CITY DESTINATIONS


IOANNINA


PREVEZA


ARTA


IGOUMENITSA

ADVENTURE & SPORTING ACTIVITIES

Info: www.php.gov.gr

This diverse region offers lots of opportunities for all types of sports. There are powerful rivers teeming with white water to be tamed, high mountains to be climbed, and deep caves to be explored. There are facilities in Epirus for cycling, walking, and horse-riding all year round. In winter it is possible to ski and snowboard on virgin snow.

At any time you can swim in the warm waters of the famous spa resorts or enjoy windsurfing or sailing in the Ionian sea. You can even enjoy a bird's eye view of the region from a hang-glider, or go rafting and kayaking in the region's rivers.














CASTLES


Ioannina


Arta's


Pantokratoras - Preveza


Rinlasas - Lygia - Preveza


Souli - Thesprotia


Ali Pasa - Anthousa - Parga


Venetian of Parga


Ponte Pigadia - Anogio


Rogon N. Kerasounta Preveza

RELIGIOUS PLACES


AG GEORGIOS TSAMANDAS


SOSINOU MON. PARAKALAMOS


AG. MINAS KOKKINOLOTHARI


STOMIOU MON. - KONITSA


ZOODOHOU PIGIS MON. ANTHOCHORI


AG. CHARALAMBOS PREVEZA


PANAGIA PARIGORITISA - ARTA


THE SYNAGOGUE IOANNINA

- WALKING
- FLY FISHING
- BIRD OBSERVATION
- BUTTERFLY OBSERVATION
- MOUNTAIN BIKE
- HIKING - TREKKING
- RECREATION HORSE RIDING
- ALPINE DOWNHILL SKIING
- SNOW BOARD
- KAYAKING
- RAFTING
- FLOWER OBSERVATION
- CANYONING
- PARAGLIDING
- ARCHERY
- ROCK CLIMBING
- WATER SPORTS
- SAILING
- FISHING
- DIVING
- SPA
- SMALL BOAT FOR RENT



- NATIONAL ROAD
- PROVINCIAL ROAD
- LOCAL ROAD
- RIVER
- LAKE
- CAVE
- ALTITUDE
- HOSPITAL
- CASTLE
- ARCHEOLOGICAL MUSEUM
- BYZANTINE MUSEUM
- FOLKLORE MUSEUM
- MONUMENT
- BYZANTINE CHURCH
- MONASTERY
- SYNAGOGUE
- STONE BRIDGE
- WATERMILL
- OTTOMAN MON.
- BEACH
- HARBOR
- AIRPORT

THE PAST

ZALOGO - PREVEZA



SOULI - THESPROTIA



SIRAKO - IOANNINA



ZAGORI - IOANNINA



RODAVGI - ARTA



The region of Epirus is rich in evidence of its long and illustrious history. The past comes to life for visitors in the archaeological sites, in the numerous monasteries and temples, fortresses and traditional villages, age old churches and ancient water mills. History is alive here in the people of Epirus. It lives in their stories, their music, and their way of life. This is a place where yesterday and today blend together harmoniously, a source of pleasure for visitors, and a matter of pride for the local people.

GOOD FOOD & LOCAL PRODUCTS



Epirus has a rich gastronomic tradition based on the use of high-quality fresh local ingredients. Menus vary with the seasons, reflecting the very best that nature can provide at different times of the year. The lamb and beef are succulent on their own, or in the many traditional meat-based dishes. But vegetarians also love Epirus, which offers them a variety of imaginative dishes featuring the organically-produced vegetables of the region. Various fish dishes from the Amvrakikos wetlands are part of the unique traditional menu. Fish from the lake are a speciality in the regional capital of Ioannina, while locally-produced cheeses are a prominent feature on many menus. The food is enhanced by the use of fresh herbs grown in the traditional stone villages. There is even a local "eau-de-vie", Tsipouro, which has been distilled locally for generations.

THE NATURE

VIKOS GORGE - ZAGORI

VALIA KALDA - METSOVO

DRAKOLIMNI - ZAGORI

Epirus is a paradise for nature lovers. The wild rivers and snow-capped mountains provide a protected habitat for an astounding variety of wildlife. Wolves and brown bears still roam this land and golden eagles soar in its skies. Hundreds of rare and indigenous species of wild flowers flourish undisturbed. The huge natural forests are home to dozens of species of birdlife, as are the rivers and meadows. The people of Epirus are proud of their region and wildlife, and are equally enthusiastic about their conservation. The people of Epirus are also proud of the Ionian Sea; its clean waters, beautiful beaches and the unique nearby wetlands.

KALODIKI - THESPROTIA
AMVRAKIKOS - ARTA
KALAMAS - THESPROTIA

THE BRIDGES

BRIDGE OF ARTA

BRIDGE OF PLAKA

THEOGEFIRO - LITHINO - IOANNINA

KALOGERIKO- ZAGORI - IOANNINA

Epirus - A Bridge for Everyone! Epirus has hundreds of bridges of all shapes, sizes and styles. The bridges of Epirus are a symbol of this ancient land and a beautiful reminder of the past. But, today they have a new role. Now they help discerning travellers and eco-tourists to discover the secrets of this special place. Epirus welcomes travellers who want to share its treasures while respecting its people and the environment.

THE SEA

Epirus borders the sea, the legendary Ionian Sea, with its clear blue water. Dolphins and fishermen share these waters, and ports, full of picturesque buildings, are dotted along the coastline, separated by long or small and secluded beaches, both lively and quiet ones. These are the kind of beaches you can usually only dream of!

SYVOTA - THESPROTIA

DREPANO - IGOUMENITSA

PARGA

LOUTSA - VRACHOS - PREVEZA

ARTOUTINA - LYGIA - PREVEZA

REGION OF EPIRUS

The best kept secret in Greece

EPIRUS

Tourist guide

Greece the true experience

Ministry of Culture and Tourism
Greek National Tourism Organization
www.visitgreece.gr

REGION OF EPIRUS

The best kept secret in Greece

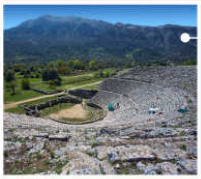
EPIRUS

Tourist guide

Greece the true experience

Ministry of Culture and Tourism
Greek National Tourism Organization
www.visitgreece.gr

ARCHAEOLOGICAL SITES



1 **DODONI**
IOANNINA
www.dodoni.gr Tel: 2651082287

2 **NEKROMANDEIO**
PARGA R.U. PREVEZA
www.lgepka.gr Tel: 2684041206

3 **NIKOPOLIS**
PREVEZA
www.lgepka.gr Tel: 2684041206





6 **ORRAON**
FILIPPIADA - R.U. PREVEZA
www.lgepka.gr Tel: 2682051010

7 **ROMAN AQUEDUCT**
FILIPPIADA - R.U. PREVEZA
www.lgepka.gr Tel: 2682051010



8 **ELEA**
PARAMITHIA - R.U. THESPROTIA
www.thesprotia.gr

9 **GITANI**
FILIATES - R.U. THESPROTIA
www.thesprotia.gr







4 **KASSOPI**
KAMARINA - R.U. PREVEZA
www.lgepka.gr Tel: 2682051010

5 **AMVRAKIA**
APTA
www.lgepka.gr Tel: 2682051010





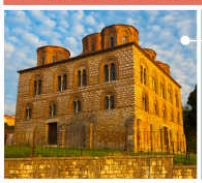


10 **DIMOKASTRO**
PERDIKA - R.U. THESPROTIA
www.thesprotia.gr

11 **FANOTI**
PARAPOTAMOS - R.U. THESPROTIA
www.thesprotia.gr



BYZANTINE CHURCHES AND MONASTERIES



PANAGIA PARIGORITISSA 1
ARTA
www.peartas.gov.gr

2 **AGIA THEODORA**
ARTA
www.peartas.gov.gr

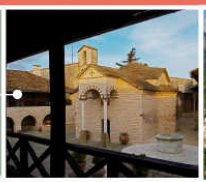
RED CHURCH 3
VOURGARELI - R.U. ARTA
www.peartas.gov.gr



7 **FILANTHROPINON MON.**
NISI R.U. IOANNINA
www.ioannina.gr Tel: 26510 81162

8 **TSOUKA MON.**
ELLINIKO R.U. IOANNINA
www.ioannina.gr

9 **VOUTSA MON.**
GREVENITI R.U. IOANNINA
www.zagori.gov.gr





13 **PANAGIA OF KOZILI**
ARCHAGELOS - R.U. PREVEZA
www.preveza.gr

14 **AG. DEMETRIOS MON.**
ZALOGO - R.U. PREVEZA
www.preveza.gr

AG. DEMETRIOS KYPSELI 15
KYPSELI - R.U. PREVEZA
www.dimospargas.gr







4 **KIPINAS MON.**
KALARITES - R.U. IOANNINA
www.pramanta.gr

5 **KATO PANAGIA MON.**
ARTA
www.peartas.gov.gr

6 **MOLIVDOSKEPASTI MON.**
MOLIVDOSKEPASTI - KONITSA
www.konitsa.gr





10 **GITROMERI MON.**
FILIATES R.U. THESPROTIA
www.monigiromeriou.gr Tel: 26640-22407

11 **KIMISI THEOTOKOU CH.**
PARAMITHIA R.U. THESPROTIA
www.dimossouliou.gov.gr

12 **TAXIARCHON CHURCH**
KOSTANIANI R.U. IOANNINA
www.ioannina.gr





ARCHEOLOGICAL AND BYZANTINE MUSEUMS



ARCHEOLOGICAL MUSEUM OF IOANNINA 2
www.amio.gr
Tel: 26510 01050



ARCHEOLOGICAL MUSEUM OF IGOUMENITSA 4
www.thesprotia.gr
Tel: 2665028539



6 **BYZANTINE MUSEUM OF IOANNINA**
www.odysseus.culture.gr Tel: 26510 39580



2 **MUNICIPAL MUSEUM OF IOANNINA**
www.ioannina.gr Tel: 26510 26356

3 **FOLKLORE MUSEUM E.I.M. - IOANNINA**
www.ehm.gr Tel: 26510 25233



ARCHEOLOGICAL MUSEUM OF NIKOPOLIS PREVEZA 1
www.nicopolismuseum.gr Tel: 26820-89892



ARCHEOLOGICAL MUSEUM OF ARTA 3
www.artasmuseum.gr
Tel: 2681021191



5 **BYZANTINE MUSEUM OF ARTA**
www.peartas.gov.gr
Tel: 2681028692



1 **MUSEUM OF THE PRE-REVOLUTIONARY PERIOD**
NISI - IOANNINA
www.ioannina.gr Tel: 26510 81444



FOLKLORE MUSEUMS



ΜΟΥΣΕΙΟ ΦΥΣΙΚΗΣ ΙΣΤΟΡΙΑΣ ΛΑΖΑΡΙΔΗ 7
ΚΟΥΚΟΥΛΙ - ΖΑΓΟΡΙ - ΙΩΑΝΝΙΝΑ
www.zagori.gov.gr Tel: 26530-71826

8 **ΕΚΘΕΤΗΡΙΟ ΡΙΖΑΡΕΙΟΥ ΥΦΑΝΤΙΚΗΣ ΣΧΟΛΗΣ & ΡΙΖΑΡΕΙΟ ΕΚΘΕΣΙΑΚΟ ΚΕΝΤΡΟ ΜΟΝΟΔΕΝΔΡΙ -ΖΑΓΟΡΙ**
www.zagori.gov.gr Tel: 26533 60323



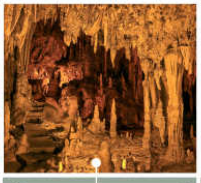


FINIKI FOLKLORE MUSEUM 11
FINIKI - FILIATES - R.U. THESPROTIA
Tel: 26540 23470

TSAMANDAS FOLKLORE MUSEUM 12
TSAMANDAS - FILIATES - R.U. THESPROTIA
Tel: 2655061713

MARGARITI FOLKLORE MUSEUM 13
MARGARITI -R.U. THESPROTIA
Τηλ: 2655061713







4 **VRELIS WAX MUSEUM**
IOANNINA
www.vrellis.gr Tel: 26510 92128

5 **WAR MUSEUM**
KALPAKI - IOANNINA
www.kalpaki.gov.gr Tel: 26530 41862

6 **AGAPIOS TOLIS FOLK. MUSEUM**
KIPI - ZAGORI - IOANNINA
www.epirus.com/tolis/ Tel: 26530 71826



TOSITSA FOLKLORE MUSEUM 9
METSOVO R.U. IOANNINA
www.metsovo.gr

10 **VISITABLE WINERIES**



N. SKOUFAS FOLKLORE MUSEUM 14
ARTA
Tel: 2681022195

ZALOGO FOLKLORE MUSEUM 15
KAMARINA - R. U. PREVEZA
Tel: 2682052512

G. GIANNOS FOLKLORE MUSEUM 16
THESPROTIKO R.U. PREVEZA
www.lakkassouli.gr Tel: 6955091691



1 **PERAMA CAVE**
IOANNINA
www.spilaio-perama.gr Tel: 26510 81521

2 **ANEMOTRIPA CAVE**
PRAMANDA - R.U. IOANNINA
www.pramanta.gr Tel: 2659062300

3 **MANAGEMENT AGENCY OF AMVRAKIKOS WETLANDS**
www.amvrakikos.eu Tel: 2681071919

NATURE

7 **ENVIRONM. EDUCATIONAL PARK**
www.bourazani.gr/perlo_parko.htm

8 **MUSEUM OF NATURAL HISTORY**
www.bourazani.gr/mouseio.htm

BOURAZANI - KONITSA - R.U. IOANNINA
Tel: 2655061283

NORTH PINDOS NATIONAL PARK 9
ASPRAGELI - ZAGORI - R.U. IOANNINA
www.pindosnationalpark.gr Tel: 26530 22245

4 **MANAGEMENT AGENCY OF DELTA AND NARROWS OF KALAMAS AND ACHERON RIVERS**
www.kalamas-acheron.gr
Tel: 2665021319

5 **WWF PAPIGO**
ZAGORI R.U. IOANNINA
www.wwf.gr

6 **MUSEUM OF NATURE HISTORY**
KOPRENA - R.U. ARTA
kpe-arach.art.sch.gr Tel: 2681069654

GALLERIES GLYPTOTHEQUES

1 **MUNICIPAL GALLERY OF IOANNINA**
www.ioannina.gr Tel: 26510 75131

2 **AVEROF GALLERY**
METSOVO R.U. IOANNINA
www.averofmuseum.gr Tel: 26560 41210

3 **"THEODOROS PAPAGIANNIS" MUSEUM OF CONTEMPORARY ART**
ELLINIKO - TZOUMERKA - R.U. IOANNINA
www.theodoros-papagiannis.gr Tel: 26510 89220

G. MORALIS MUNICIPAL GALLERY 4
ARTA
Tel: 2681024946

L. SPARTIOTIS GALLERY
AG. THOMAS - PREVEZA 5
Tel: 6945338335