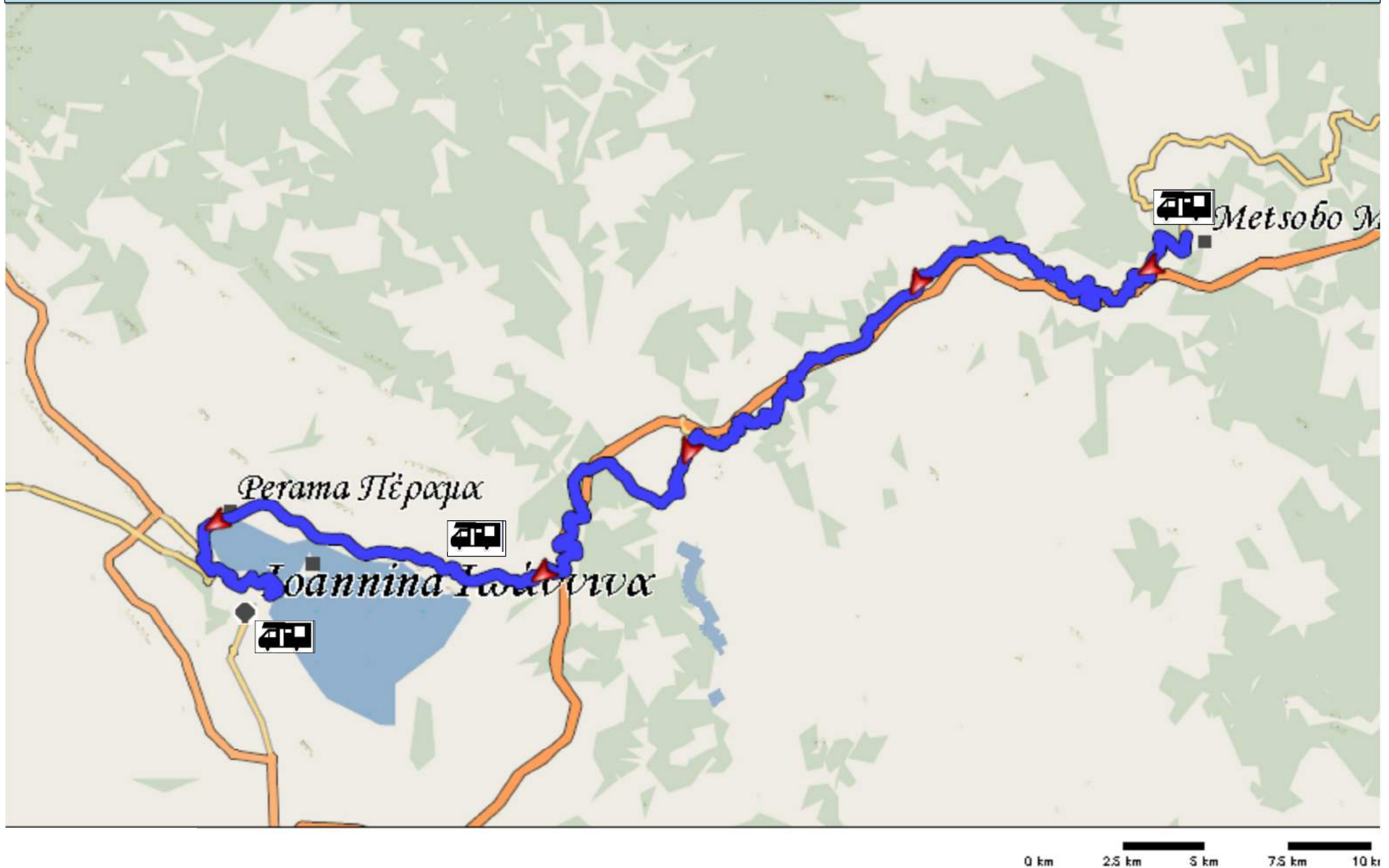
The connection from Aaos lake to Siolades is until the valley a rapid descent. Through the vast panorama one must not lose concentration on the road surface. So be careful! Stop for a photo! In Chrisovitsa, an area known for growing potatoes, you have a nice view from the central square.

0 km 0.5 km 1 km 1.5 km 2 km

R 55 – Connection Lake Aaos to Siolades



R 56 – Panorama Route Metsovo-Ioannina - Overview



R 56 - Panorama Route Metsovo-Ioannina - Information

Quick and easy - leaving aside by a prolonged increase - extends the connection from Metsovo to Ioannina on the Old National Road. After a long descent with a magnificent panorama, the route for a short distance running parallel to the



Egnatia Highway to the West. It follows a similar pass but moderate increase, which leads to the gentle ridge of the mountain Mitsikeli, the eastern shore of Lake Pamvotis. Once at the top you have a unique view of the lake and the plain of Ioannina and Kastriza to the mountains of Dodoni.



From the pass, the route leads quickly down to Amphitea, a suburb of Ioannina. Here you can take the ferry to the island and then use another ferry to the old town of Ioannina. Alternatively, it goes along the lake to Perama and then gently along major roads to Ioannina.

Character of the route:

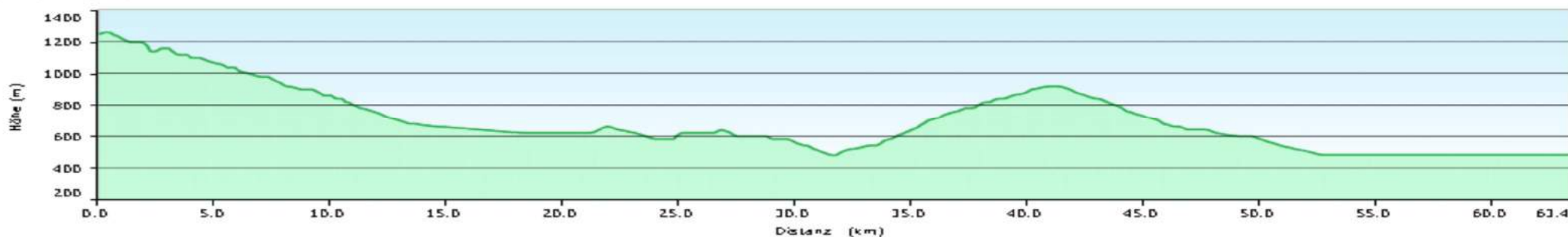
Length: 82,4 km

Level: easy - moderate

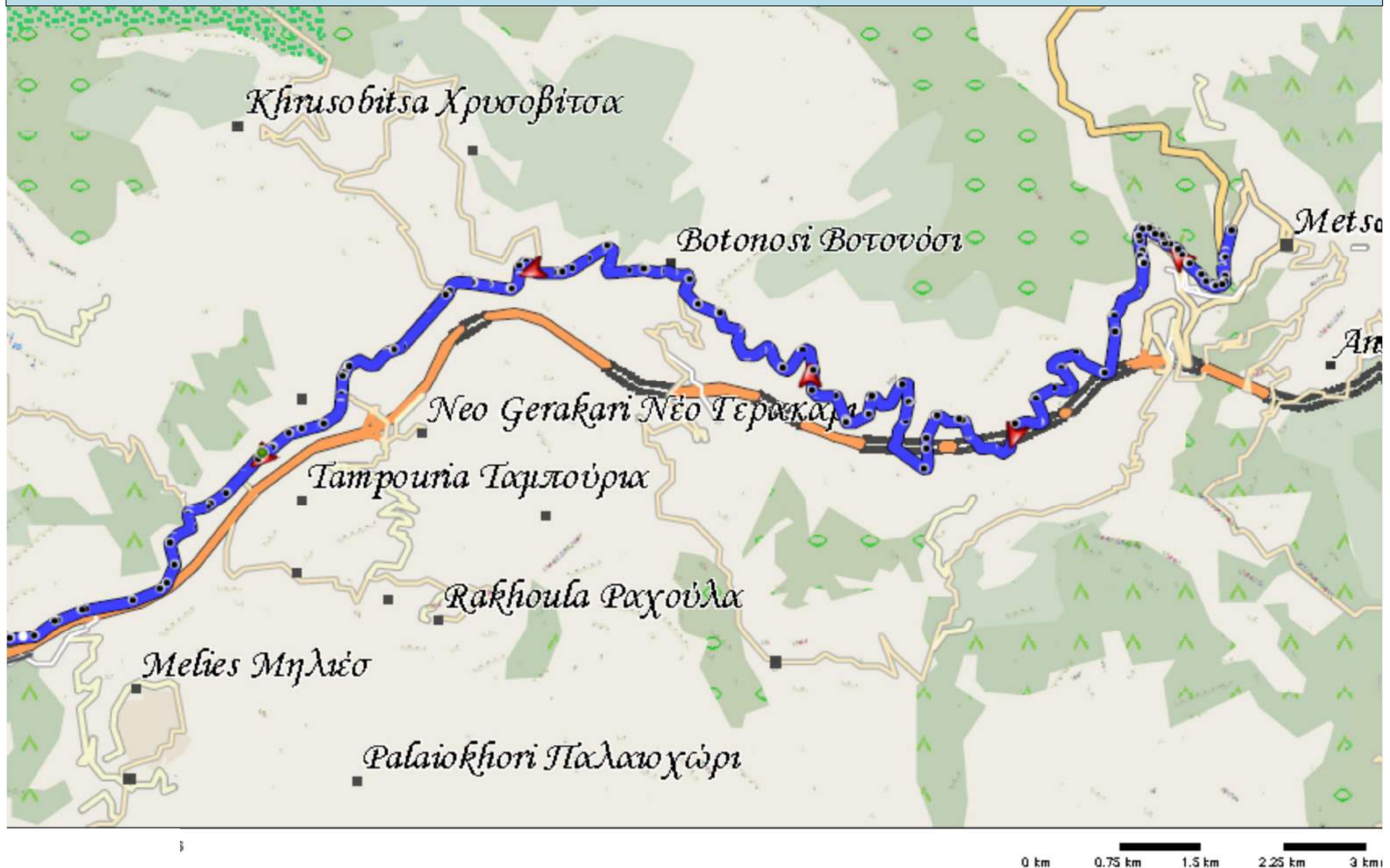
Ground: 100 % asphalt



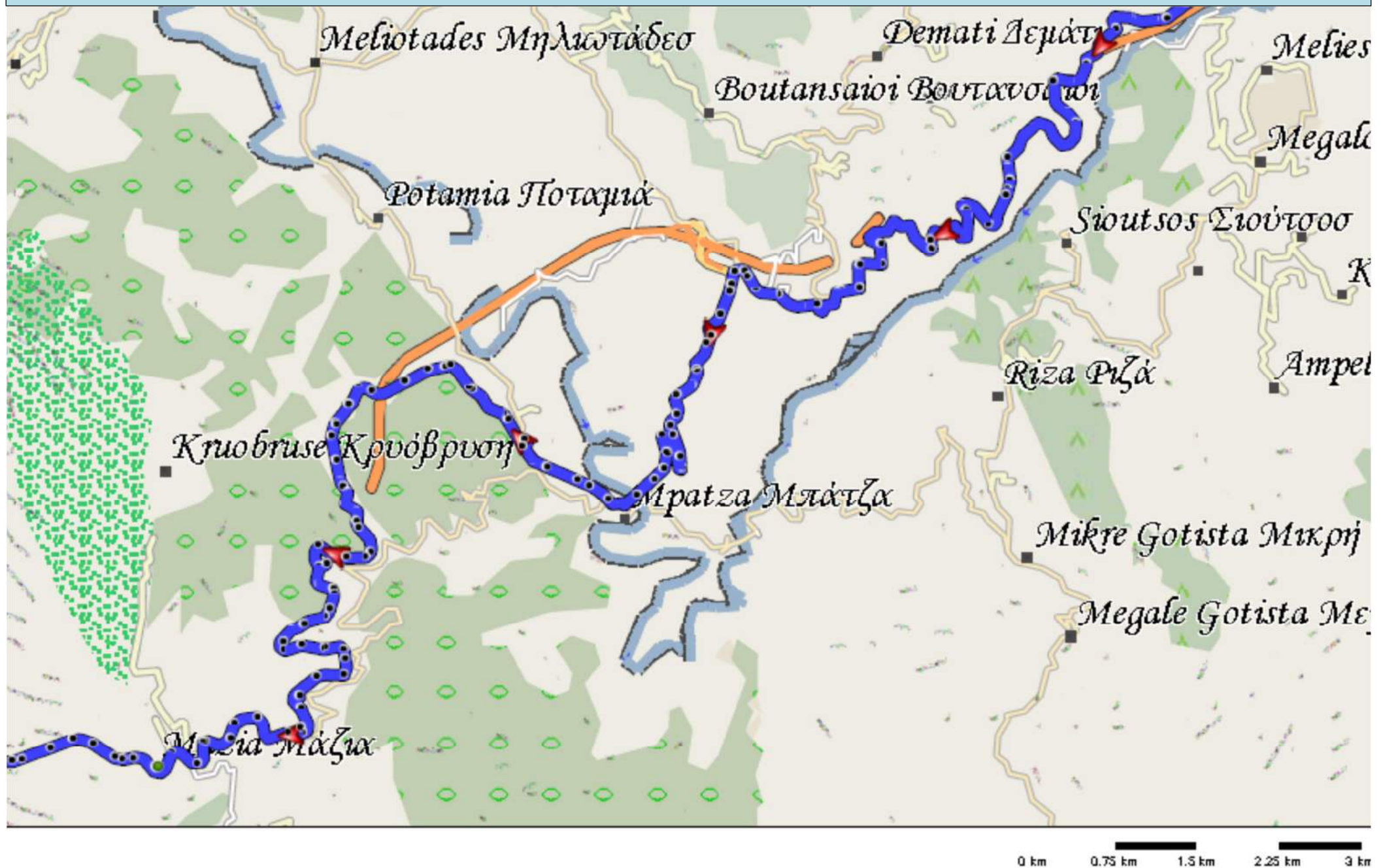
Routing: The route uses the old national road, which is hardly used by traffic since the construction of the Egnatia motorway.



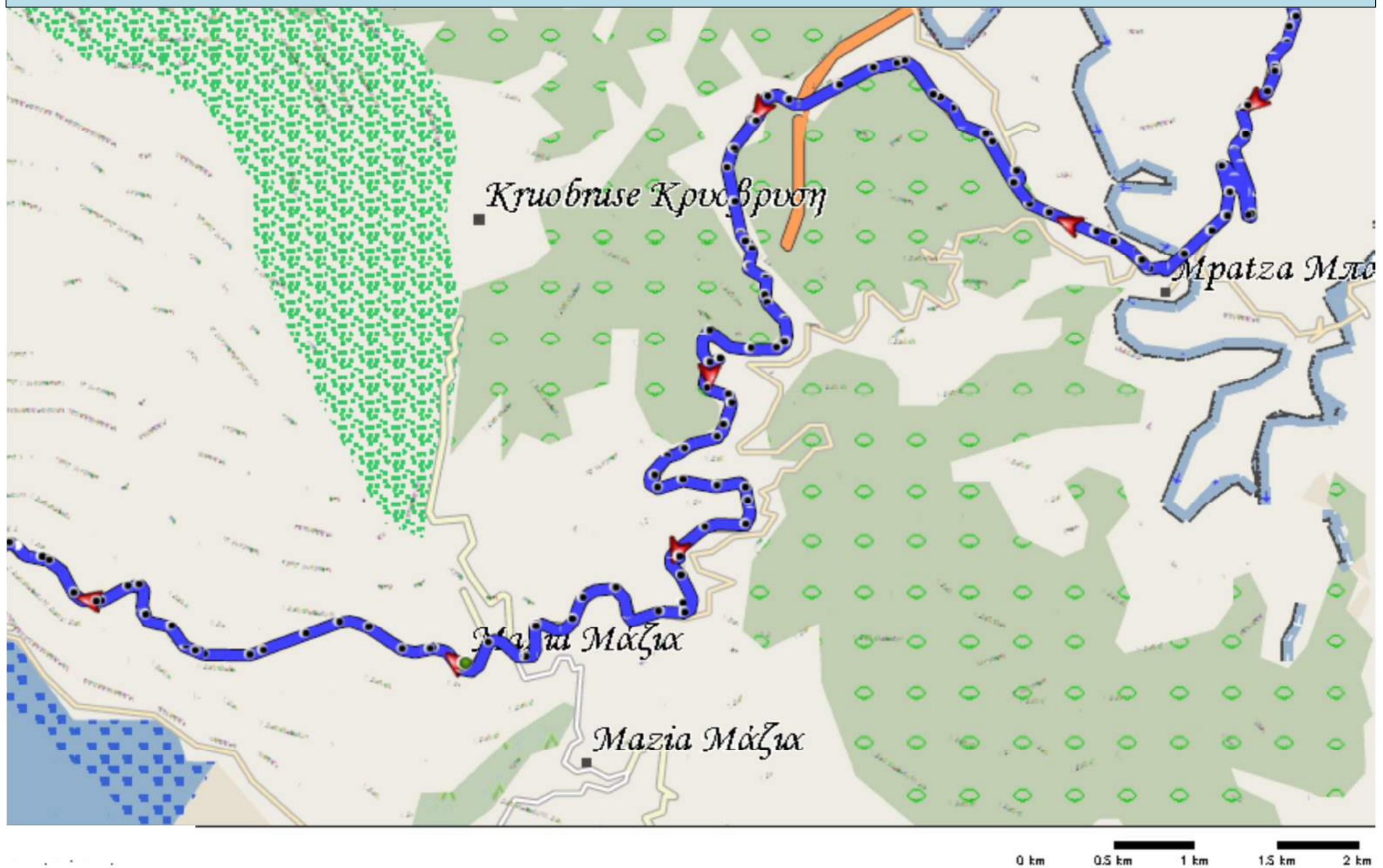
R 56 - Panorama Route Metsovo-Ioannina



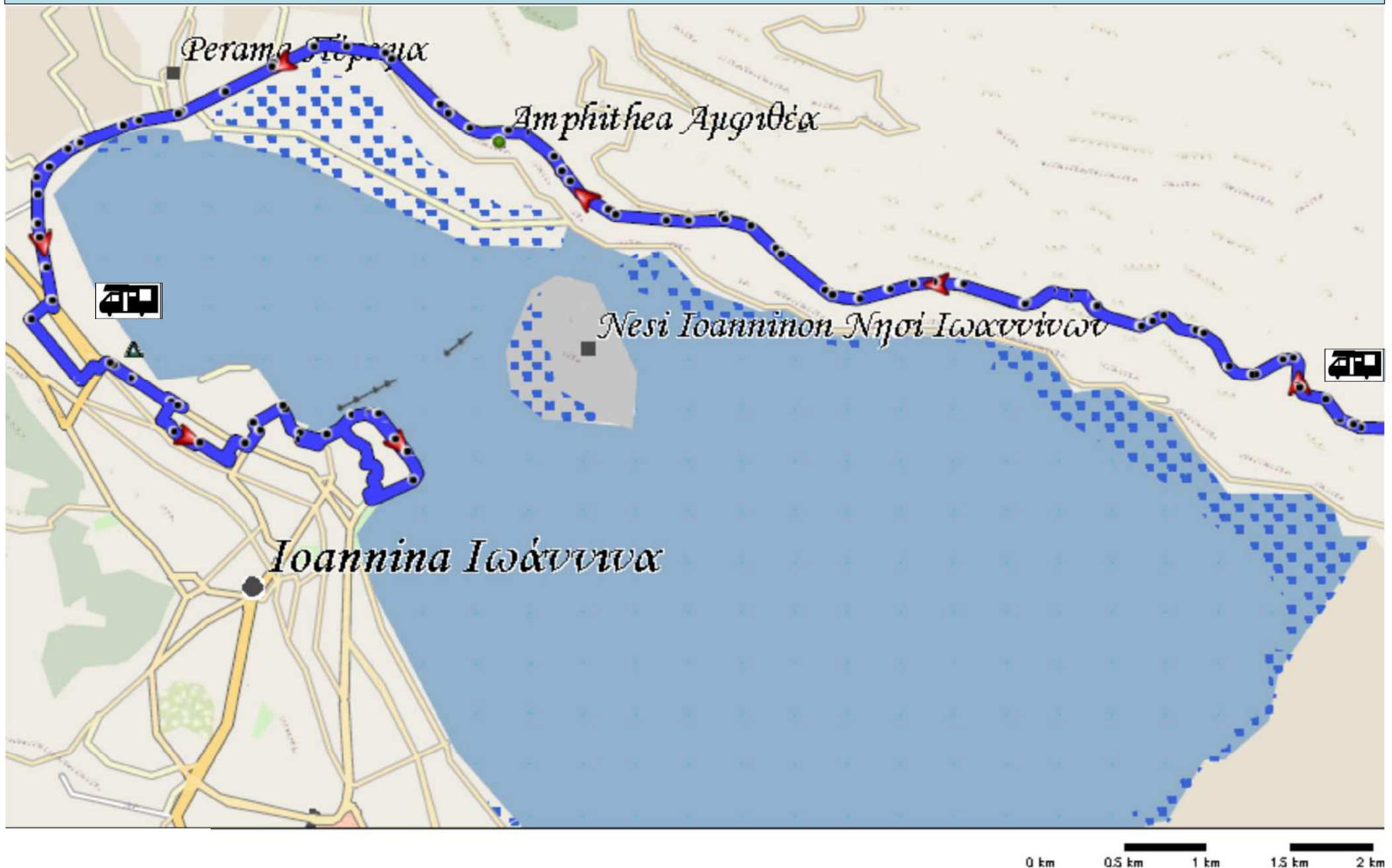
R 56 - Panorama Route Metsovo-Ioannina



R 56 - Panorama Route Metsovo-Ioannina



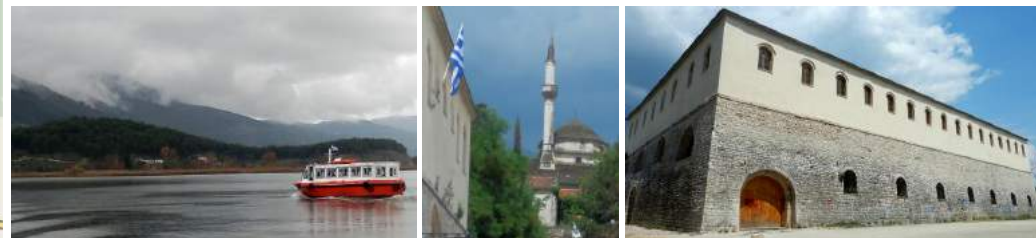
R 56 - Panorama Route Metsovo-Ioannina



R 60 - Ioannina – Pamvotida and Kastritsa



To discover Ioannina, the young and vibrant capital of Epirus region, it already requires a longer stay. But by using a bike to make a ride around the lake, you already can create a very varied program. This especially when you shorten the circumnavigation by boat and visit the Ioannina Island and thus also spared the journey through the Northern city.



Direct wayside impress not only the beautiful and unique flora and fauna, the Perama Cave and Byzantine monasteries. As many as seven monasteries are located on the approximately 1.5 km² island, mostly originate from the 14th century. The murals are impressive.



The Kastro, the oldest walled area of Ioannina, is exemplary with its many religious buildings for a peaceful coexistence of cultures. Here to Find Muslim monuments, mosques and the old synagogue and the house of Pasha Kalou as peaceful neighbors.



The atmospheric center of the Ioannina is Lake Pamvotis and the area round the Kastro and the promenade. The promenade is going on all day about life. Strolling and cycling, jogging and relaxing, and in the evening dreaming while enjoying the beautiful sunrise at the lake. By the way: you will also find fantastic restaurants with direct and nice view on the lake – even in the mountains!

R 60 - Lake Pamvotida Circle Ioannina - Overview



Character of the route

Length: 29,6 km - **Level:** easy
to climb: 212 m - **Downhill:** 212 m
Maximal High above sea level:: 581 m
Ground: 75 % asphalt



The circumnavigation of the Lake Pamvotis is very easy and can be done in both directions. If you drive from the Old town of Ioannina clockwise then you initially use the busy but wide main arterial road towards Konitsa. Shortly behind the entrance to the camp take the next road to Perama and Metsovo.. So far, particular caution is required. In Perama the route leads directly to the lake. Until Logades at the southern site of the Lake the route remains near the shore.



Routing: small roads and field paths. In the city-area also main roads – take the possibility to cross the lake by ferry and boat via the Island!

Sights along the way:

- Isle of Ioannina with Byzantine Monasteries
- Neolithic Acropolis Tekmon
- The Perama Cave and the Durachanis Monastery
- Kastritsa monastery and the cave Kastritsa
- Archaeological and Byzantine Museum
- Municipal Museum and Ethnographic Museum STM
- The Kastro with mosques, synagogues and museums

South of the lake the route uses small and unpaved roads followed the alluvial deposits of mountain rivers. The cycling feels a bit bumpy, but the paths are firm and easy to navigate. In Kastrisa it is possible to extend the circumnavigation of the lake. The route leads from here to the western shore of the lake and soon one arrives at an exemplary developed and marked cycle route.

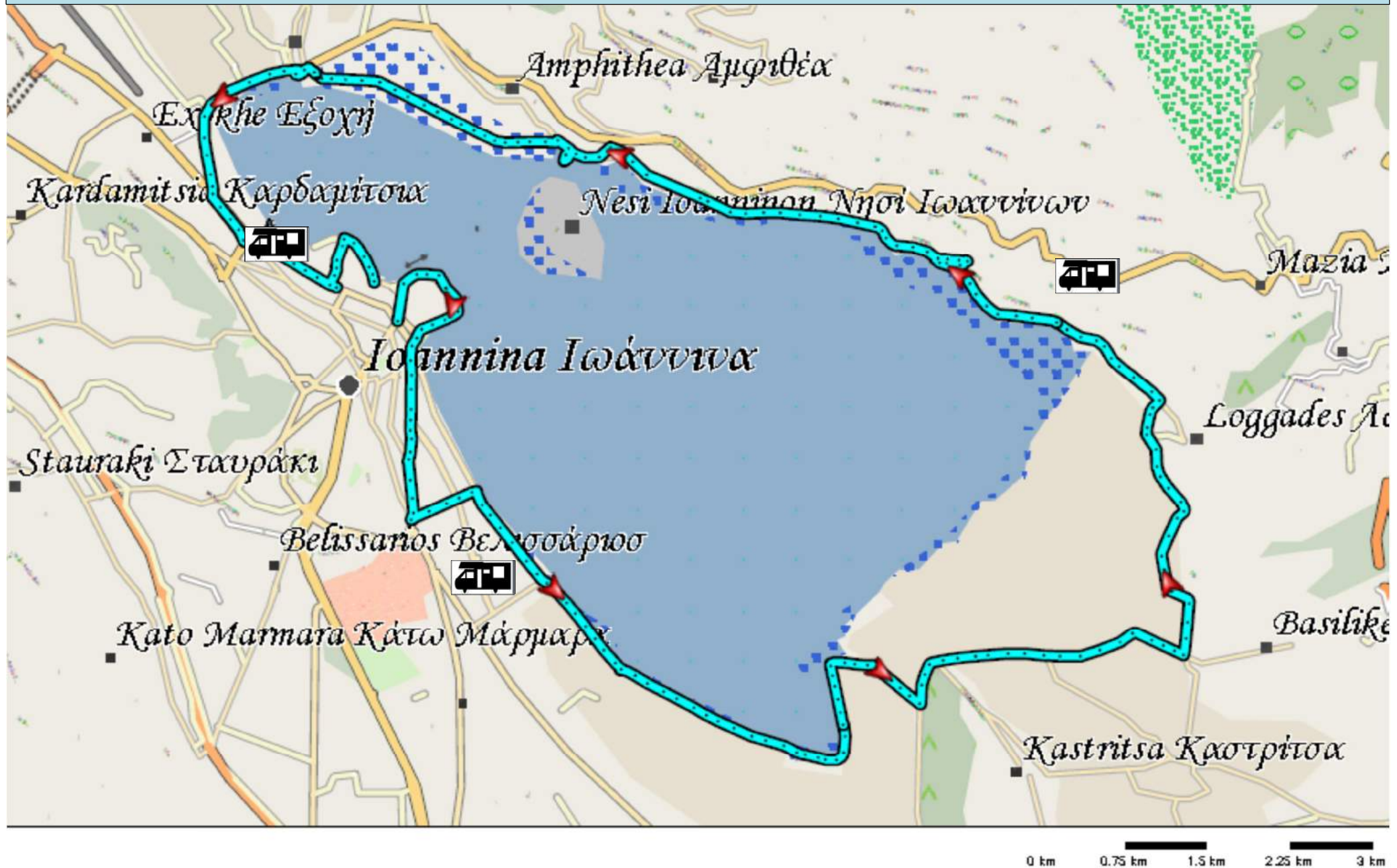


The trail takes you on a broad access road that runs parallel to the main point of entry to Ioannina. So it is only little busy. This road leads directly back to the lake promenade at the old Kastro. Who don't want to drive around the northern city area, can use the ferry from the Old Town to the island. From the island another ferry then goes to Amphitea.



- Museum of time period before the revolution
- The modern shopping center
- ... and much more.

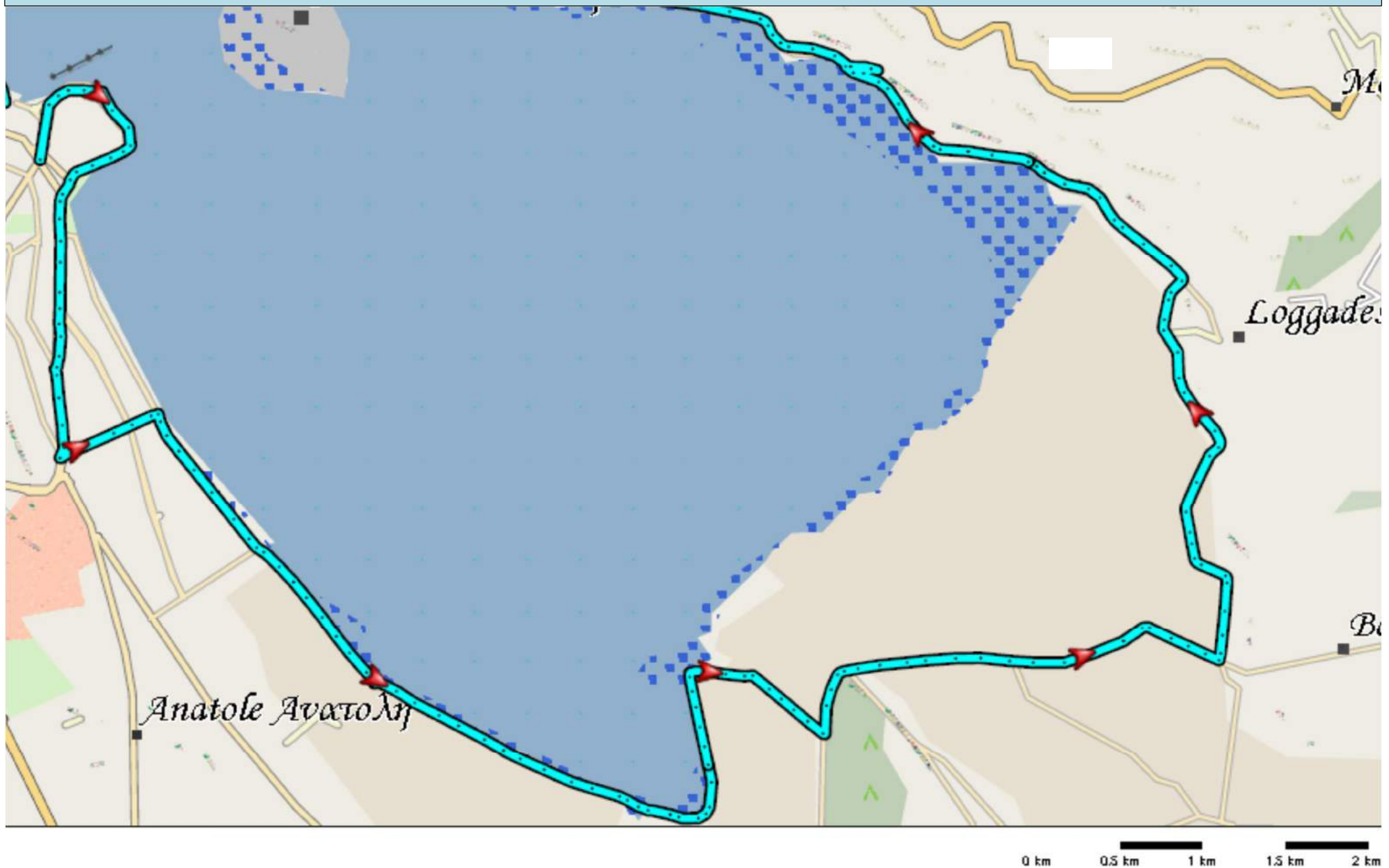
R 60 – Lake Pamvotida Circle Ioannina - Overview



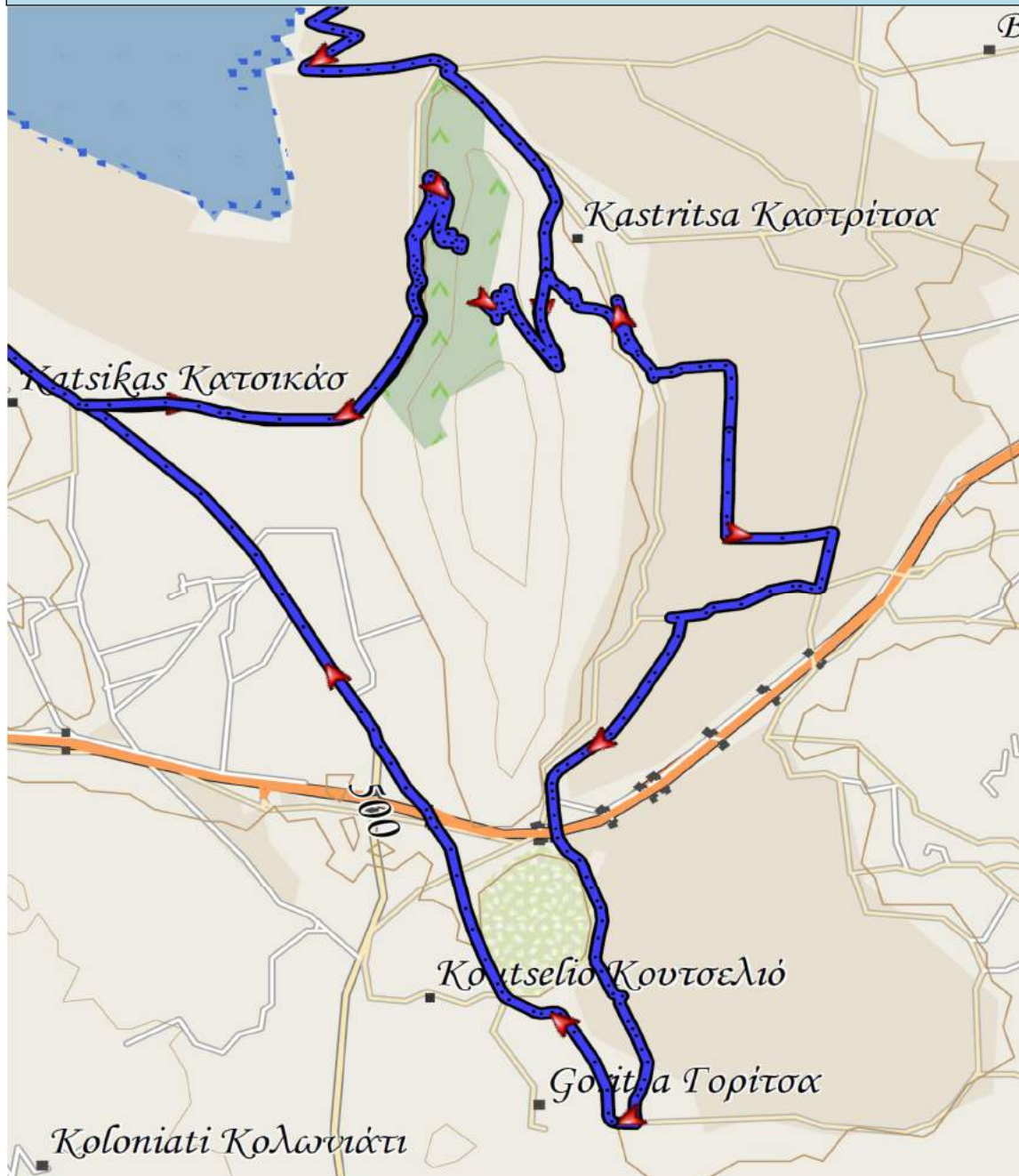
R 60 - Lake Pamvotida Circle Ioannina



R 60 - Lake Pamvotida Circle Ioannina



R 61 - Kastritsa Circle



This short round tour is suitable as a supplement to the circumnavigation of the lake. It surrounds a striking hilltop on which the Neolithic Acropolis Tekmon is situated.

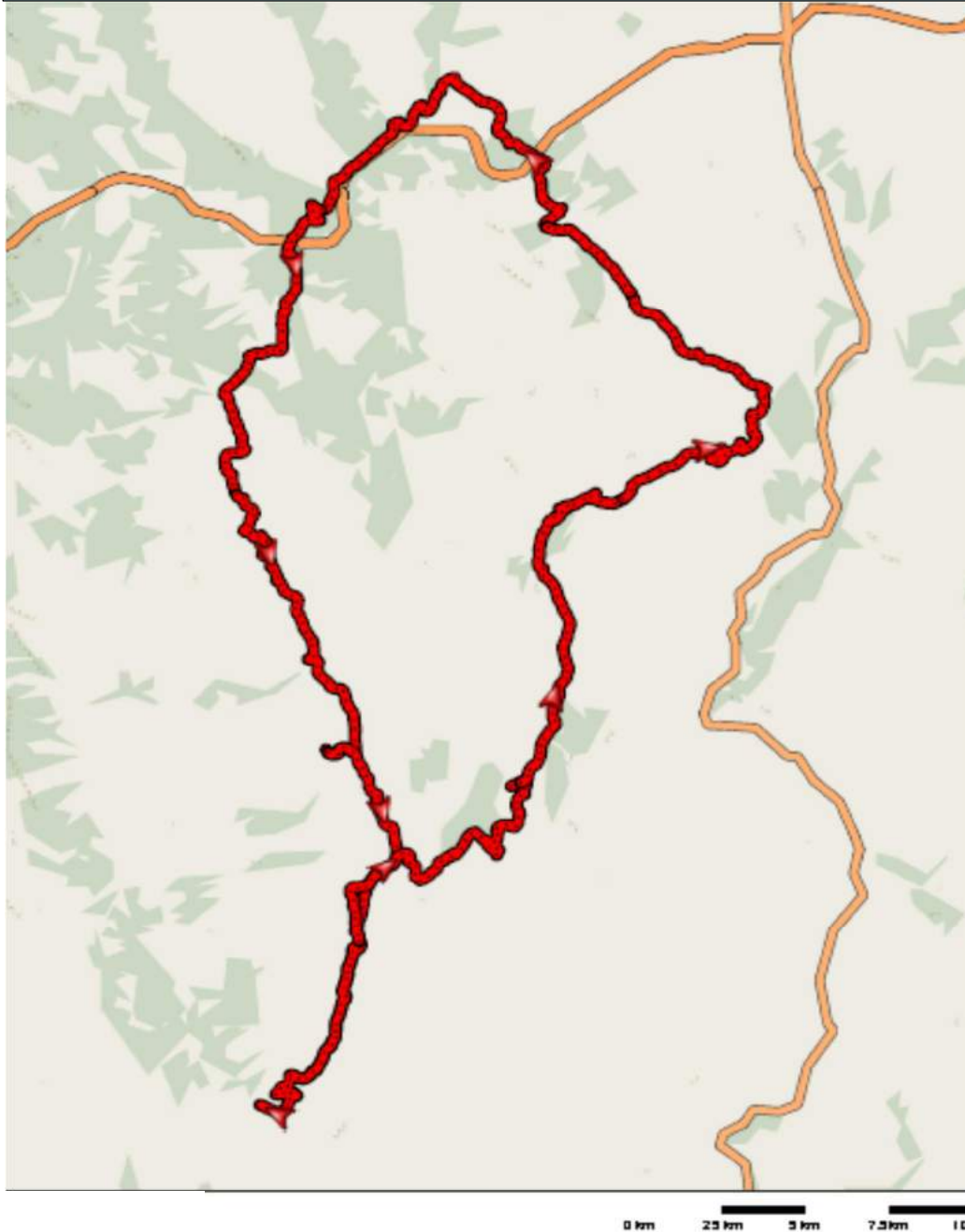


The challenging climb is via a 2 km long and unfortified gravel road. The view of the Acropolis obtained only in reliefs a very good reward for the effort



On the west side of the hilltop is the remarkable Kastritsa monastery of Saint Ioannis Prodromos, which can be reached by the circumnavigation of the hill via Koutselio.

R 70 - Acheron Circle - Overview



The Acheron bike path opens up the most beautiful and important sights of Dodoni. Already at the starting point is one of the most important archaeological sites of Greece: the oracle of Dodona along with the relics of several temples and the once 18,000 visitors comprehensive and well-preserved theater.



You drive past Ottoman stone bridges. Then you get to the spring of the river Acheron on the eastern slope of the Soulimountains. The Acheron applicable in Greek Mythology as one of the five rivers that lead to the underworld. The aged boatman Charon brought the dead to the



kingdom of Hades. High above the valley of the Acheron the route then leads to the entrance to this underworld where the Acheron seemingly in the mountain disappears. This place is named "Gates of Hades"

R 70 - Acheron Circle - Information



With 118 km length and steep ascent of Aheron trail is suitable as a day trip only for well-trained cyclists. For less ambitious cyclists a stopover is recommended. The route is via small, but also wide-built roads with very little traffic. At very high distances between locations, the transportation of water resources is even more important.



During this route moderate and strenuous climbs alternate with some fast descents. A longer easy level to go does not exist. Many sections of the roadway surface were renewed in 2016, but caution is still necessary on the slopes. There are always new road damages, which can lead to an accident.

Tipp: Roadside often are brown signs to small churches. These churches are often very scenic location but still only accessible by additional altitude.

Character of the route

Length: 118 km	-	Level: ambitious
to climb: 2.634 m	-	Downhill: 2.634 m
Maximal High above sea level:: 892 m		
Ground: 95 % Asphalt		



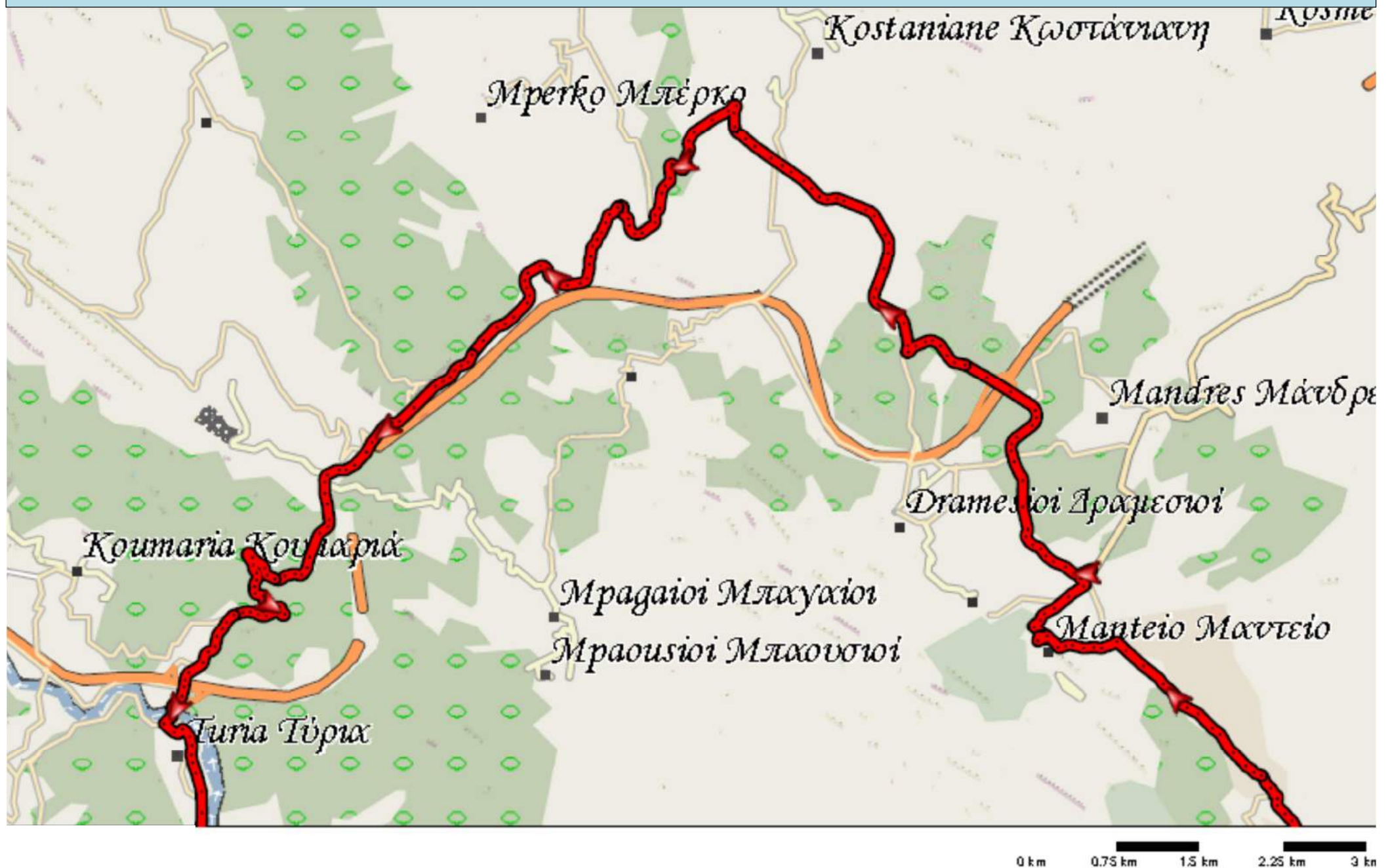
Routing: small and wider roads with little traffic.



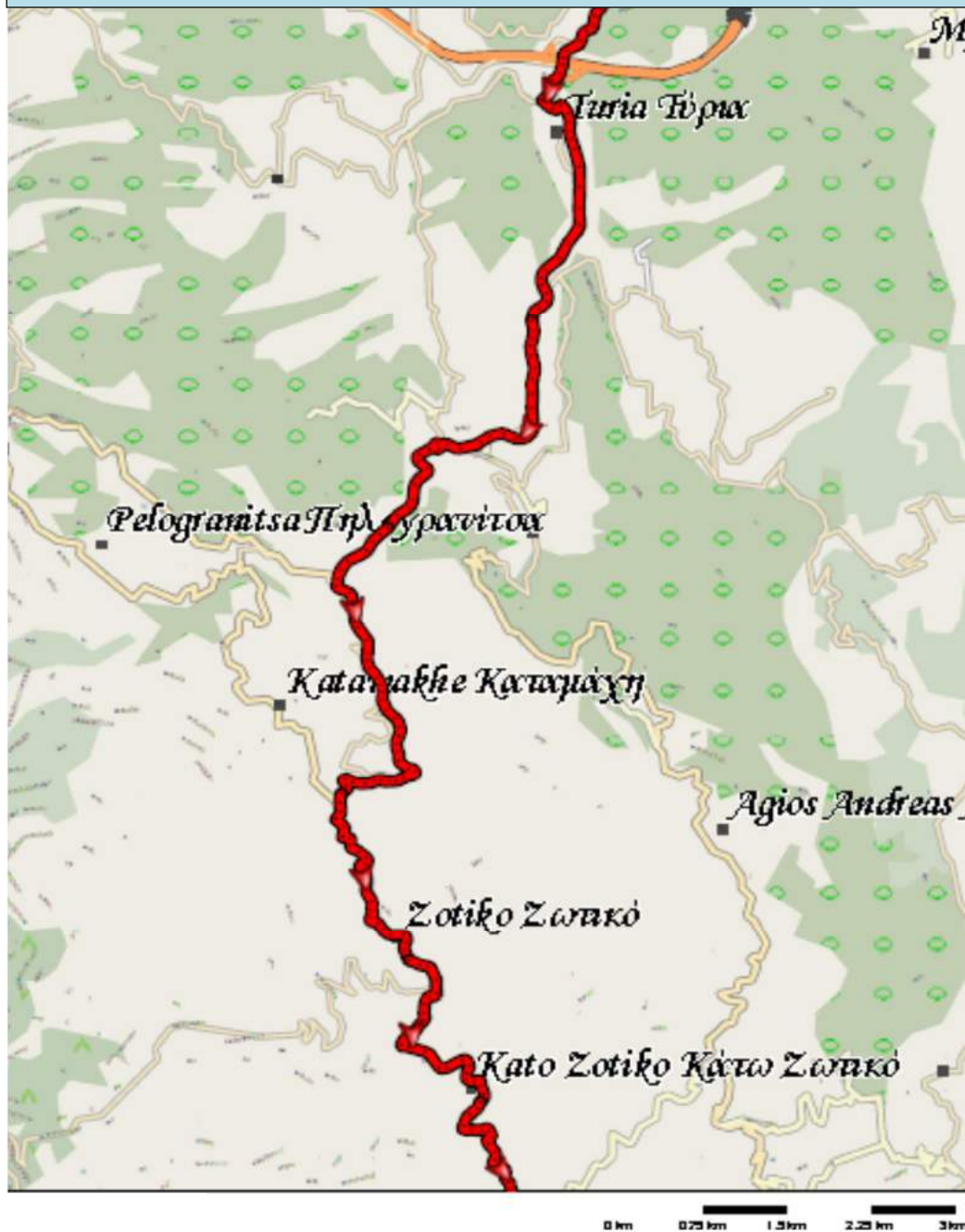
Taverns: there are only a few taverns on the way and you should take water and a snack in your cycle bag.



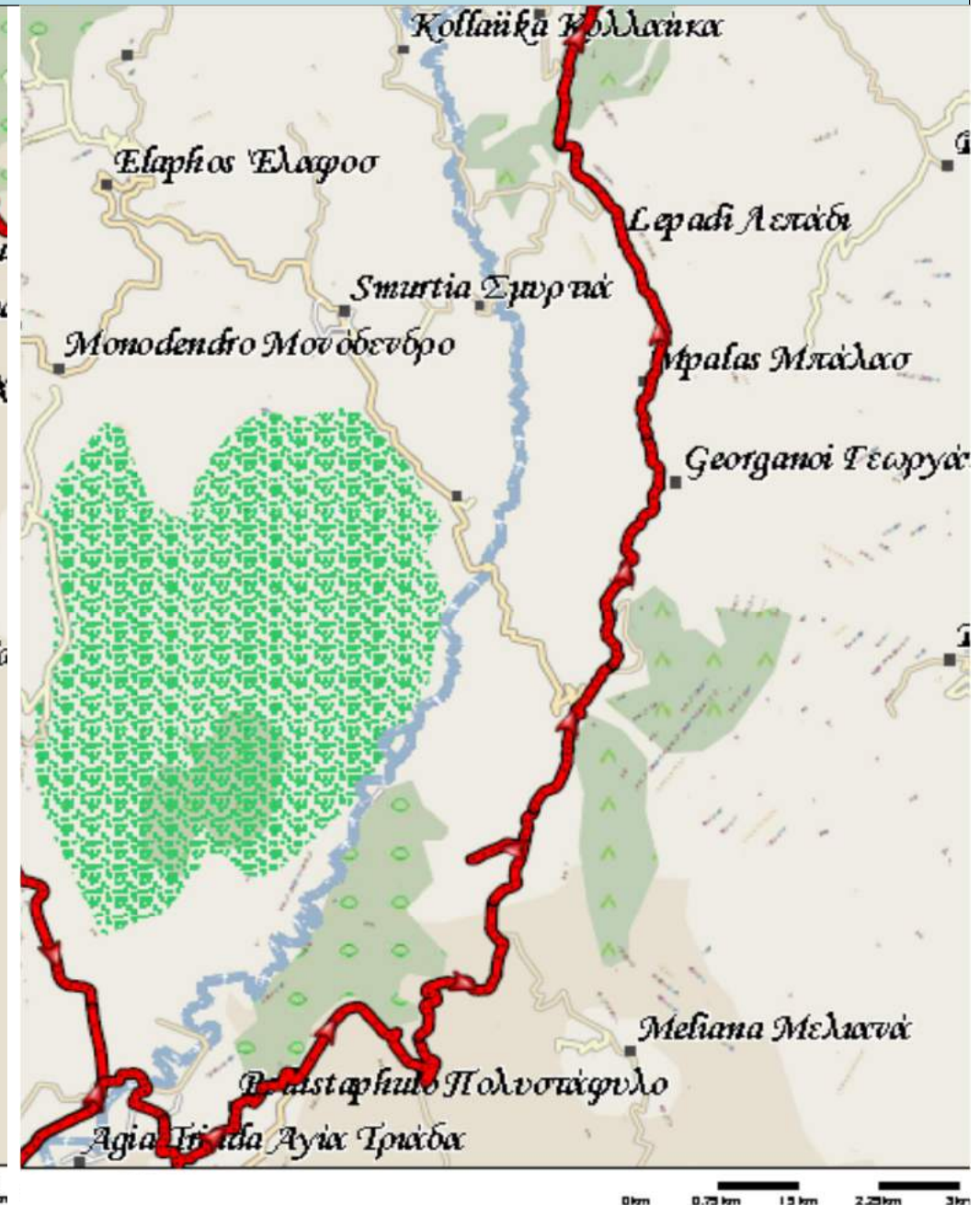
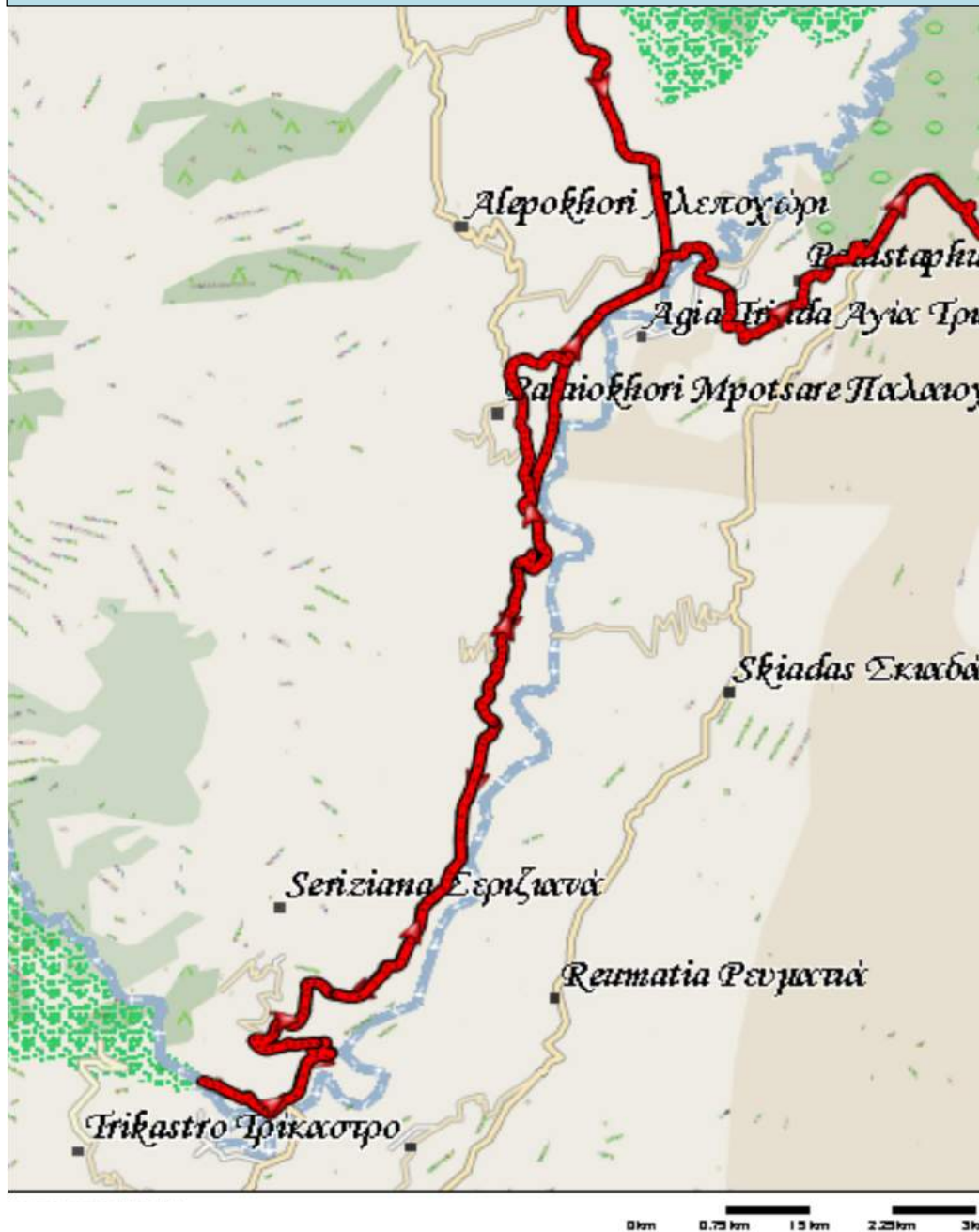
R 70 - Acheron Circle



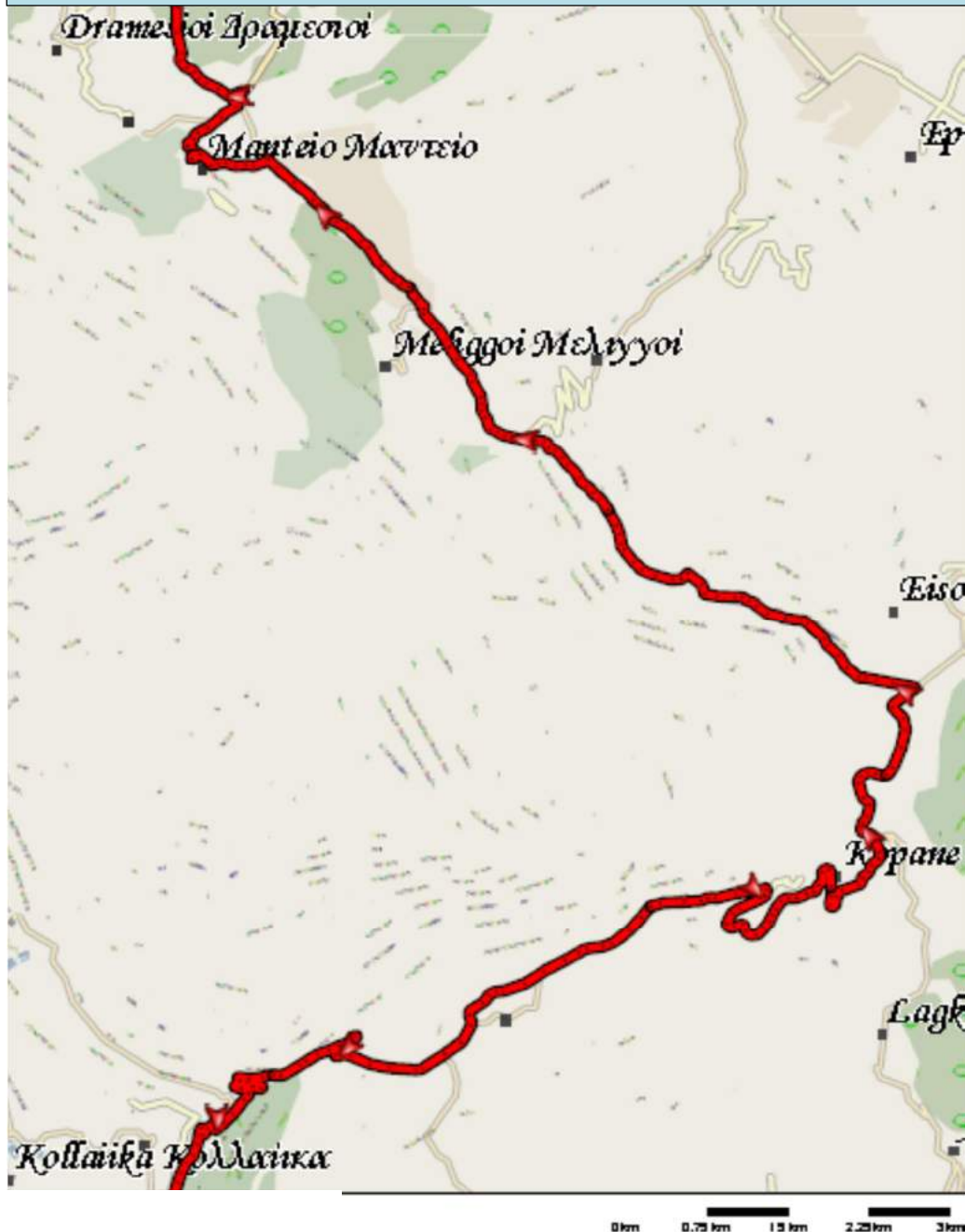
R 70 - Acheron Circle



R 70 - Acheron Circle



R 70 - Acheron Circle



The Acheron trail is also adjacent to the spectacular destinations rich in natural and cultural attractions. Lonely located Byzantine churches, ancient monasteries and a unique flora and fauna make the route so charming.

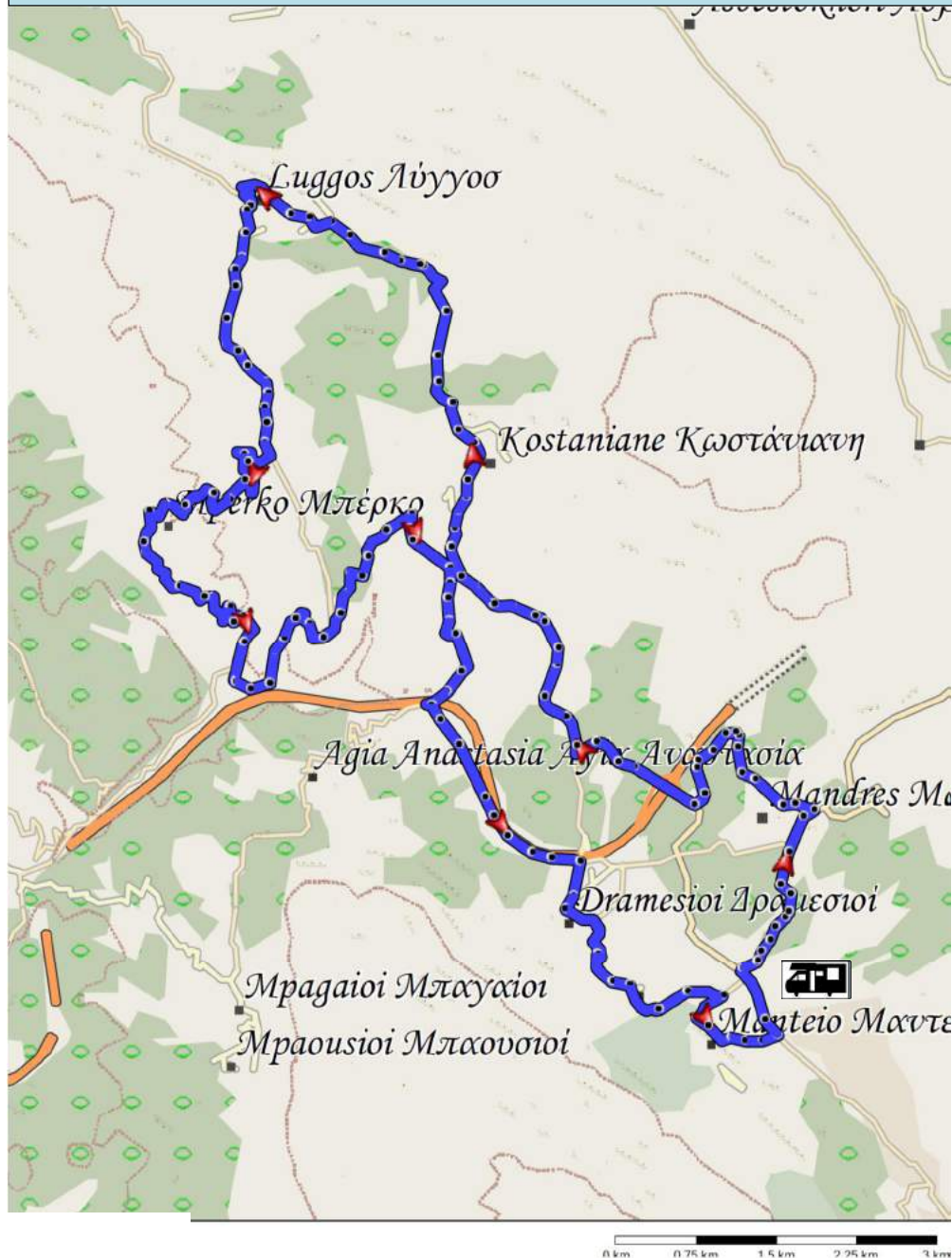


With a little bit of luck one can see vultures and golden eagles, otters which enjoy the clear water of the Acheron or turtles which cross the road. At every step, there are the typical and in



the Greek cuisine well known wild herbs. In seasonal changes a lush flowers decorated the wayside. Here also orchids feel comfortable. On the final amateur geologists can look forward to stunning rock outcrops. The Acheron Circle is really full of surprises.

R 71 - Theater Circle Dodoni - Overview



Dodoni was once religious and cultural center of Epirus. The well-preserved theater with a capacity of 18,000 visitors is one of the greatest ancient Greek theaters. The oracle located next to the theater is even older than that of Delphi and was probably the most important oracle of the Greeks. At the archaeological site are also the relics of some temples.

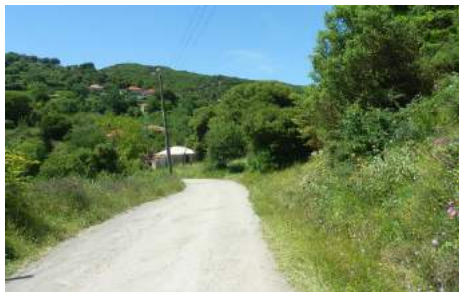


The tour leads through green landscapes to mountain villages. A special cultural treasure along the way is the small church before Kostaniane, dedicated to the Holy Archis.

R 71 - Theater Circle Dodoni - Information



The theater of Dodoni is a very suitable place to start a bike ride. Three bicycle-friendly establishments and a camper parking make this route interesting for overnight guests as well as for day-trippers. Dodoni is easily accessible via the motorway from all regions of Epirus.



The route leads first through the widely diversified access road to the highway, before it then goes right on small mountain roads and partly on unpaved dirt roads. On the way back partially the old national road is used, which runs parallel to the Egnatia motorway. By expanding the highway is here very little traffic. There are some long strenuous but no difficult climbs that are rewarded with beautiful views. In the small mountain villages you find traditional small taverns to take a rest. They are mostly located in the center of the villages and ornamented with huge plane trees.

Charakter of the route:

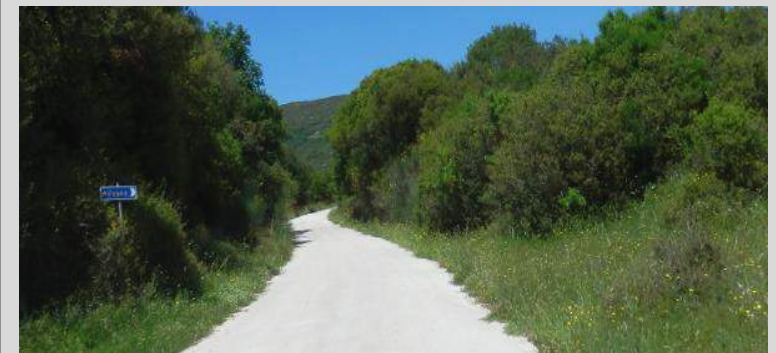
Length: 35,1 km

Level: moderate - ambitious

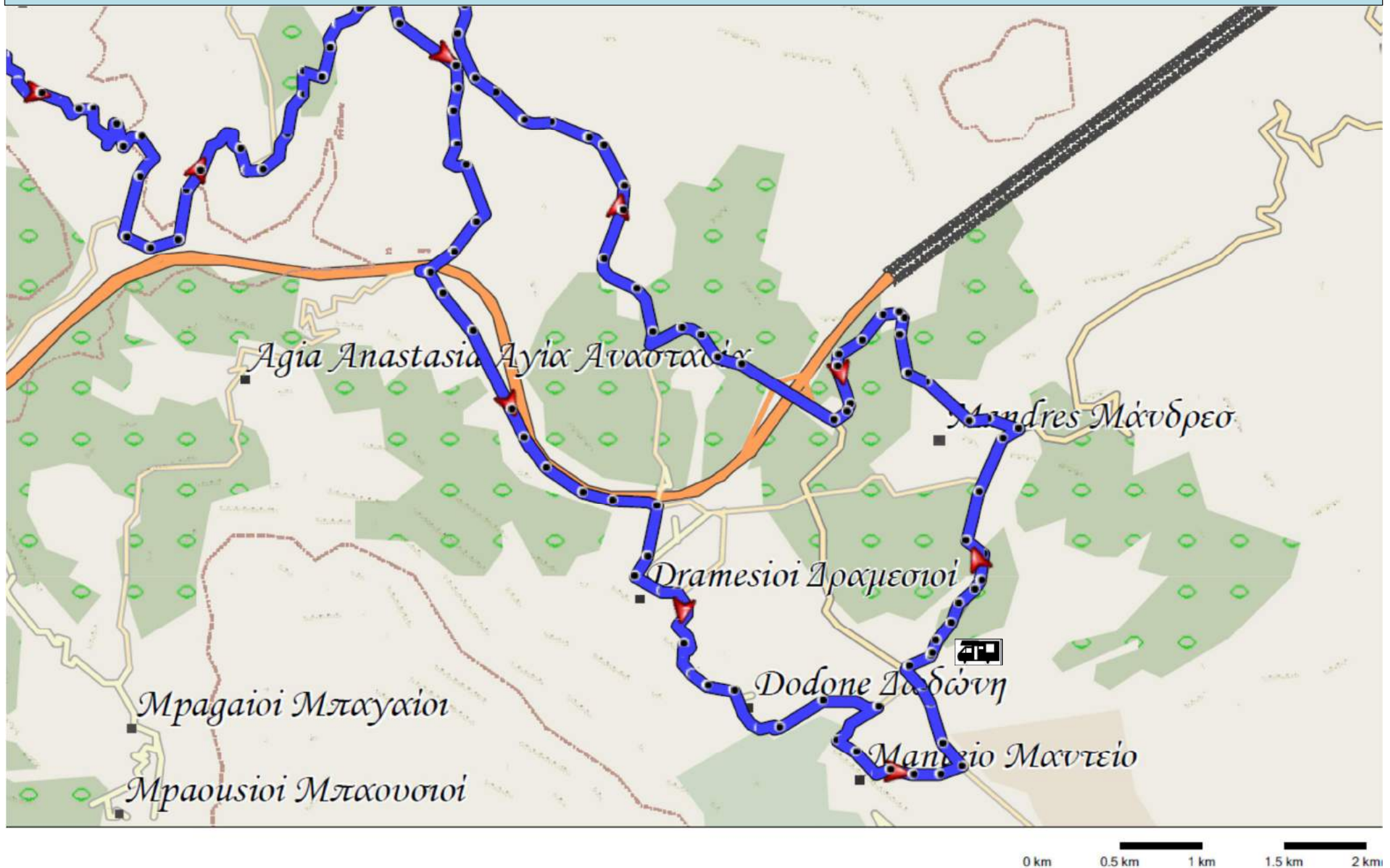
Ground: 90 % asphalt



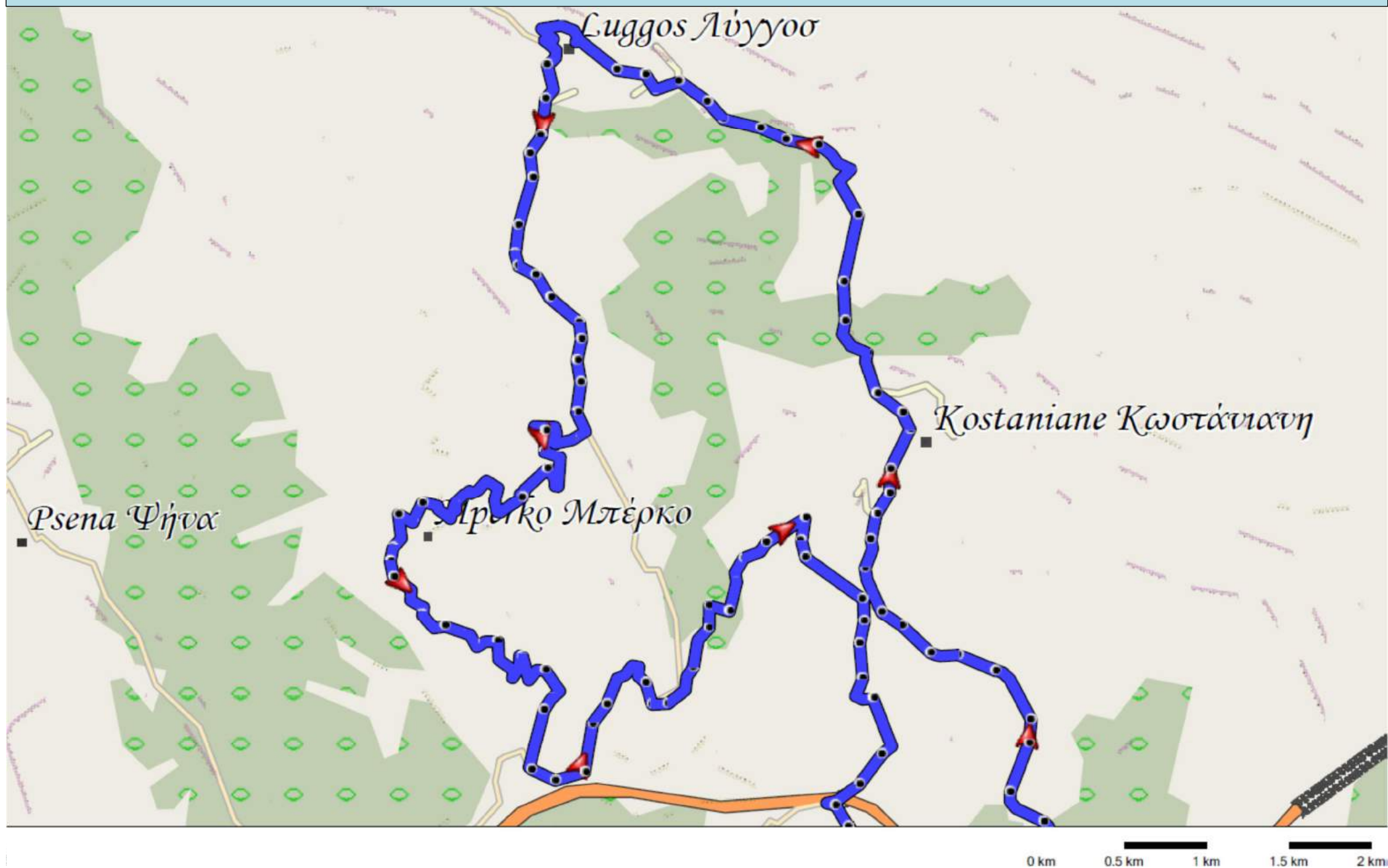
Routing: mostly small byroads, only for a few kilometer also main roads with littel traffic.



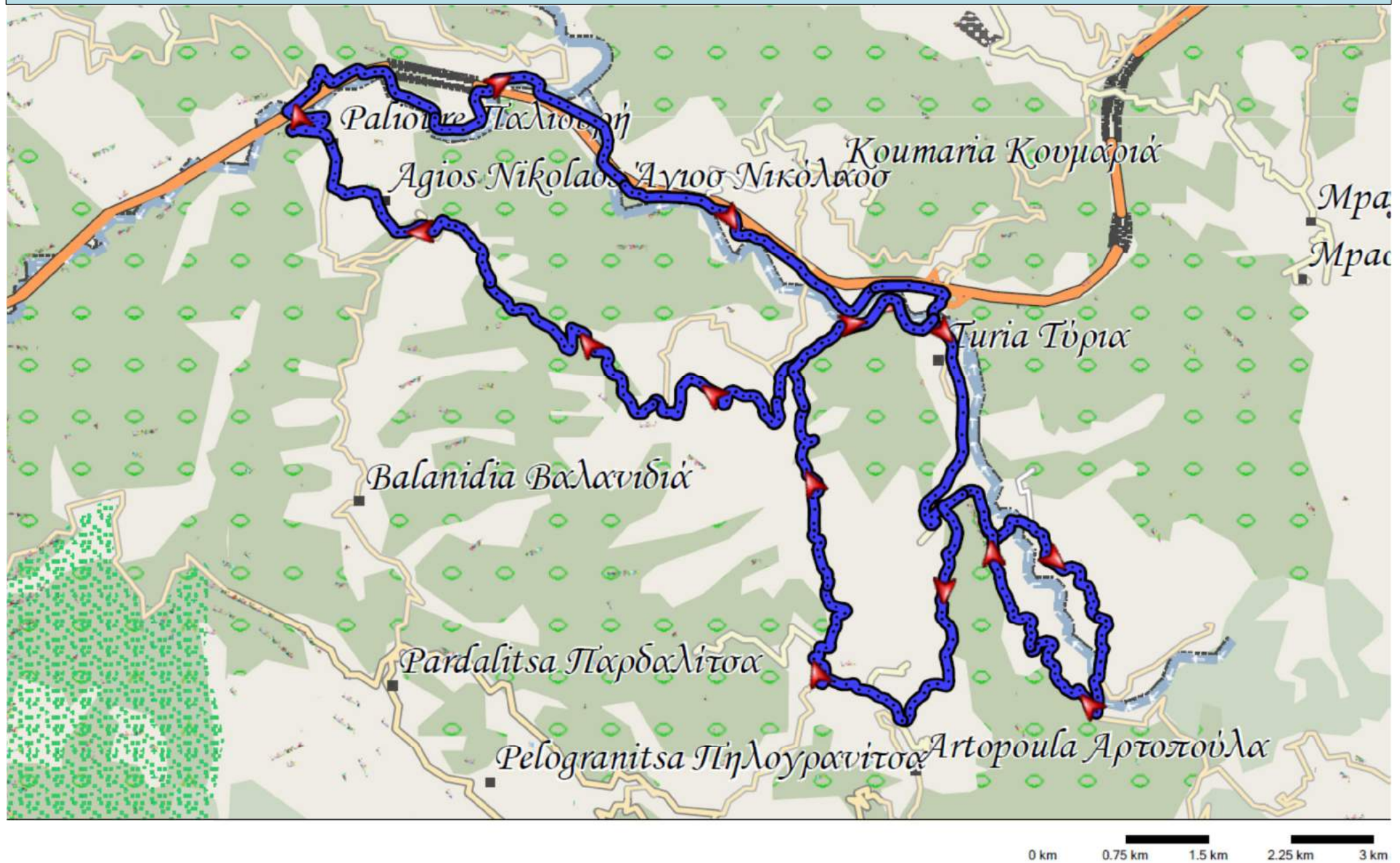
R 71 – Theater Circle Dodoni



R 71 – Theater Circle Dodoni



R 72 - Tiria Circle Dodoni - Overview



R 72 - Tiria Circle Dodoni - Information



Character of the route

Length: 37,6 km - **Level:** easy - moderate
to climb: 656 m - **Downhill:** 656 m
Maximal High above sea level: 553 m
Ground: 95 % asphalt



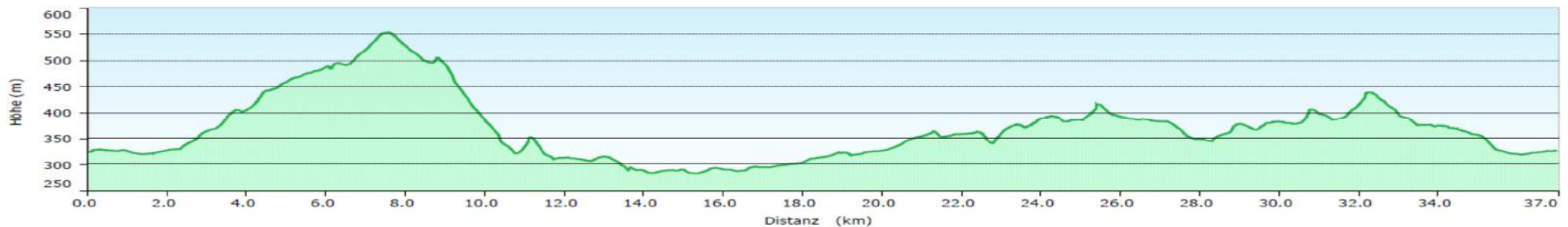
Routing: mostly very small roads in a sparsely populated region offside of through roads.



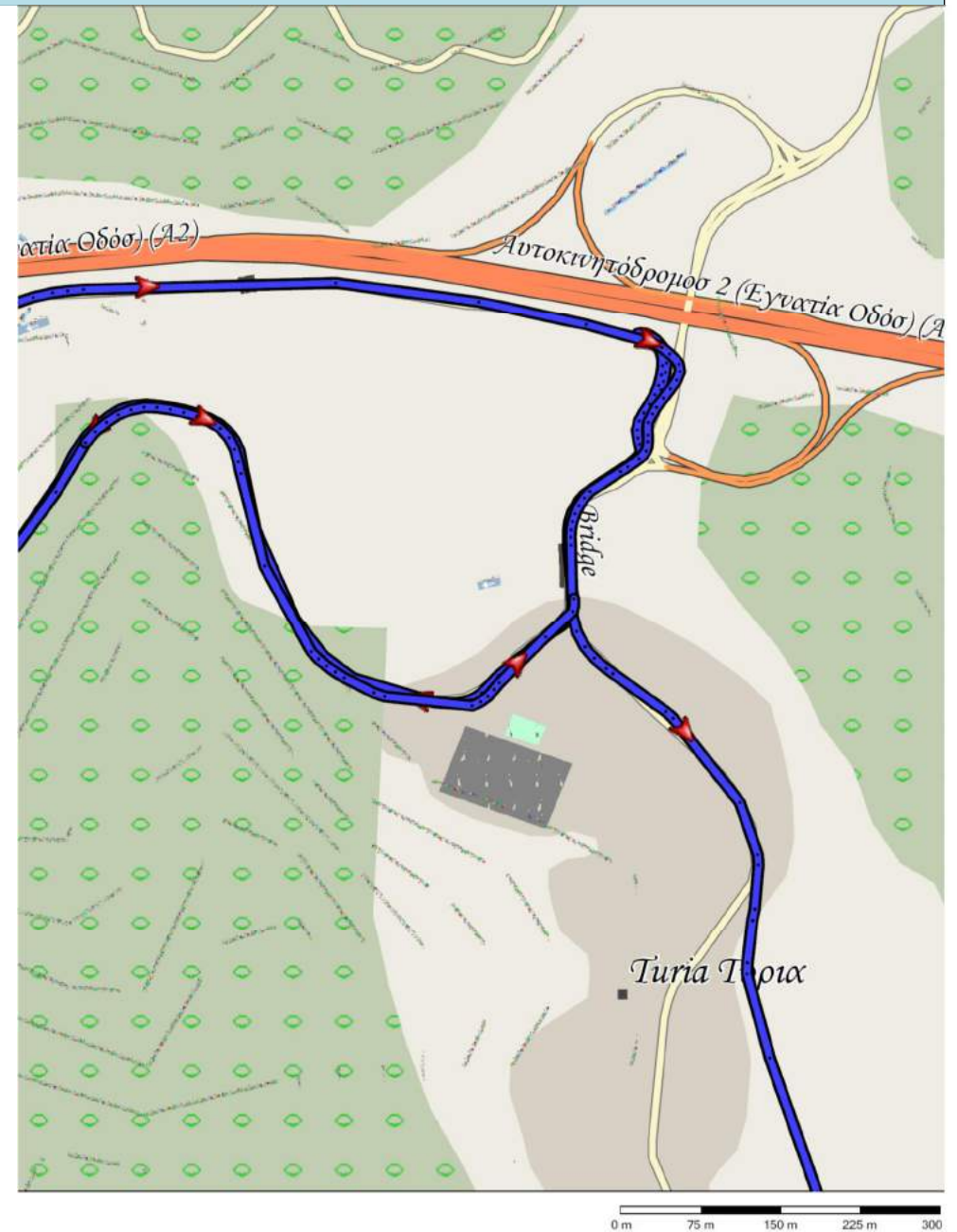
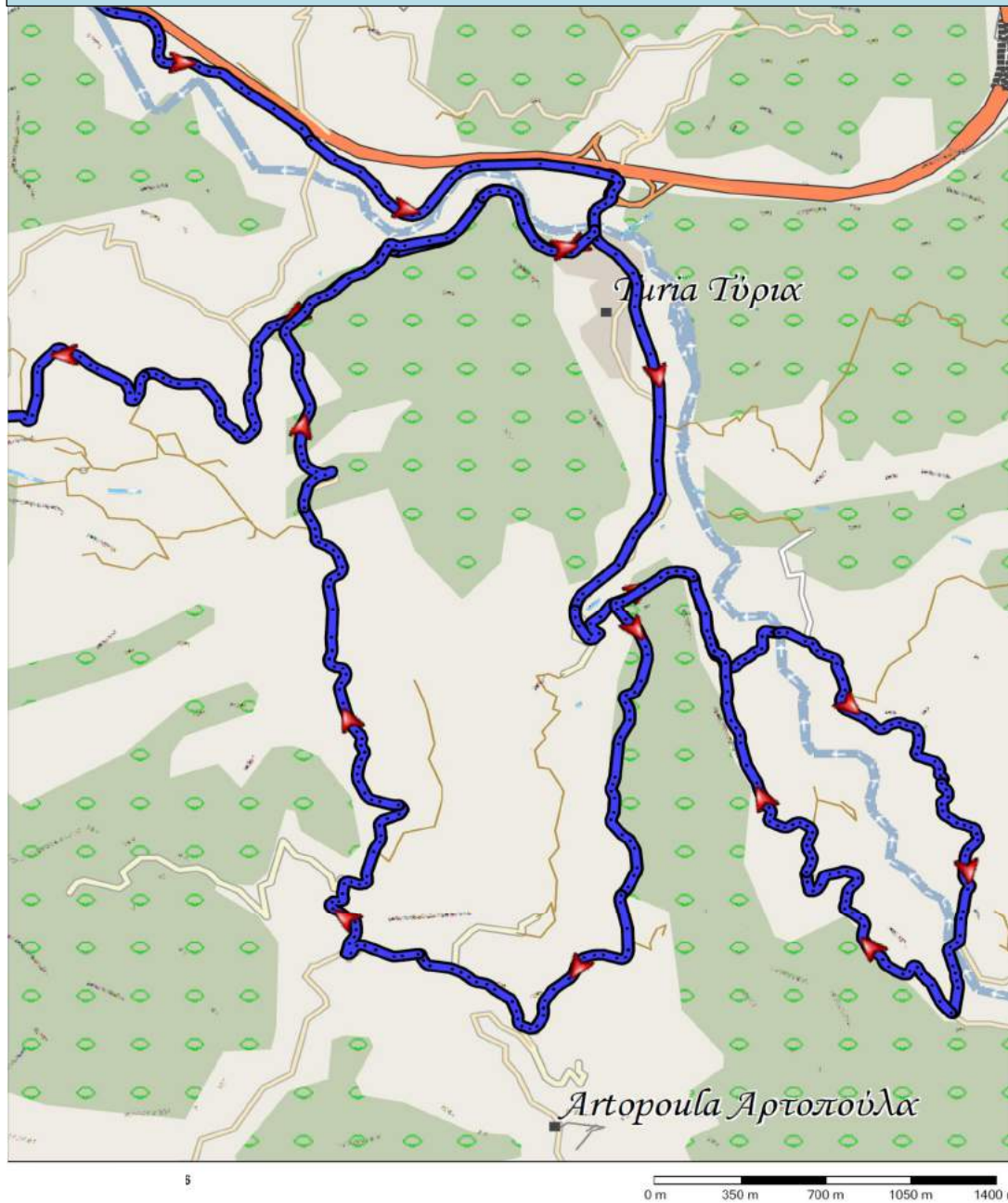
Starting from the Camper site in Tiria there are two bike tours, which can be used combined perfectly - or just single. So you can choose your individual round, depending on your time, your mood and the weather. The route uses mostly small roads, which leads through nearly uninhabited areas. The two eastern circular routes only run through green landscapes with beautiful views of nature. Gastronomic Refreshments does not exist here. Other road users hardly applies here.



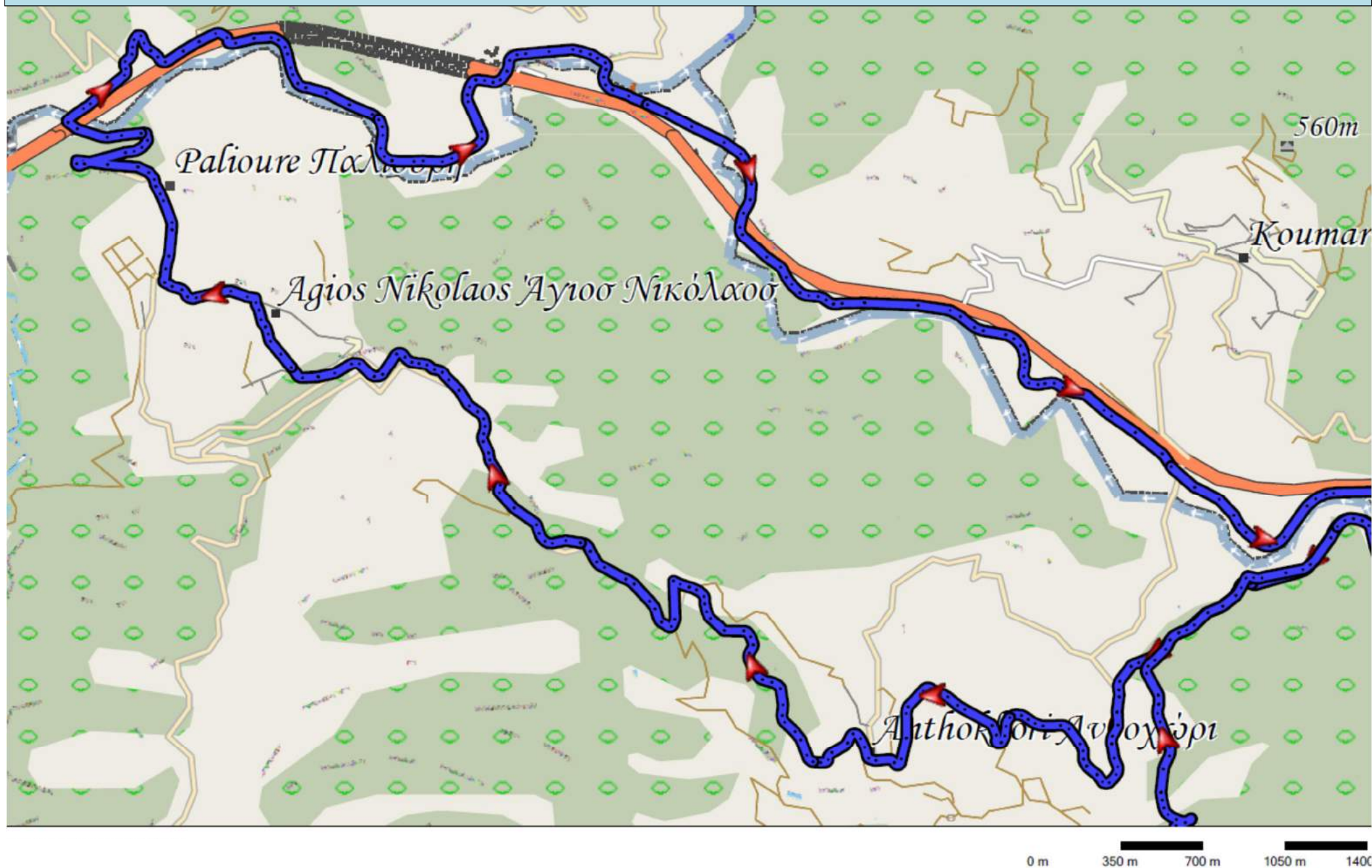
Slightly more demanding is the western circuit. He succeeds at times wider maintained roads, but there is also very little traffic. The slopes on the western circle are a little stronger, but it will be here rewarded with small cultural highlights such as the stone bridge of Tiria. The landscape set the tone on the West course too. There are no villages you have to pass, and therefore there are no taverns along the way. Drinking water so as a snack for on the road has to be in your bicycle bag. Back in Tiria one may look forward to a wide gastronomic offer then.



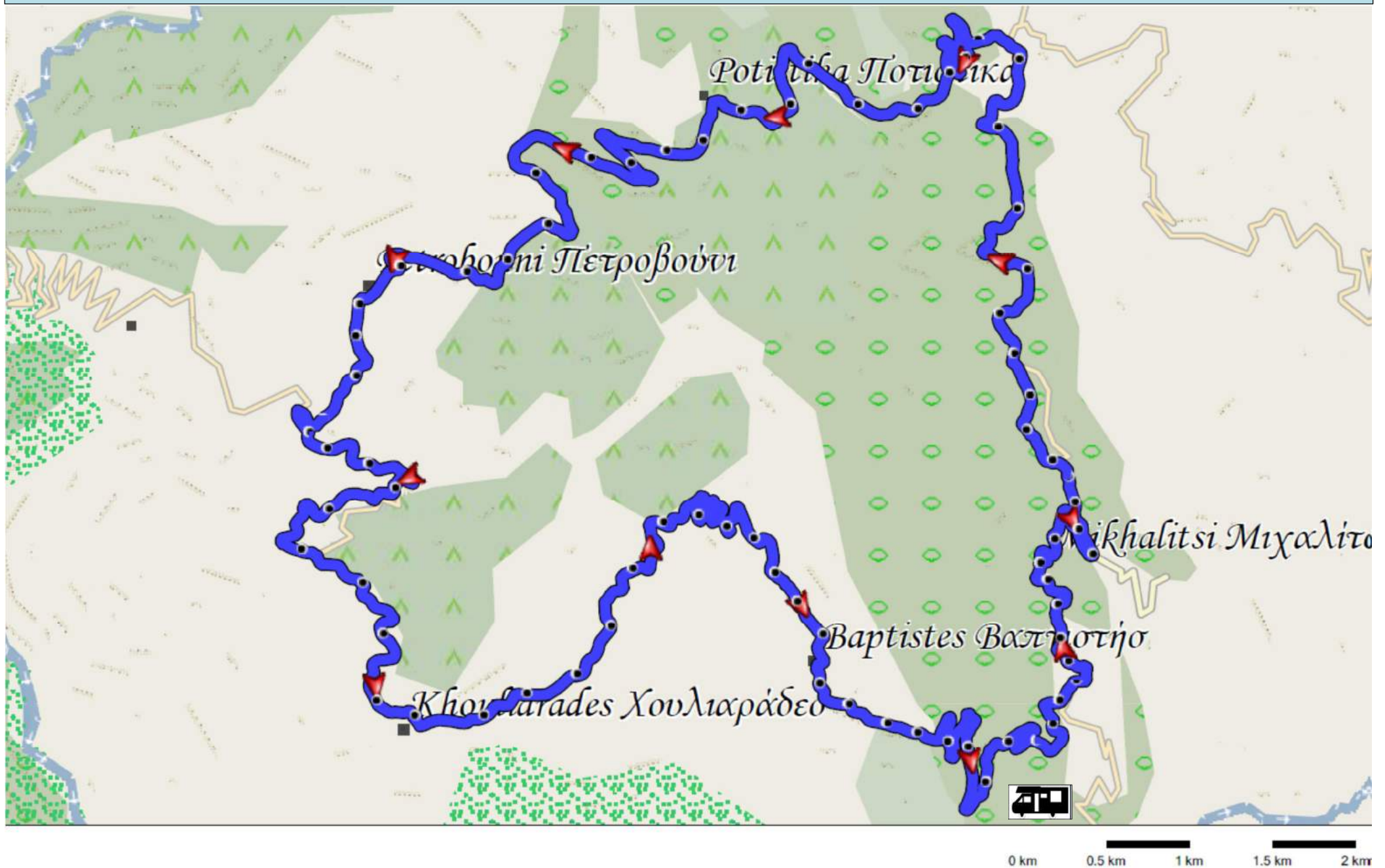
R 72 - Tiria Circle Dodoni



R 72 - Tiria Circle Dodoni



R 80 - Panorama Circle Petrovouni - Overview



R 80 - Panorama Circle Petrovouni - Information



The Panorama Route is the circumnavigation of a wooded hilltop at an altitude between 670 and 1,100 meters above sea level. Starting point and destination of this circular route is the small mountain village Michalitsi. From here, the route winds through paved roads with some moderate climbs and descents through the mountain villages Oraikastro, Potiistika, Petrovouni, Chouliarades and Vaptistis.



To get to the starting point you can use a private transfer service from Plaka Bridge via Agnanta and Ktistadis. From Pramanta you can also go by bike to Michalitsi. Initially, it is downhill through Ktistadis into the valley of the river Kalaritikos. From the Camper site which is on the banks of the river, the distance to Michalitsi is 3,4 km - continuously uphill from 400 m to 670 m.

Restaurant / Taverns: There are two taverns where you can also eat at the square of Michalitsi. One of the taverns also features guest beds. In the past on the Route mountain villages Petrovouni, Choliaredes and Vaptistis are in the main squares also refreshment.

Charakter of the route: Length: 33,5 km - Level: Moderate

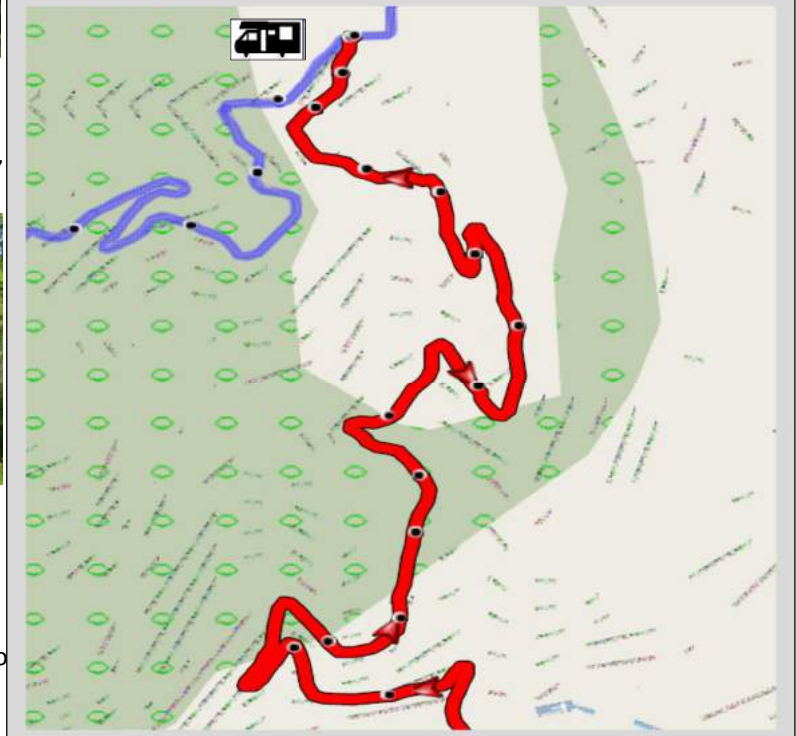
Maximal High above sea level: 1.105 m

Ground: 100 % asphalt

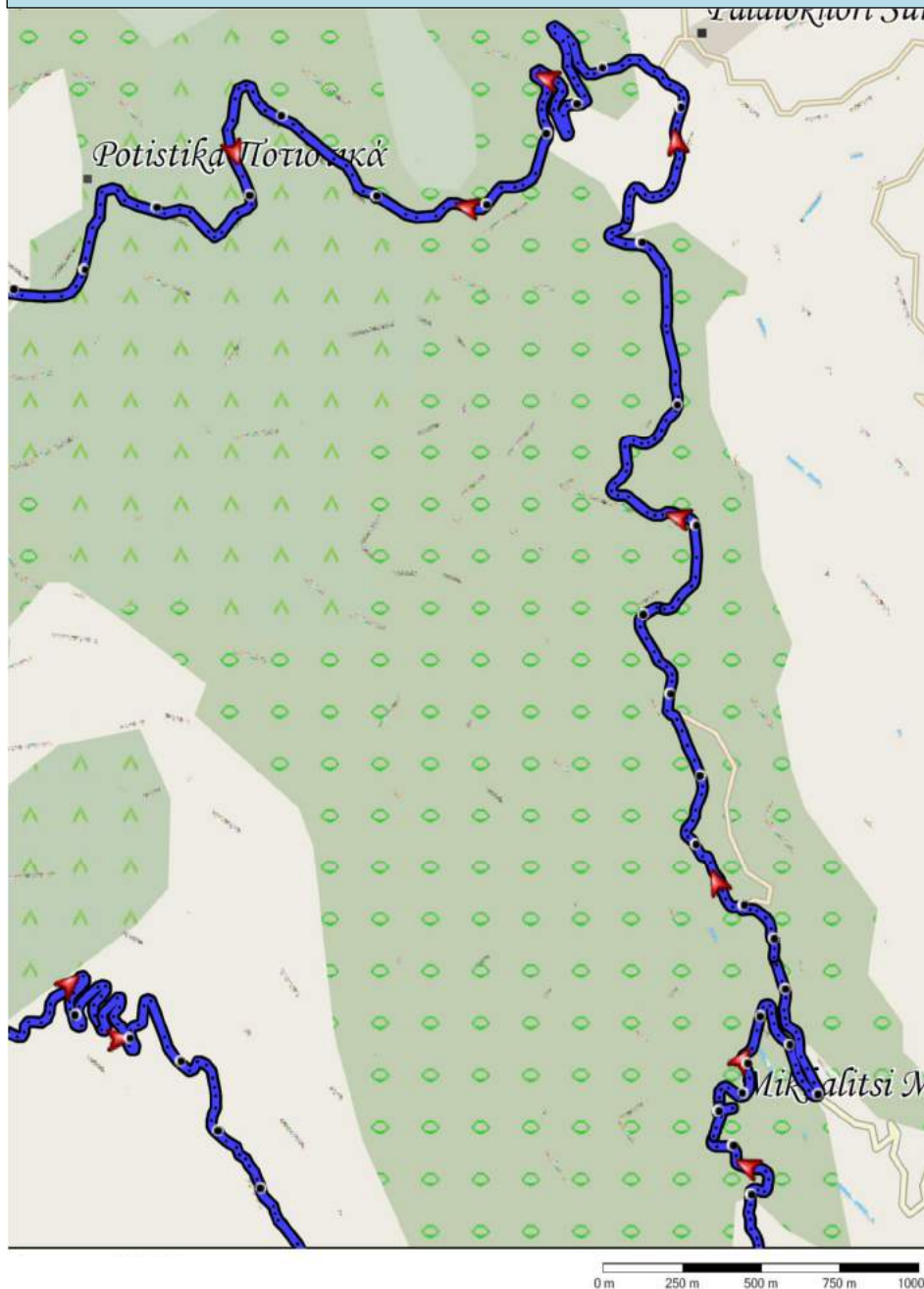
Routing: small roads with very little traffic

Connection to the camper stop: Length: 3,4 km

To climb 270 m - Level: moderate - ambitious



R 80 - Panorama Circle Petrovouni



The Panorama Route is really worthy of the name, by opening up the view of almost the entire region of Ioannina and much of the Arta region. Even the Lake Pamvotida can be seen here in the distance. Open and sunny parts to change with the passage through shady coniferous and mixed forests. Along the way there are numerous viewpoints, which invite you to a photo stop

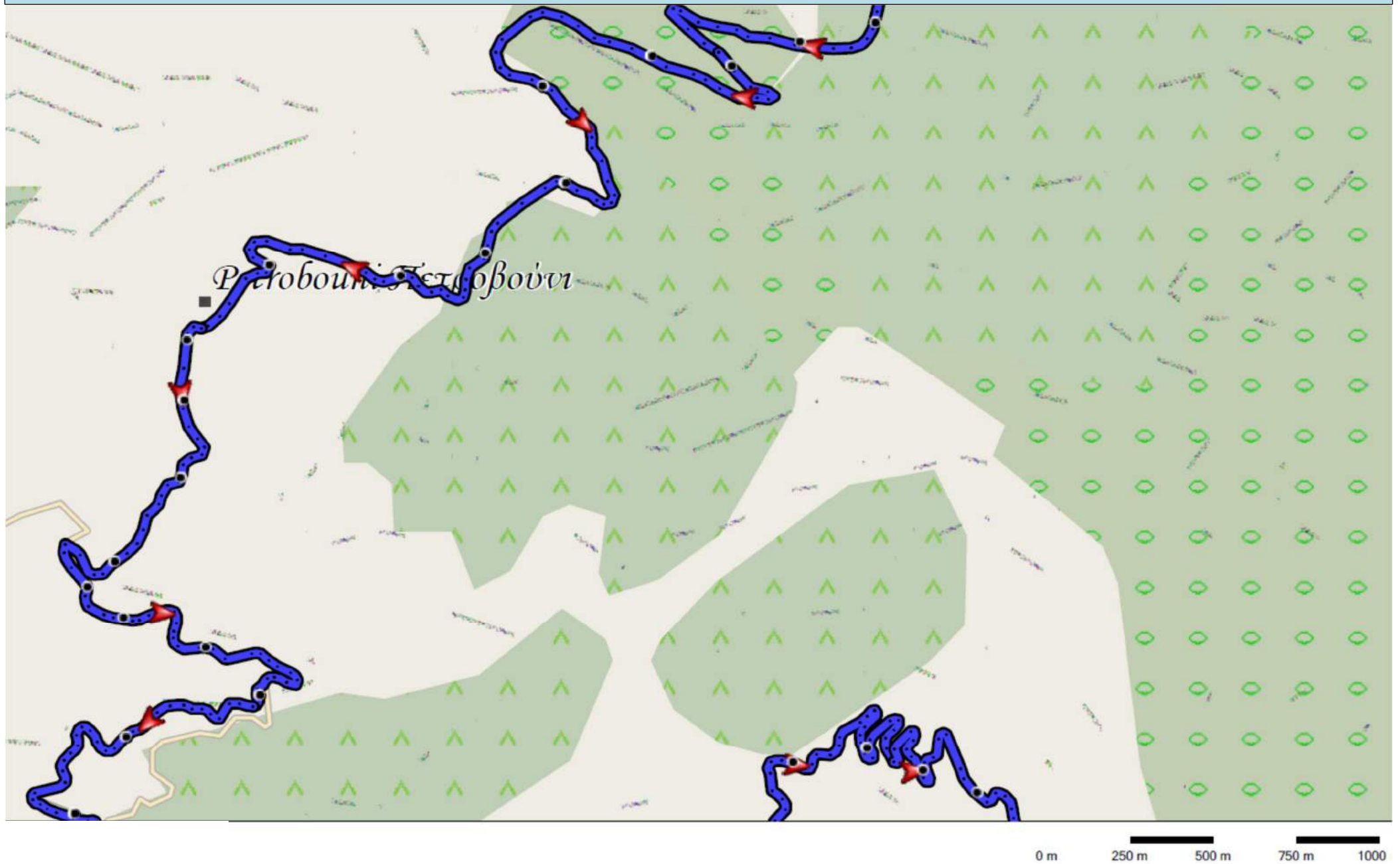


In the small villages there are very few people living. Again and again, you pass vacant and decaying small school buildings. Today the children from these mountain resorts have to go in the primary school of Pramanta. To visit the secondary schools they are then driven up to Ioannina.

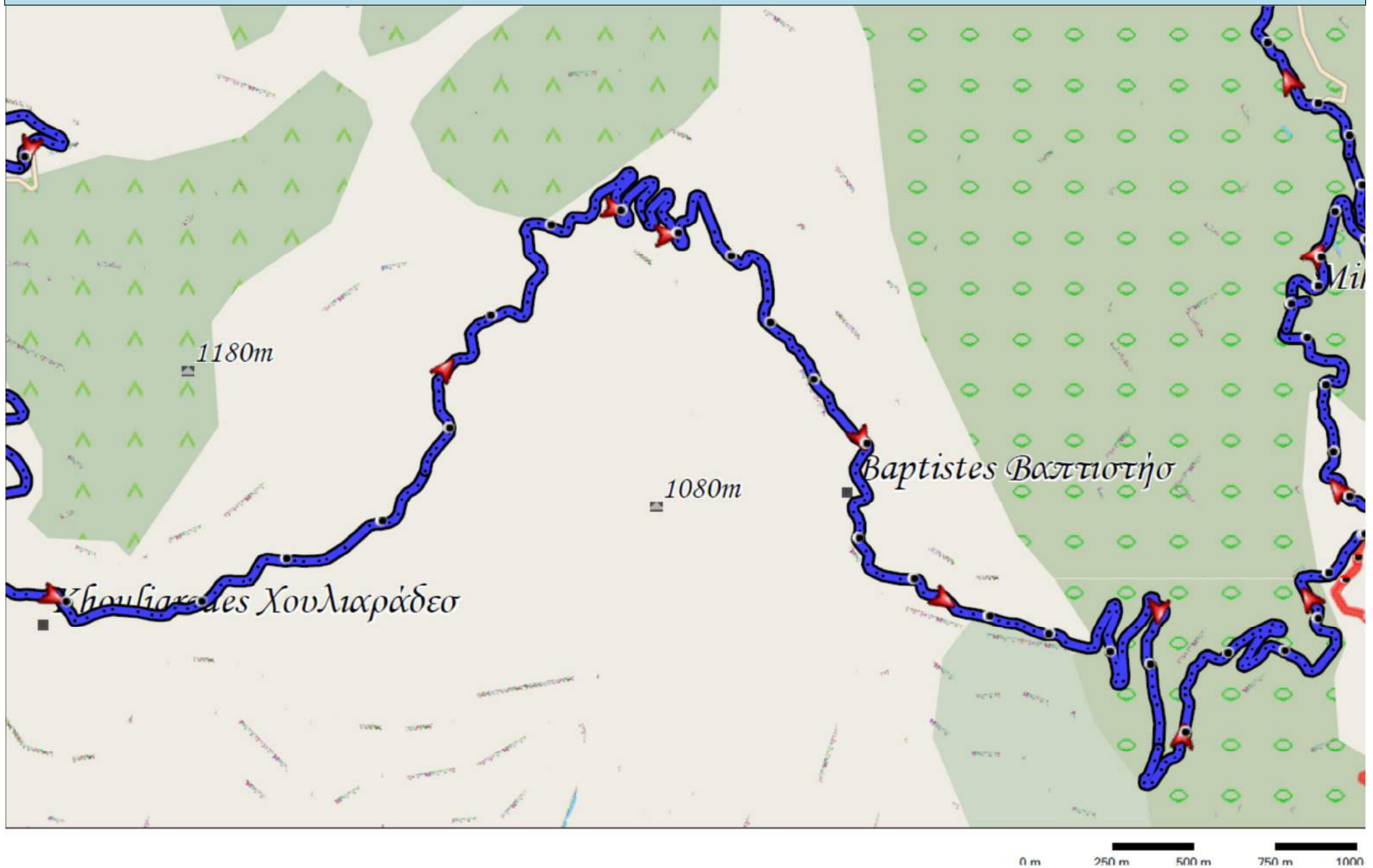


This kind of life in this mountainous region is difficult for young people. It is very quiet on the roads and in the villages. So the residents are happy about visitors, who enjoy their idyllic landscape with unique panoramas.

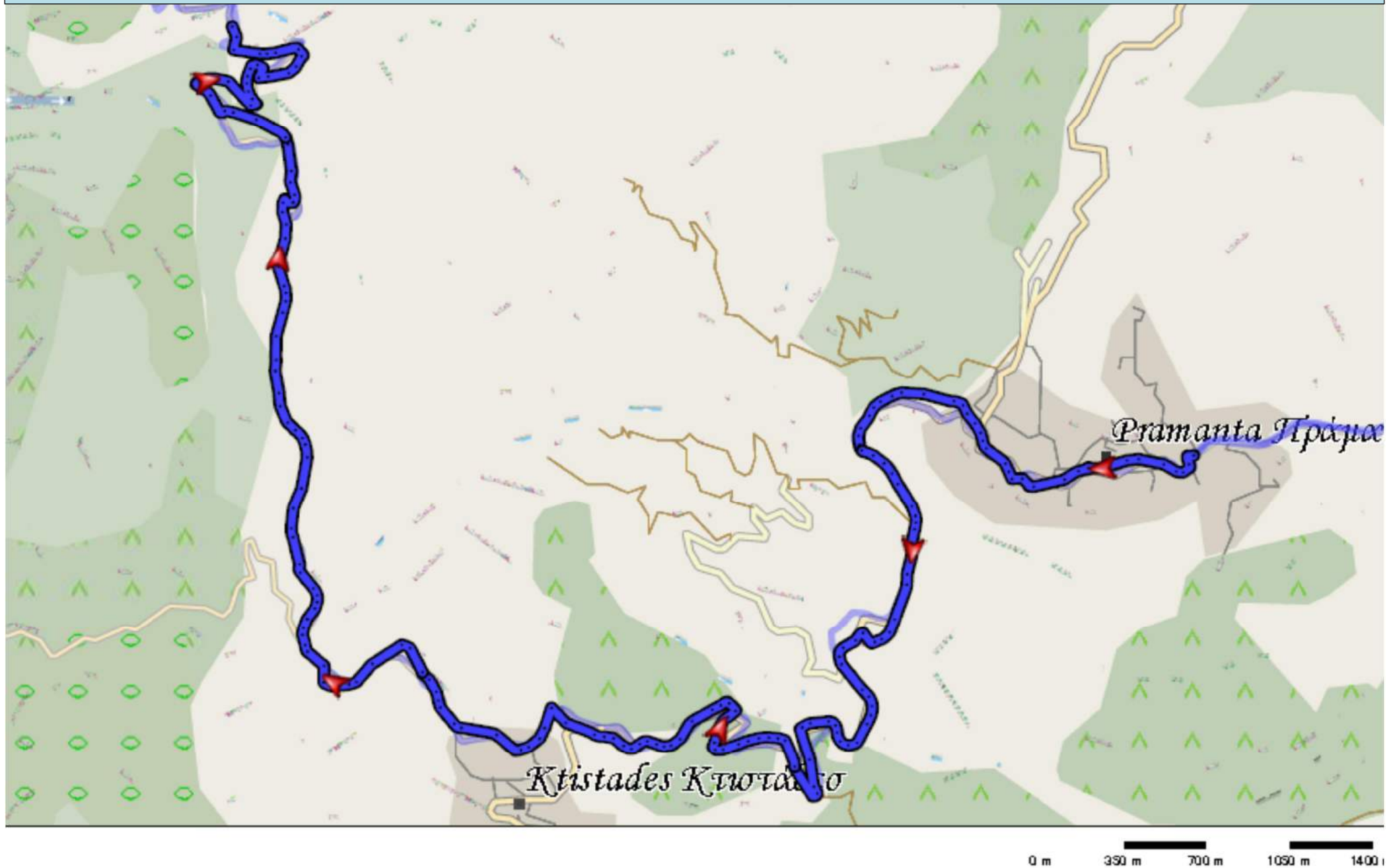
R 80 - Panorama Circle Petrovouni



R 80 - Panorama Circle Petrovouni



R 85 - Connection Pramanta – Panorama Route Petrovouni - Overview



R 85 - Connection Pramanta – Panorama Route Petrovouni - Info



The connection route crosses on paved roads through the village Ktistades to the valley of the river Kalarritikos. The Kalarritikos is a popular rafting water and in the summer months a nice chance for a foot bath. At the bridge over the river the municipality Tzoumerka established in 2016 an official campers pitch. Here the connection path starts to the panoramic route from Petrovouni, reached after a steady climb of 3.4 km in the city Michalitsi. In the case of return to Pramanta sporty cyclists will have no problem with 380 meters of altitude to be overcome on a stretch of 11 km. Less sportive cyclists will take transfer service of a local tour operator.

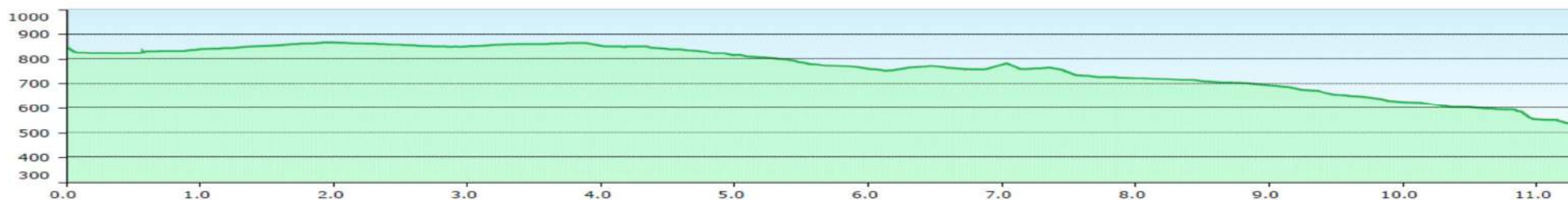


Character of the route:

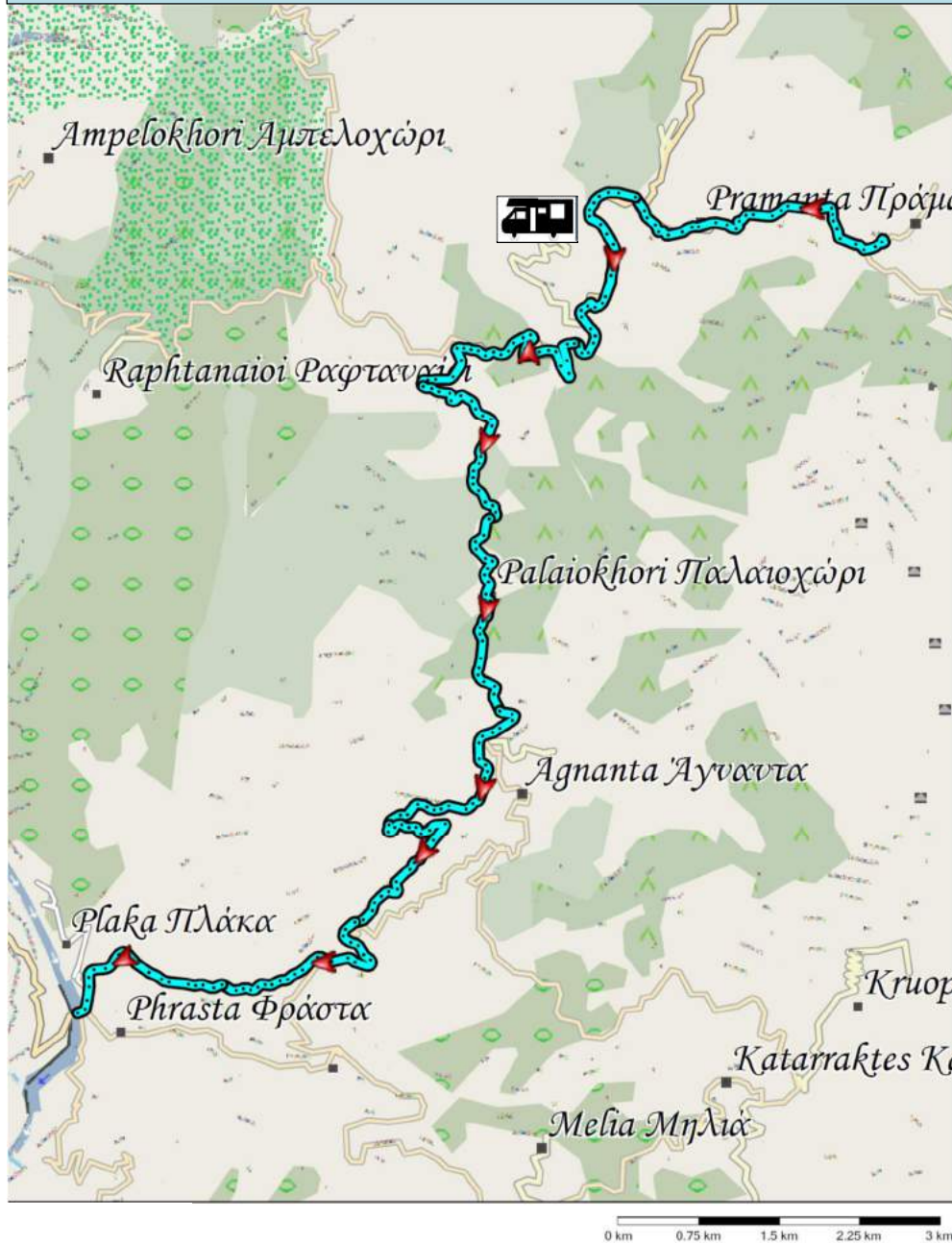
Length: 11,6 km - **Level:** easy
to climb: 106 m - **Downhill:** 380 m
Maximal High above sea level: 867 m
Ground: 100 % asphalt



Routing: From Pramanta to Ktistadis the main access road is used, which connects Plaka Bridge and Pramanta. During the peak season from July to August some travel is expected here. Otherwise there is only little traffic. In the further journey into the valley of the river Kalarritikos you have to expect road damages, especially in spring. Even broken stones are often on the roadside. This damage generally happens in wintertime, but it may also occur due to weather conditions all year round. Since they are not removed immediately, be always careful especially when riding downhill.



R 86 - Connection of Pramanta to Plaka Bridge - Overview



This short route is much more than just a connection from the tourist center in Pramanta and the River Arachthos. It is quite suitable to be component of a diversified day-trip. Byzantine churches, beautiful village squares with taverns under huge plane trees and the Anemotria cave invite to stops.



The lovely cave is an underground riverbed and with stalactites and stalagmites decorated in all colors. To create this geological natural wonders, the water has taken many thousands of years.



It was different, unfortunately, in the Plaka bridge. In 1866 the stone arch bridge was built in the Ottoman era. Nearly 150 years held the imposing structure of the waters of Arachthos stood. On 1 February 2015, the bridge was destroyed by a devastating flood. Today, the approaches of the arc are only obtained a reconstruction is planned in time indefinite.

R 86 – Connection of Pramanta to Plaka Bridge - Information



The cycling route of Pramanta to Arachthos and the Plaka Bridge leads over the main road, which connects the two tourist hotspots Plaka Bridge and Pramanta. Additional points of interest along the way as the Anemotria stalactite cave and the pretty center of the villages are popular destinations for tourists. So there is, especially in the summer months of July and August at this track a little travel. The route is fully paved, to be reckoned with road damage every time in the year. Caution is advised at rapid descents.



The return trip is at a constant pitch not difficult, but very exhausting. For fit cyclists so it is especially a time challenge, less a moderate forces. It is possible to use the transfer service of a local activity. This route is particularly suitable for the combination of an exciting bicycle tour and an adventurous rafting experience on the Arachthos.

Character of the route

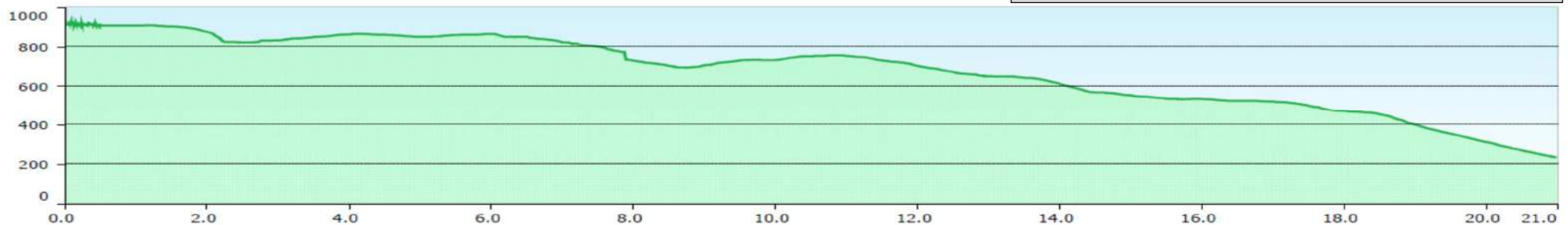
Length: 21 km - Level: easy
to climb: 155 m - Downhill: 829 m
Maximal High above sea level: 923 m
ground: 100 % asphalt



Routing: Main route of the Plaka Bridge to Pramanta



Tipp: Combination of cycle trip and rafting adventure



A perfect combination: Camper- and cycle holidays in Ioannina



Nr. 1: Region Dodini – „Am Amphitheater“ - GPS Daten 39°32'34.75"N / 20°47'7.98"E
Number of Ptches: 15 – all season open

Nr. 2: Region Dodini – „Tiria“ - GPS Daten 39°32'2.07"N / 20°41'15.91"E
Number of Ptches: 12 - all season open

Nr. 3: Region Dodoni – „Am Acheron“ - GPS Daten 39°24'57" N / 20°41'51" E
Number of Ptches: 15 - all season open

Nr. 4: Region Ioannina – „CP Limmopula“ - GPS Daten 39°40'40.74"N / 20°50'36.79"E
Number of Ptches: 12 - Öffnungszeiten open March-October

Nr. 5: Region Ioannina – „Perama“ - GPS Daten 39°41'25.8"N / 20°50'52.0"E
Number of Ptches: ca. 12 - all season open

Nr. 6 Region Ioannina – „Liggiades“ - GPS Daten 39°41'26.37"N / 20°53'18.82"E
Number of Ptches: ca. 5 - all season open

Nr.7: Region Ioannina – „Loggades“ - GPS Daten 39°40'12.00"N / 20°55'15.64"E
Number of Ptches: ca. 5 - all season open

Nr. 8: Region Ioannina – „Driskos“ - GPS Daten 39°40'26.0"N 20°56'07.5"
Number of Ptches: 15 - all season open

Nr. 9: Region Konitsa – „An der historischen Brücke“ - 39°58'10.46"N / 20°39'40.90"E
Number of Ptches: 12 - all season open

Nr. 10: Region Konitsa – „In der Stadt“ - GPS Daten 40° 3'1.44"N / 20°45'1.41"E
Number of Ptches: 12 - all season open

Nr. 11: Region Konitsa – „Bourazani“ - GPS Daten 40° 3'12.54"N / 20°37'35.13"E
Number of Ptches: 5 - all season open

Nr. 12: Region Konitsa – Stellplatz „Pades“ - GPS Daten 40° 2'23.82"N / 20°54'37.44"E
Number of Ptches: 7 - all season open

Nr. 13 Region Metsovo – „Am See“ - GPS Daten 39°50'4.04"N / 21° 3'55.70"E
Number of Ptches: 8 - all season open

Nr. 14 und 15 Region Metsovo – „Taverne 1 und 2“ - 39°46'51"N / 21° 09'44"E
Number of Ptches: each Taverne 4 - all season open

Nr. 16: Region Tzoumerka – „An der Tropfsteinhöhle“ - GPS Daten 39°32'23.79"N / 21° 3'25.38"E
Number of Ptches: 12 - all season open

A perfect combination: Camper- and cycle holidays in Ioannina



Nr. 17: Region Tsomerka – „Am Fluss“ - GPS Daten 39°32'23.79"N / 21° 3'25.38"E
Number of Pitches: 8 - all season open

Nr. 18: Region Tzoumerka – „Lazena“ - GPS Daten 39°30'39.27"N / 20°58'11.10"E
Number of Pitches: 5 - all season open

Nr. 19: Region Tzoumerka – „Potistika“ - GPS Daten 39°34'44.63"N / 21° 1'56.73"E
Number of Pitches: 15 - all season open

Nr. 20: Region Zagori (Kipi) – „Auf dem ehemaligen Sportplatz“ - GPS Daten 39°51'24.80"N / 20°48'15.81"E
Number of Pitches: 20 - all season open

Nr. 21: Region Zitsa - „Am Kloster“ - GPS Daten 39°45'7.68"N / 20°39'11.94"E
Number of Pitches: 20 - all season open

Nr.: 22: Region Zitsa - „Am Fluss“ - GPS Daten 39°41'41.94"N / 20°35'55.50"E
Number of Pitches: 10 - all season open

Nr. 23: Region Zitsa - „An der Taverne“ - GPS Daten 39°39'50.25"N / 20°34'52.59"E
Number of Pitches: 5 - all season open

Nr. 24: Region Pogoni – „Kalpaki“ - GPS Daten 39°51'47.49"N / 20°34'30.81"E
Number of Pitches: 15 - all season open



Weitere Informationen und einen kompletten Wohnmobilmführer für die Region Epirus:
http://www.thomas-fettback.de/mediapool/98/986536/data/Camper_Van_Site_Guide_english.pdf